

# HSE Regional Suicide Resource Office



Connecting for Life  
South East Community Healthcare



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## Suicide Prevention, Intervention & Suicide Bereavement Training in the South East, February to July 2025

Let's Talk About Suicide (1 hour online): <https://traininghub.nosp.ie/>

safeTALK: Suicide Alertness Training (3.5 hour)

ASIST: Applied Suicide Intervention Skills Training (2 day)

Understanding Self-Harm (1 day)

Suicide Bereavement Workshop (1 day)

For information on training for specific groups please contact us on **051 874013** or email us at

[trainingSRO@hse.ie](mailto:trainingSRO@hse.ie)

### February 2025

Waterford City	safeTALK	Wednesday 5th	9:30am - 1pm
Carlow	ASIST	Wednesday 19th Thursday 20th	8:45am - 5pm

### March 2025

Enniscorthy, Co. Wexford	safeTALK	Tuesday 4 <sup>th</sup>	9:30am - 1pm
Enniscorthy, Co. Wexford	ASIST	Wednesday 12 <sup>th</sup> Thursday 13 <sup>th</sup>	8:45am - 5pm
Waterford City	Understanding Self-Harm	Thursday 27 <sup>th</sup>	9:15am - 4:30pm

### April 2025

Kilkenny	safeTALK	Wednesday 2 <sup>nd</sup>	9:30am - 1pm
Kilkenny	ASIST	Wednesday 23 <sup>rd</sup> Thursday 24 <sup>th</sup>	8:45am - 5pm

### May 2025

Waterford City	safeTALK	Thursday 8 <sup>th</sup>	9:30am - 1pm
Carrick On Suir, Co. Tipperary	Understanding Self-Harm	Wednesday 14 <sup>th</sup>	9:15am - 4:30pm
Waterford City	ASIST	Wednesday 21 <sup>st</sup> Thursday 22 <sup>nd</sup>	8:45am - 5pm
Enniscorthy, Co. Wexford	safeTALK	Wednesday 28 <sup>th</sup>	9:30am - 1pm

### June 2025

Carrick On Suir, Co. Tipperary	safeTALK	Wednesday 4 <sup>th</sup>	9:30am - 1pm
Clonmel, Co. Tipperary	ASIST	Wednesday 11 <sup>th</sup> Thursday 12 <sup>th</sup>	8:45am - 5pm

### July 2025

Waterford City	ASIST	Friday 11 <sup>th</sup> Saturday 12 <sup>th</sup>	8:45am - 5pm
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Scan our QR code above to reserve your place today or visit

[www.bookwhen.com/sro](http://www.bookwhen.com/sro)

