



ALCI Association of Lactation Consultants in Ireland

National Conference 2024

FRIDAY 4th October 2024

On-line & in-person at Radisson Blu Hotel and Spa, Little Island Cork



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|----------|---|-------------------------------|
| 8.30 | Registration & Morning Coffee along with Exhibitors & Poster Viewings | |
| 9.00 | Welcome and Introductions Mairead O’Sullivan, ALCI President | |
| 9.15 | Title: Supporting breastfeeding beyond the first 6 months: the role of the IBCLC in supporting beyond the early months KEYNOTE: Emma Pickett, IBCLC | 1L Cerps V11 B 5 |
| 10.15 | Title: Sustainable breastfeeding support -An educational and research contribution Dr. Helen Mulcahy, DN MSc, BSc (Nursing), HDipPHN, RGN, RM, RPHN. | V11 D 3 0.75L Cerps |
| 11.00 | Networking break | |
| 11.30 | Title: Emotional Difficulties and Breastfeeding Challenges Caoimhe Wheelan, B. Eng, IBCLC, MSc. | 1L Cerps V G / H |
| 12.30 | Title: Predictors of exclusive breastfeeding across the first year: Ireland, UK, Spain & Australia Liz McGovern IBCLC, PhD Candidate | 1L Cerps V11 D 2 |
| 1.30 | Lunch including Poster & Exhibition viewing | |
| 2.30 | Title: Review of HSE Breastfeeding Action Plan 2016 – 2023 Laura McHugh, National Breastfeeding Co-ordinator | 0.75L Cerps V11 E 3 |
| 3.15 | Title: Considerations for IBCLCs & other Health Care professionals to support Breastfeeding mothers during legal challenges Hilary O’Connor, Solicitor and Mediator | 0.75 E Cerps V E |
| 4.00 | Title: The Role of the Father in Breastfeeding Jorold Tom Johnston, DNP, CNM, IBCLC. Dial in Presentation | 1.25 E Cerps V A / F |
| 5.15 | Closing | |
| 5.15-7PM | Networking, Exhibitors & Poster Viewings | |
| 7.15 | Conference Dinner | |



Babies in arms are welcome at the National Conference sessions. Timetable is subject to change. It is vital to sign in when you arrive (both days), as this is mandatory for CERPs and needed for lunch numbers.

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ALCI Association of Lactation Consultants in Ireland
1L Cerps

NATIONAL CONFERENCE 2024

Saturday 5th October 2024

On-line & in-person at Radisson Blu Hotel and Spa, Little Island Cork



8.30

Registration & Morning Coffee along with Exhibitors & Poster Viewings

9.00

Welcome and Introductions
Mairead O'Sullivan, ALCI President

9.15

Title: Supporting successful Breastfeeding experience using the NIDCAP model of care
Susan Vaughan, RGN/RM NIDCAP trainer in training **1L Cerps** 1 A 9 or V11 B 3 4 5

10.15

Title: Breastfeeding in the Context of a Cleft Lip & Palate Diagnosis **1L Cerps** 111 A 2
Jane Gunn, Clinical Nurse Specialist, Children's Cleft Lip & Palate, RCN, RGN, Post Grad. Dip Adv Leadership in Nursing

11.15

Networking break

11.45

Title: Supporting breastfeeding during pregnancy and beyond: tandem feeding and tandem weaning
KEYNOTE: Emma Pickett, IBCLC **1.5L Cerps** 11 A 4

1.15

Lunch including Poster & Exhibition viewing

Workshop 1: Choose one from the following. Duration 60 mins

2.15 - 3.15

[● REC] LIVE STREAM

Ethical Considerations for IBCLCs who use Social Media **1E Cerps**
Caoimhe Wheelan V11 C 3

The BOAT Tool Guidelines
Bairbre Canning & Siobhan Kennelly Byrne **1L Cerps** V11 B 3

Can Nipple Shields Aid Breastfeeding Journeys?
Mairead O'Sullivan, Naomi Hurley & Claire Ferris **1L Cerps** V11 A 3

Workshop 2: Choose one from the following. Duration 60 mins

3.30 - 4.30

[● REC] LIVE STREAM

Ethical Considerations for IBCLCs who use Social Media **1E Cerps**
Caoimhe Wheelan V11 C 3

The BOAT Tool Guidelines
Bairbre Canning & Siobhan Kennelly Byrne **1L Cerps** V11 B 3

Can Nipple Shields Aid Breastfeeding Journeys?
Mairead O'Sullivan, Naomi Hurley & Claire Ferris **1L Cerps** V11 A 3

4.40

Title: The influence of commercial milk formula marketing on infant feeding decisions and opportunities for action Dial in Presentation **1E Cerps** V11 C 5
Dr. Nigel Rollins, WHO Department of Maternal, Newborn, Child + Adolescent Health and Ageing

5.40

Announce Poster Winner & Closing

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