

Wexford CYPSC Newsletter

05 December 2025

For information on services and supports for children, young people and families see

Wexford CYPSC

For information on parenting supports and programmes, see <u>Wexford Parents Hub</u> or access on <u>Facebook</u>



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HEALTH & WELLBEING

► Launch of the Public Health Strategy "Best Possible Health for Everyone in Ireland 2025-2030"



Our colleagues in HSE Public Health invite you to <u>register</u> for the launch of the HSE Public Health Strategy 2025-2030, on Thursday 11 December, 9:15am – 10:30am.

This strategy sets out the vision, mission and priorities for Public Health over the next five years, which aims to protect our population, prevent disease, promote good health and wellbeing, and improve health services. During the launch you will:

- Learn about the background and development of the strategy;
- Hear from key leaders and stakeholders on its significance within Public Health and the wider HSE reform under Sláintecare;
- Discover the strategy's objectives and how they will be achieved over the next five years.

The strategy, a first for Public Health in the HSE, was a key recommendation of the Crowe Horwath Report on the Role, Training and Career Structures of Public Health Physicians in Ireland, the Report of the Public Health Reform Expert Advisory Group; and the World Health Organization Report on the Essential Public Health Functions in Ireland.

EVENTS & CAMPAIGNS

► Invitation to "Connected Journeys" Booklet Launch

Dear Friends and colleagues,

You and your colleagues are invited to join us for the launch of an awareness raising booklet entitled -

Connected Journeys: Stories of Trust, Fear, and Hope

Using stories of Travellers experiences to work for change

This booklet has been developed out of a Traveller Visibility Project we worked on through 2025 and is intended to support our ongoing work to create a better future, where Travellers and Tusla can understand each other more fully.

Please join us

In - The Horse & Hound Hotel, Ballinaboola, Foulksmills, Co. Wexford, Y35 TW08

On - Tuesday 9th December

For - Launch 11.30 - 12.30, followed by light lunch in the function room

RSVP - Please let me or Emma know if you can make it emma@arcfrc.ie



► Wexford Town Library Events





Santa Letter Storytime and Craft – Friday December 5th 3-4pm -

Join Emilie in Wexford Library for a festive reading of The Jolly Christmas Postman by Janet and Allan Ahlberg. After the storytime children can write their letter to Santa and use our magic postbox to send it directly to the North Pole!

Booking is essential. Please book for child only. Suitable for ages 4+.

If you have any queries please call the library on (053) 91 96760 or email wexfordlib@wexfordcoco.ie. Please note that children must be supervised at all times.



LEGO Free Play in Wexford Library. Every Saturday from 11am-3.00pm

LEGO Freeplay tables available in Wexford Library on our Children's floor area from 11am to 3pm. Join us. Free to attend!

LEGO will be made available for children and families to build their very own designs. Get Creative!

This session is suitable for ages 5yrs +. No Booking Required.



Christmas Jumper Swap Day -6th -18th December 10:30-5:30pm

Wexford Library is delighted to host our first Christmas Jumper Swap! Why not bring last year's jumpers in and swap them for a new to you jumper?

From Monday 1 December until Saturday 20 December, you can donate or swap your festive jumpers. We would encourage everyone to take part be it by donating swapping or simply selecting cheerfully festive jumper.

Let's make this Christmas a little greener!

All jumpers should be clean and in good condition. All sizes welcome.

Merry jumper swapping everyone!

No booking required.



Rhyme Time at Wexford Library – Wednesday 3rd December 11-11:30am

Rhyme Time takes place in Wexford Town Library every Wednesday at 11.00 am. Suitable for 0-3 year olds.

Please note that children must be supervised at all times. Should you require additional supports to attend this event please contact Wexford Library 053 919 6760 or email wexfordlibrary@wexfordcoco.ie

If you would like more information or to book a place at any of our events, please contact Wexford Town Library 053 919 6760 or email wexfordlibrary@wexfordcoco.ie.



Tabletop Roleplaying Club: Dungeons & Dragons - The sessions will take place the second Tuesday of every month from 6.30-8.30 pm – 12-17yr olds

Are you ready to embark on an epic adventure? 🕡 🧞

Well then, join us at Wexford Library for tabletop role-playing gaming and unleash your imagination!

During these sessions we will be using Dungeons & Dragons and you will create your character, explore mythical lands, and overcome epic challenges alongside a group of like-minded gamers. From battling fearsome dragons to solving mind-bending puzzles, the possibilities are endless in the world of tabletop RPGs!

Don't worry if you're new to the game. Our library is the perfect place to start your journey.

Booking Essential

► Bunclody Library Events



Rhymetime for ages 0 to 5 years - every Wednesday at 11.15am

Join us for Rhymetime every Wednesday when will have lots of fun nursery rhymes and stories suitable for babies and toddlers followed by a Duplo play session. No booking required.



'Home Is Where The Heart Is' Project Celebration - December 11th 7-8:30pm

Join us this evening for a celebration of art and writing, the culmination of the 'Home is Where The Heart Is' project in Bunclody Library. See the art and stories created by a diverse group of participants from many different nationalities led by local author Caroline Busher and artist Fernanda Ferrari. We would love to welcome everyone in the community to come to the celebration. Tea/Coffee and refreshments will be provided at the event.

This project was in partnership with Fighting Words Ireland and the Wexford County Council Integration Office. This is an Adult Literacy for Life funded project.

Booking essential.



Festive Storytime - Saturday 6th &13th th December, 11.00 to 11.40am

As part of our Family Time at Your Library programme, join us for a fun festive storytime for ages 3 to 7 years. No need to book - all welcome!



Christmas Card Creation Station - Saturday 6th December, 2.00 to 3.30pm

As part of our Family Time at Your Library programme, join us for our Christmas Card Creation Station. This fun festive family event is open to all – no need to book.



Sensory Friendly Hour

Every Saturday from **4.00 to 5.00pm**, Sensory Friendly hour will be observed in Bunclody Library.

We encourage you to come along and relax in the calm environment of the library. **No booking required**. All welcome!

Sensory Basket

A sensory basket containing various sensory toys/books available for children to use while visiting the library. Just ask at the desk.

To book events, please telephone 053 9375466 or book online at wexfordcoco.libcal.com.

► Enniscorthy Library Events



Interactive Story Time at Enniscorthy Library

Join us in Enniscorthy Library every Saturday at 11am for our Interactive Story Time! Perfect for 3-5 years old but fun for everyone!

Through the magic of storytelling, children are transported to far-off lands, introduced to diverse characters, and exposed to a rich tapestry of language, all while developing fundamental literacy skills such as vocabulary acquisition, comprehension, and phonological awareness.

All welcome and no booking required.



LEGO Free Play at Enniscorthy Library

Enniscorthy Library invites you and your family to join us for a session of LEGO Free Play, every Saturday 11.30am-5pm.

LEGO will be made available for children and families to build their very own designs. This session is suitable for ages 5+.

Please note we're closed for lunch from 1pm-2pm.

No Booking Required



Baby and Toddler Rhyme Time at Enniscorthy Library

Join us in Enniscorthy Library every Tuesday at 10.30am for songs, stories and rhymes! Perfect for up to 3 years old but fun for everyone!

Through rhymes children naturally learn essential skills for communicating such as turn-taking and joining in.

All welcome and no booking required.



3D-Pen Christmas Decorations

Saturday, December 13th @ 2.30pm

Get into the festive spirit with a creative STEM workshop. Beata will guide you in designing and crafting your own 3D-pen Christmas decoration. Perfect for adding a personal touch to your holiday season.

Suitable for ages 10-12

Please register here: https://wexfordcoco.libcal.com/event/4461970



Junior Book Club

Thursday, December 18th @3.30pm

Would your child like to join our free book club here at Enniscorthy Library? Suitable for ages 8 - 12, the children get together monthly to talk about books in all genres and to share a love of books.

We explore new styles together to encourage reading and to develop a love for books. This club is about reading for pleasure, making friends and doing some fun activities, drawing or writing too.

If you would like to know more, ask at the desk of the library or ring us on 053 9236055.

Please register here: https://wexfordcoco.libcal.com/event/4461981



Christmas Storytime with Mrs Claus

Thursday, December 18th @ 6pm

Join Mrs Claus in Enniscorthy Library for a magical Christmas Story Time filled with festive stories and songs.

Perfect for 3-6 years old, but fun for everyone!

Please register here: https://wexfordcoco.libcal.com/event/4461975



Comic Club for Teens

Friday, December 19th @3.30pm

Love a good story told in both pictures and words? Want to meet like-minded people? Join fellow comic book lovers for a discussion, board games and a chat. If you are between the ages of 13 and 15 years, why not drop in and see for yourself! Take a friend with you.

The library is a relaxed environment where you will be able to chat and share views with no judgement, interesting conversation, and lots of chat & fun!

Please register here: https://wexfordcoco.libcal.com/event/4322872



Flossie McFluff Saves Christmas - Craft and Story Time

Saturday, December 20th @ 11am

Christmas is coming and the animals in the wood are getting excited. But when a storm blows in, the river rises and the creatures have nowhere to sleep. Can Flossie help her friends find somewhere safe and dry before a special visitor comes their way? Meet illustrator Audrey Dowling. She will read the latest delightful adventure from everyone's favourite Irish Fairy, and teach you how to draw Santa and Flossie to make a lovely Christmas card!

Suitable for children age 5-10

Please register here: https://wexfordcoco.libcal.com/event/4322516



Christmas Family Movie

Saturday, December 20th @ 2.30pm

Take time out this December and join us for a Christmas Family Movie at the library. Gather your family and friends and enjoy a heart warming movie in a welcoming setting of the library.

We'll have comfortable seating and fantastic movie that's perfect for all ages.

Best of all, it's free and open to everyone!

Contact the library for more information.

Please register here: https://wexfordcoco.libcal.com/event/4461977



Free Play Christmas Creation Station

Monday and Tuesday, 22nd and 23rd December from 11.30am to 5pm

Get into the festive spirit with our drop-in creation station! Kids and families are invited to make Christmas-themed crafts.

All supplies will be provided - just bring your creativity!

All welcome and no booking required

► New Ross Library Events



Moo Music - Saturday 6th December 11-12pm

Join Mairéad for some festive songs and dances! It promises lots of fun. This interactive music class for babies, toddlers and preschool aged children with singing, moving, playing and learning, we love it!

Suitable for 0-4 years.

Booking essential. Please register below



New Ross Library Rhymetime - Thursday 11th December, 11-11:30am

Join us in New Ross Library every Thursday at 11.00am for a fun-packed session with lots of stories, rhymes and songs!

Booking for this event is no longer required. A parent or guardian must stay for the duration of the event.



Christmas Carols with Ukrainian Song New Ross – Tuesday December 9th 6-6:45pm

Come along to the library for an evening of carols performed by the Ukrainian Song New Ross group. The group have will also kindly provide some lovely traditional Christmas foods.

The group have performed twice in the library this year and have really wowed us with their performances and the food has been great as well. So why not come along for an event that will surely get you into the festive spirit.

Registration essential.

For more info or to book events, please telephone 051 421877 or book online at wexfordcoco.libcal.com.

► Gorey Library Events

Regular Childrens Events

Children's Storytime: Every Tuesday at Ilam Baby Rhyme Time: Every Thursday at 10:30am

LEGO Freeplay: Every Saturday from 10:30-12:30

Saturday Sensory Hour: Every Saturday at 4pm

YA Unreal Bookclub: Thursday 18th at 4:30pm

Regular Adult Events

La Leche Breastfeeding support: Wed 10th 11:00am Book of the Month Bookclub: Tuesday 16th Dec Online Bookclub: Wednesday 17th December Happy to Chat Coffee Morning: Wed 10th 11:00am Ciorcal Comhrá: Monthly: Tue 2nd Dec at 7pm Short Story Reading Club: Thursday 18th at 7:00pm English Conversation Circle: Every Saturday 2:30pm Lifting the Lid: Monday 1st 2.30-5.30pm

Wordsmiths Writing Group: Every Friday from 2pm

Knitting Circle: Every Friday from Ilam Scrabble Club: Every Tuesday from 7pm

Adult Events

Christmas Origami and Paper Craft for Adults Wednesday 3rd December: Ilam to 12pm

> Norman Influence in North Wexford Thursday 4th December: 7:00-8:00pm

Alan Maher SFI Financial Supports for Small Business: Thursday IIth December at 7:00pm

> Yule Log Craft Circle for Adults Friday 12th December: Ilam to 12pm

Ukrainian Carol Time Tuesday 16th December: 7:00pm Christmas Favourites with Craicin' Tunes Thursday 18th December: 7:00pm Gorey Choral Group Chistmas Saturday 20th December: 3:00pm



Christmas Bedtime Story Thursday 4th December at 6:00pm

Cookie decorating and Movie Ages 4–12 Tuesday 9th December at 3:30pm

Ages up to 4 Saturday 13th December at 11:00am Creative Movement with Doulab Circus and Dance Ages 4– 6 Saturday 13th December at 3:00pm

Story Moo with Moo Music

Fabulous Festive Storytime with Helena the Storyteller





FUNDING

► Rethink Ireland has launched Impact Fund 2025



New Rethink Ireland fund to invest €1.1 million in community-led change across

Munster and Wexford

24 November 2025: Rethink Ireland has launched Impact Fund 2025, a €1.1 million initiative designed to support innovative, community-led projects across Munster and Wexford. The fund, established by Rethink Ireland in partnership with the Department of Rural and Community Development and the Gaeltacht, as well as a suite of philanthropic donors, will back up to eight high-impact projects strengthening social inclusion, wellbeing, and environmental resilience at a local level across the south of Ireland.

Applications are now open at <u>rethinkireland.ie/open-funds/</u> and will close on Friday 16 January at 1pm. Rethink Ireland is the national funding body supporting the most innovative non-profit organisations and social enterprises working to create a more just, equal and sustainable Ireland.

Impact Fund 2025 is created by Rethink Ireland and the Department of Rural and Community Development and the Gaeltacht, in partnership with the Parkes Family, Limerick; the Estate of Mary Coffey c/o Pat Toomey, Tipperary; the Hospital Saturday Fund; The Luan Fund, Cork; Ed Murphy, Wexford; Turas Nua and The Ireland Funds.

To be eligible to apply for Impact Fund 2025, projects must meet the following criteria:

- The project must address a critical social issue
- The project proposed must be innovative in an Irish context
- The project must be based on the island of Ireland and must make its main impact in Munster or county Wexford
- The project must have potential and a desire to scale or replicate in Ireland
- The project must provide evidence that it is up and running, or has been tested at least in a minimal way
- Applicants must come from an entity with a not-for-profit legal form, e.g. a company limited by guarantee, a co-operative, a trust or a charity

Full Article on Rethink Ireland Impact Fund 2025

PARENT SUPPORT

► National Online Resources Hub for Children with Disabilities and their Families



Families can find it hard to find useful information they can trust and staff members have asked for a national resources hub which they can signpost children and young people with disabilities and families to. As a result the HSE is currently creating a new information service on Children with disabilities to provide evidence informed, accessible information and resources for children and young people with disabilities and their families.

The first version is now available with 40+ resources on the following topics.

- **Communication** Tips to support speech, language, and interaction
- Emotion & Sensory Regulation Calming strategies and coping tools
- Life Skills Toilet training, handwriting, and independence skills
- Play Sensory play and activity ideas
- School Preparing for pre-school and building confidence

Over the coming months this resource will expand as more information and resources are added.

► Cross Government Parenting Support Network - The Non-Violent Resistance Model - A Response to Child to Parent Violence and Abuse



Do you develop policies that impact on parents?

Do you want to consult with or communicate with parents?

The Parenting Support Policy Unit is here to help!

Join us **online** on **Thursday, December 11th**, **11:30 – 12:30** for our next network event to hear about the prevalence of **Child to Parent Violence and Abuse** in Ireland, and the **Non-Violent Resistant Model** that is emerging as an effective response to it.

Our speakers will be:

Dr Tara Kelly

Dr Tara Kelly has worked with parents and children for more than 30 years. She currently manages a team of Social Workers and Social Care Workers in Springboard (Tusla) who provide a wide range of therapeutic family support services in south Dublin. Her main areas of research and practice are with child to parent violence and abuse, child and adolescent anxiety and school avoidance. Tara is the current Chair of Non-Violent Resistance Ireland which promotes NVR across Ireland.

Madeleine Connolly

Madeleine has over 20 years of experience of working with the Child and Adolescent Mental Health Services where she was based prior to being recruited by TUSLA in the past 6 months. She is a Systemic Family Psychotherapist working with Children in Care teams, Foster Carers and Birth Families based in The Therapeutic Hub, Dublin North City. Madeleine provides reflective practice spaces for Social Workers and Social Care Workers who are working with children in care and those on the 'edge of care'. She also provides therapeutic parenting and family services to Foster Carers, children in care and birth families. Madeleine also provides consultations to the assessment and intervention teams and Children in Care Teams.

Click the link below to register

https://events.teams.microsoft.com/event/ce986c6d-d9e9-443f-9c9d-d99947ff70dd@cffd37b1-d416-411b-938d-3d3a61c6be29

▶ Developing Psychological Happiness, How our Thinking Style Matters



Free Webinars for Parents

Developing Psychological Happiness – How Our Thinking Style Matters with Patricia Allen-Garrett

Join us on the 10th December 7pm-8:30pm for a practical online workshop that will explore aspects of what contributes to psychological happiness. Far from being 'a nice to have', happiness and positive emotions enhance our resilience in difficult times, build better health and allow us to be creative and open to others. They are essential in how we are to face and come through challenges and for us to thrive in all aspects of our lives.

During this 1-hour interactive webinar Patricia will cover:

- A brief introduction to happiness & its three levels;
- Why happiness is important to our wellbeing;
- Why is it hard to be happy?!
- The happiness ratio;
- Identifying your thinking style's impact on your happiness;
- Some psychological happiness quick wins tips to take away





Scan the QR code for more info: Or visit www.tipperaryparenthub.ie

We have increased searches for mental health at this time of year on our website, so we are offering a positive mental health workshop in December. These webinars are open to anyone who would like to join no need to register in advance.

Please see attached poster for our December webinar, Developing Psychological Happiness - How Our Thinking Style Matters with Patricia Allen-Garrett. December 10th 7.00-8.30pm.

This workshop will explore aspects of what contributes to psychological happiness.

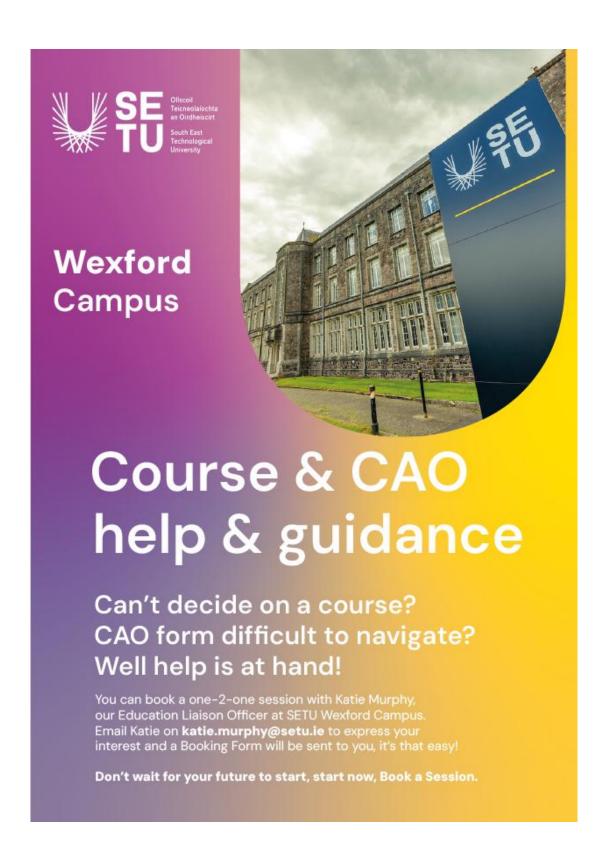
It will cover:

- A brief introduction to happiness and its three levels
- Why happiness is important to our wellbeing
- Why is it hard to be happy
- The happiness ratio
- Identifying your thinking styles impact on your happiness
- Some psychological happiness quick wins tips to take away

Link for the webinar will be provided by the facilitator and it will be available through the QR code (in poster) in advance of the webinar.

STUDENT SUPPORT

► Course & CAO help & guidance



LITERACY

▶ 2026 Collaboration and Innovation Fund video presentation and guidelines



If you would like to know more about our 2026 Collaboration and Innovation Fund please watch this video:

Video presentation about the fund
and
Check out our funding page for more information and guidelines
It is a requirement of the funding to discuss your project in details with your Regional Literacy Coordinator . Please contact me and I will support you as much as

Kind Regards

possible.

Edel Finan

Regional Literacy Coordinator, WWETB and Adult Literacy for Life

Mobile | Guthán póca: 086 084 5354

www.wwetb.ie

www.adultliteracyforlife.ie