

Wexford CYPSC Newsletter

10 October 2025

For information on services and supports for children, young people and families see

Wexford CYPSC

For information on parenting supports and programmes, see <u>Wexford Parents Hub</u> or access on <u>Facebook</u>



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EVENTS & CAMPAIGNS

► Open Invitation -35th Anniversary Open House & UN Day 2025



► World Mental Health Month Events in Waterford, Wexford and Tipperary

► Mental Health & Well- Being Event – 10th October





► Let's Get Talking



We will be out on the Streets of Wexford, Enniscorthy, Gorey, & Bunclody next week for World Mental Health Week/Day.

Please come and say HELLO

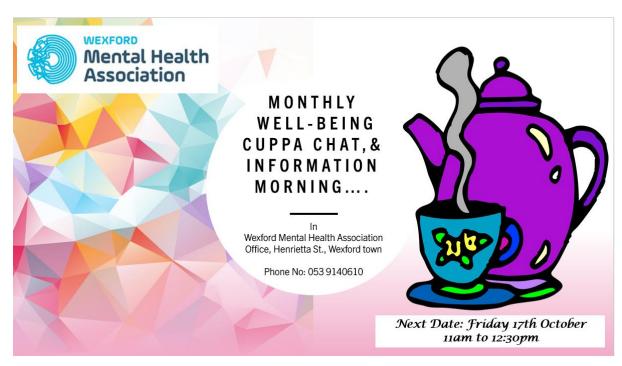
Pick up some leaflets and Brochure on Mental Health & Wellbeing.



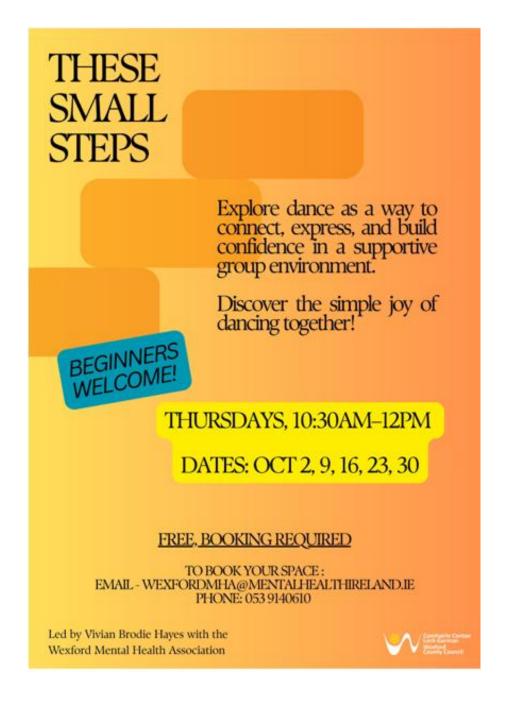




► Monthly Well- Being Cuppa, Chat & Information Morning- 17th October



► These Small Steps – Explore dance as a way, to connect...



► Creativity Counts - Free Exhibition



► Wexford Town Library: Services for Primary Schools



Access the newsletter outlining the full range of library services, events and resources for Primary Schools <u>here</u>: Wexford Town Library Services for Primary Schools

► Wexford Town Library Events

Halloween Costume Swap at Wexford Library, Monday, October 6th, 2025 - Wednesday, October 29th.

Not sure what to do with your child's old Halloween costumes? Wexford Library is delighted to host our first Halloween Costume Swap!

From Monday, 6th October donate or swap your fun and fabulous costumes and masks for kids ages 0 - 12.

Everyone is encouraged to participate, whether by donating, swapping, or selecting a costume, to make this Halloween both fun and green.

Costumes should be clean and in good condition. All sizes are welcome.

From Monday, 6th October until Wednesday, 29th October.

Bedtime Storytime, Tuesday, October 28th, 6:00pm - 6:30pm.

Put on your pyjamas, grab your favourite teddy or a cuddly toy and join us for a magical evening of stories, cuddles and fun at the library! This event is suitable for children aged 3 - 7 years. Please note that children must be supervised at all times. Booking is essential.

Room on the Broom Story Time, Thursday, October 30th, from 2:30pm - 3:30pm.

Celebrate spooky season with your little ones and join us for a special Room on the Broom themed story time. Make sure to dress up in your favourite Halloween costume! This event is suitable for children aged 3-7. Booking is essential. Please book for the child only.

Spooky Craft for 8 - 12 year olds, Friday, October 31st, 2:30pm - 3:30pm.

Join us in Wexford Library and create some spooky crafts. This is a creative event for 8-12 where they will design their own spooky decorations, a monster themed bookmark for their Halloween reading and a flapping bat! Booking is essential. Please book for child only.

<u>History Club for Teenagers, Thursday, 9th October, 6:30pm - 7:30pm.</u>

Join Derek on the second Thursday of every month at 6.30pm for historical discussions, research projects, journaling, genealogy studies, guest speakers and more. The club is suitable for 14-17 year olds. Book online or phone: 053 9196760. Should you require additional supports to attend this event please contact Wexford Library 053 919 6760 or email wexfordlibrary@wexfordcoco.ie.

The Chatterbooks Book Club. We meet on the 3rd Tuesday of the month at 4pm in Wexford Library. 9-12 years. Tuesday, 21st October, 4:00pm - 5:00pm.

Our next meeting is on Tuesday 21st October. The book we will read is The ghosts of magnificent children by Caroline Busher.

Books read so far in 2025 were:

January: Freya's Gold by Fiona February: The Wild Robot by Peter Brown March: Cobweb by Michael Morpurgo April: Tom's midnight garden by Edith (graphic novel adaptation of Philippa Pearce's novel) May: The Great Adventures of Sherlock Holmes by Sir Arthur Conan Doyle June: Bird Boy by Catherine Bruton

Come and join us and meet other people and share the joy of reading!

<u>Wexford Library Teen Club: Pet Ghost Craft, Wednesday, 29th October, 4:00pm - 5:00pm.</u>

Join us this month for a spooky craft and create your own pet ghost. Suitable for 13 - 15 years. Booking is essential.

Weekly Events

Sensory Hour, Every Saturday from 4.00pm-5.00pm.

Sensory Hour supports library users who have sensory, extra, and/or additional needs. It offers a calm and sensory family friendly environment.

Rhyme Time, every Wednesday, 11.00am-11:30am. Suitable for children aged 0–3 years.

These fun, free and interactive Rhyme Time sessions are perfect for babies and toddlers. Children should be supervised at all times when visiting Wexford Library. No booking required.

Story Time every Saturday, 11.00am-11:30am, Suitable for children aged 3-7 years.

Join us for Story Time in Wexford Library every Saturday morning. Children should be supervised at all times when visiting Wexford Library. No booking required.

Lego Free Play every Saturday from 11:00am - 3:00pm. Suitable for ages 5yrs+LEGO Free Play tables available on our Children's floor area from 11am to 3pm. Free to attend. LEGO will be made available for children and families to build their very own designs. Get Creative. Children should be supervised at all times when visiting Wexford Library. No Booking Required.All events are FREE. Wexford Public Libraries App. Access your library 24/7. Online resources include eBooks, eAudiobooks, eMagazines, eNewspapers, eComics & Graphic Novels, music, take eLearning or language courses, business, education, and research databases and more. Library membership is Free.

If you would like more information or to book a place at any of our events, please contact Wexford Town Library 053 919 6760 or email wexfordlibrary@wexfordcoco.ie.

► Bunclody Library Events

Rhymetime for ages 0 to 5 years - every Wednesday at 11.15am

Join us for Rhymetime every Wednesday when will have lots of fun nursery rhymes and stories suitable for babies and toddlers followed by a Duplo play session. **No booking required**.



Children's Book Festival: Luke's Deadly Dinosaurs for ages 7+ - Saturday 18th October, 11.00am to 12.00pm

Meet author Luke O'Connell for a roarsome interactive and educational workshop aimed at teaching children about prehistoric animals using a combination of toys, models and real fossils. **Booking required.**



Dinosaur Creation Station - Saturday 18th October, 2.00 to 3.30pm.

Pop into Bunclody Library to create a fun dinosaur craft to bring home. This is a family-led creative event where we invite families to sit down, relax and make some wonderful creations together. All materials will be provided. **No need to book.** All welcome!



Sensory Friendly Hour

Every Saturday from **4.00 to 5.00pm**, Sensory Friendly Hour will be observed in Bunclody Library.

We encourage you to come along and relax in the calm environment of the library. **No booking required**. All welcome!



Sensory Basket

A sensory basket containing various sensory toys/books available for children to use while visiting the library. Just ask at the desk.

To book events, please telephone 053 9375466 or book online at wexfordcoco.libcal.com.

Web: .www.wexfordcoco.ie/libraries Bunclody Library, Tel: +353 53 9375466

► Enniscorthy Library Events



Baby and Toddler Rhyme Time at Enniscorthy Library - every Tuesday at 10.30am

Join us in Enniscorthy Library every Tuesday at 10.30am for songs, stories and rhymes! Perfect for up to 3 years old but fun for everyone!

Through rhymes children naturally learn essential skills for communicating such as turn-taking and joining in.

All welcome and no booking required.



Halloween Creation Station – from Tuesday 28th October – Friday 31st October

Get into the spooky spirit with our drop-in creation station! Kids and families are invited to make Halloween-themed crafts.

All supplies will be provided - just bring your creativity (and maybe a costume!)



Halloween Family Movie – Saturday, 18th October at 2.30pm-4pm

Take time out this October and join us for Halloween Family Movie at the library. Gather your family and friends and enjoy a heart-warming movie in a welcoming setting of the library.

We'll have comfortable seating and fantastic movie that's perfect for all ages.

Best of all, it's free and open to everyone!

Contact the <u>library</u> for more information. Booking essential.



Interactive Story Time at Enniscorthy Library – every Saturday at 11am
Join us in Enniscorthy Library every Saturday at 11am for our Interactive Story Time!

Perfect for 3-5 years old.

Through the magic of storytelling, children are transported to far-off lands, introduced to diverse characters, and exposed to a rich tapestry of language, all while developing fundamental literacy skills such as vocabulary acquisition, comprehension, and phonological awareness.

All welcome and no booking required.

Beata Marchilewicz Phone: (053) 923 6055 E: beata.marchilewicz@wexfordcoco.ie

Find us on Facebook: www.facebook.com/enniscorhylib

► FREE Helium Online Workshops for Young People Living with Long-Term Health Conditions



Bookings are now open for our **FREE Online Autumn/Winter** workshops and camps for **children and young people with long-term health conditions**.

Online Workshops:

Distance Creates Winter Saturdays (Ages 6–8)

8, 15, 22, 29 Nov & 6, 13 Dec | Online Book your space HERE!

Distance Creates Winter Saturdays (Ages 9–12)

8, 15, 22, 29 Nov & 6, 13 Dec | Online Book your space HERE!

Youth Autumn Camp - Online (Ages 13-16)

28 Oct-1 Nov | Online Book your space HERE!

► Requesting details of parenting initiatives taking place during October for promotion under the Supporting Parents Communications campaign



Dear colleagues,

Thank you for continuing to support our promotion of parenting initiatives around the country by informing us of upcoming events in your area.

We are now seeking details of any parenting initiatives which will be taking place in October. As with previous months, a selection of these events will be promoted across DCDE social media channels to raise awareness among parents of the supports available to them in their locality. Details of upcoming events can be provided via a short survey by clicking here.

It would be appreciated if details of any upcoming events could be provided by Monday 29 September to allow time for the DCDE Communications team to develop content for sharing across DCDE social channels.

You can check across DCDE social channels for your event and please feel free to like and share our social posts. We also encourage you to circulate this email to any service within your network that may have an upcoming parenting event which they wish to promote.

May we request that information on upcoming events is submitted through the survey link above. However, if you experience any issues using the survey or if you have any queries, please do not hesitate to email parentingsupport@dcde.gov.ie for assistance.

Kind regards

The Parenting Support Policy Unit

WEBINARS & TRAINING

► The Care Experienced Experiences Programme – Webinar 16th October



Dear Colleagues

The Care Experiences Programme, Journeys through the Irish Care System is a research and data Programme that wants to learn more about the lives of children in care and adults who have been in care in Ireland. This includes anyone who has lived in foster care, relative foster care, residential care or special care because they could not live at home.

The Programme is run by the Department of Children, Disability and Equality (DCDE), together with Tusla, Child and Family Agency.

At the heart of the Programme is the Care Experienced Expert Panel (CEEP). This is a group of adults (over 18 years of age) who have lived in care. The panel helps the Care Experiences Programme Team to design research projects, making sure that the voices of children, young people, and adults with care experience are heard. The CEEP also act as champions for the Programme.

The Care Experienced Expert Panel is now open to new members! If you have experience of being in care and are interested in becoming a member or if you would just like to hear more about the work of the Panel you are very welcome to join the webinar.

The webinar will take place on:

Thursday 16th October 2025 at 13:00

Click here to Register

At the webinar, you'll hear about:

- What the Care Experiences Programme is all about
- Why and how the CEEP was created, and meet some of the current members
- What work the CEEP has done so far
- Next steps if you want to join the CEEP

There will also be time for your questions.

Who should attend?

- Adults with care experience
- Anyone supporting or working with care-experienced adults
- Policy makers and government representatives
- Interested researchers and academics

Please share this information with anyone who might be interested!

For more information, email <u>careexperiences@dcde.gov.ie</u>

Or if you'd like to talk to someone directly about the CEEP including current members, please email careexperiences@dcde.gov.ie and we will arrange it.

More information about the Care Experiences Programme is available on our website: Care Experiences: Journeys through the Irish care system

We look forward to meeting you at the webinar!

From the Care Experienced Expert Panel

► National Home Visiting Day - 15th of October - 'Home Visiting: Where Connection Builds Community' Join via MS Teams



The Home Visiting Alliance, in conjunction with the National Home Visiting Programme Tusla invites you to a celebration of National Home Visiting Day 'Home Visiting: Where Connection Builds Community'.

Key Messages for the Day:

Early Relationships Matter: Loving, responsive relationships in the early years shape how children learn, feel, and connect with the world for the rest of their lives.

Home visiting - empowering parents to nurture, teach, and lead in their child's development, education, and care.

Home is where Relationships begin, Community is where they Grow Evidence Based Home Visiting in early childhood—Small Investment Big Return

Please click on the link below to join via MS Teams on the 15th of October.

Click here to register



► Expand Your Professional Toolkit – Upcoming Training Sessions from FASD Ireland



FASD Ireland is delighted to offer two impactful training sessions this October, designed to support professionals working with children, young people, and families across health, education, and social care sectors. These sessions are ideal for those seeking practical tools, deeper understanding.

Please share this information with your colleagues and networks.

Introduction to Non-Violent Resistance (NVR)

Date: Thursday, 6 November 2025

Time: 9am - 1pm

Location: Online / Zoom

Suitable for: Practitioners working directly with Families

Presented by: Al Coates Social Worker & NVR Practitioner

Cost: €100 per attendee

Registration Link: https://wkf.ms/4nXvhCP an invoice will be sent after the registration form is completed.

Introduction to Foetal Alcohol Spectrum Disorders (FASD)

Date: Thursday 16 October

Thursday 20 November

Thursday 18 December

Time: 10am – 1:15pm

Location: Online / Zoom

Suitable For: Anyone over 18 years of age living in Ireland or Northern Ireland, who

wants to learn more about FASD

Presented By: Tristan Casson-Rennie, CEO FASD Ireland and/or Robert O'Connell,

Training & Research Coordinator

Cost:

People living with FASD / Parents / Carers €25.00 plus VAT and Eventbrite fee

General Admission (Clinician/Social Worker/ Therapist/ Researcher/Other) €50.00 (incl. CPD) plus VAT and Eventbrite fee

Registration Link: www.fasdireland.ie/training and select your preferred date

For more information on anything please feel free to contact me.

Kind regards,

Cillian Flynn

Business Development Manager | Bainisteoir Forbartha Gnó

E: cillian@fasdireland.ie | W: www.fasdireland.ie

► HUGG – Healing Untold Grief Groups



HUGG'S Annual Suicide Bereavement Remembrance Event

Join us for this special gathering to remember our loved ones. This is a space for reflection, connection and shared hope. Registration not required.

Sunday, 9th November, 2pm

Dublin Unitarian Church & streamed live

St. Stephens Green, D02 YP23

PARENT SUPPORT

► HSE Webinar for Parents on Vaping & Psychoactive Substances



Dear Childcare Committee / CYPSC / Parent Hub.

My name is Margaret Bolger, and I am the Early Years Manager at the National Parents Council (NPC).

As part of our ongoing work to support parents and enhance children's early learning and wellbeing, we are excited to invite you to partner with us in offering free, high-quality parent training workshops in your area.

With **Mental Health Month** taking place this October, it's an ideal time to promote positive mental health and wellbeing within our communities.

What We Offer:

Supporting Your Child's Positive Mental Health

This interactive workshop is designed to help parents support and nurture their child's mental health from an early age. It can be delivered **online or in person**, depending on your preference and capacity.

NPC is happy to collaborate with:

- Childcare Committees/Parenting Hubs/CYPSC groups to deliver training to local families
- Early Years providers to offer tailored sessions for the families they support

 Communities of Practice (if applicable) – I would be delighted to attend a session to present NPC's full training offering

We would love to work with you to host a session during or around Mental Health Month, but we are also available year-round.

Please feel free to contact me with any questions or to arrange a session. I look forward to the possibility of working together to support parents in your area.

Kind Regards

Margaret Bolger , Early Years Services Manager, 01-8874484, mbolger@npc.ie

► 'Perfectly Imperfect Parenting Show' on Dublin City FM - Here's What's Coming Up!



Hi all,

I would like to start by saying thank you to everyone who has been supporting my new radio show every Saturday morning at 11.30am on Dublin City FM!

It is called Perfectly Imperfect Parenting but covers all areas of family life. If you are outside Dublin, the show goes up on Spotify as a Podcast every Sunday evening, you can listen back to past episodes here:

https://open.spotify.com/show/6NKiGSRUNrrGhjZwUX92SF

To give you a flavour of the show, here are some of the topics we have covered:

Dr Rebecca Quin on Post Natal Anxiety

Lucy Wolfe on Navigating Baby Sleep Without Guilt

Dr Joanna Fortune on the Value of Play

Psychologist Allison Keating on Rediscovering Joy

Hayley Rice on Raising Girls Who Thrive

Dr Aoife Durcan on Raising a Highly Sensitive Child

Two of our rencent shows which received a very positive response from parents were on school anxiety. The first featuring Padraig Danaher, and the second featuring Kate Brennan. If you are a parent of a child who is struggling to go to school, or an educator who would like to learn more, I would highly recommend both episodes:

Padraig:

https://open.spotify.com/episode/6AhLd17Kub4JSp7gLAnvvX

Kate:

https://open.spotify.com/episode/3rOKX6iCmEGwBfJjU1avG8

If you are considering giving your child a phone, or are struggling with managing their screen time, I would highly recommend two shows with guests Monica Rowe on what to know before you hand your child a phone, and how to protect your child online with Psychologist Aisling O'Connor:

Monica:

https://open.spotify.com/episode/38v8QCXL5Hihrzlnjh6ciT

Aisling:

https://open.spotify.com/episode/5wfAYowTp12nXygb6aXmQX

I also wanted to let you know that I will be giving a number of FREE face to face talks this Autumn, covering a range of parenting topics. For example, Supporting Anxious Children and Teens in:

Kilbride National School in Trim, on 7th October

Cavan Town Library, on 21st October

Maynooth Library, on 23rd October

Mountmellick Library, on 28th October

Tullamore Library, on 13th November

Keep an eye on my social media for details of all Talks and Webinars, and info on how to book:

Facebook:

https://www.facebook.com/MOKEarlyYears/

Instagram:

https://www.instagram.com/drmaryokane/

► Tipperary Parent Hub Webinar Series

Please see attached poster with details on Parent Webinar Series across Autumn/Winter 2025. These webinars are free to parents and there will be a presentation on each topic at each webinar and opportunity for parents to ask questions also.

There is no need to register in advance as we want to make them as accessible to parents as possible, just use QR code for <u>link</u> to more info. These are open to individuals outside of Tipperary also.



Tipperary Parent Hub is hosting a series of webinars in the upcoming months covering a range of popular topics for parents

Join us and experts in the field on the following dates:

- 25th September 7pm-8:30pm Understanding and Supporting Executive Functioning Skills for Children with Dr. Aine O'Dea
- 22nd October 7pm-8:30pm Childhood anxiety and School Avoidance with Dr. Coleman Noctor
- 19th November 7pm-8:30pm Impact of Technology on Child Mental Health with Dr. Coleman Noctor
- 10th December 7pm-8:30pm Psychological Happiness with Patricia Allen-Garrett



Please check the Tipperary Parents Hub for other events scheduled across the county, and you can share any of your events or news also on the parents hub, www.tipperaryparenthub.ie

Kind Regards

Stephanie O' Callaghan

Tipperary Children and Young People's Services Committee (CYPSC) Co-ordinator

Mobile: +353 872076726 | Email: stephanie.ocallaghan1@tusla.ie

Glenmorgal Ferryhouse Clonmel F91RF38

► Invitation to attend 'Planning for Play', a seminar

hosted by the Department of Children, Disability and Equality - 14 October 2025



We are pleased to invite you to attend a one-day seminar entitled *Planning for Play* on the 14th of October in the Radisson Blu Hotel in Athlone.

If you have not yet registered please click on this link to hold your place: https://www.ticketsource.com/participation-play-and-recreation-unit

If you have already registered and can no longer make it, please let us know, as places are limited.

The agenda for the day:

Planning f	or Play – 14 th of October – Radisson Blu Hotel, Athlone]
Time	Speaker	
10.00	Introduction	
10.05	Keynote Speaker – Tim Gill	Tim Gill is an independent scholar, writer and consultant on childhood, and a global advocate for children's play and mobility. He is the author of Urban Playground: How child-friendly urban planning and design can save cities and No Fear: Growing up in a risk averse society.
10.50	Data Analytics Unit of the Department of Children, Disability and Equality	Presentation on Mapping Project to identify all Play and Recreation Facilities
11.05	COMFORT BREAK	
11.15	Make Space York - Abigail Gaines	Abigail Gaines has a background in secondary school leadership and now manages Make Space York. At Make Space York she has led on engagement and co-creation work with teenage girls and now works with others to support similar initiatives
12.00	Natural Playscapes - Helle Nebelong	Helle Nebelong is a Danish Landscape Architect MAA, MDL and Master of Public Management, MPM. Helle is internationally recognized for her special philosophy and as a designer of nature play spaces where children thrive.
12.45	LUNCH	
13.45	Consultation – Facilitated by the Participation, Play and Recreation Unit, Department of Children, Disability and Equality.	Consultation on the new play and recreation strategy
14.45	Presentations showcasing good practice examples from Local Authorities in Ireland	Accessibility in play and recreation Carlow County Council and Monaghan County Council Playful Communities Waterford City and County Council Making Spaces for and with Teenagers Input from members of the Youth Evaluation Panel
15.30	Closing Remarks	

The event has been designed with a focus on how children and young people's right to play and recreation can be realised during the Local Authority planning process.

We hope that a cross-sectoral representation of local authority staff and those who work alongside local authorities will come together for a day of inspiration, information sharing, and networking.

Please feel free to share this invitation with any relevant colleagues or contacts.

We hope that you can accept this invitation and join us in person.

We look forward to meeting you at the Radisson Blu Hotel in Athlone on the 14 October.

Kind regards,

Deirdre Reidy Assistant Principal Officer

GROUP SUPPORT



Do you want to stop smoking?

We Can Quit is a free stop smoking programme, offering group support, one to one support and stop smoking medication.

Have you tried to quit before?



Do you want support to quit?

Make this stop your last stop

Further details

Type of group: Mixed Gender (8 week programme)

Where: LOCATION TO BE CONFIRMED.
When: PROGRAMME STARTING SOON

For more information or to register your interest contact Debbie:

Phone: 0863921525

Email: debbie.roche@fdys.ie



Rialtas na hÉireann Government of Ireland









SCHOOL ATTENDANCE

▶ New Government Campaign on School Attendance



Minister McEntee launches national campaign on school attendance

• From: Department of Education and Youth

Published on: 24 September 2025

Last updated on: 24 September 2025

Trends highlighted in publication of TESS Annual Attendance Report and Student Absence Report for the 2023/2024 year

Minister for Education and Youth Helen McEntee, in partnership with the Tusla Education Support Service (TESS), has announced the launch of a nationwide multimedia campaign to promote regular school attendance across Ireland. The campaign launch comes as new data from TESS shows more than one in five children and young people at primary and post-primary level miss more than 20 days of their school year.

The TESS Annual Attendance Report and Student Absence Report for the 2023/2024 school year, published today by Tusla, also show that while absenteeism remains high, total days lost and chronic absenteeism have both fallen for the second consecutive year. Minister McEntee said that while the reduction in the total number of days lost was positive, the level of absenteeism in schools remained far too high.

For full article please click here

Watch the TV campaign here: https://www.youtube.com/watch?v=NLsNP4lXOKU

LITERACY

► International Literacy Day Partner Pack





Hi Everyone,

October is Health Literacy Month

I collaborated with my City of Dublin ETB colleague to create a **health literacy interactive calendar**. Please find the calendar attached <u>WWWETB's Adult Literacy</u> <u>webpage</u> with all its accessible links including videos, factsheets/information, health literacy awareness courses, reliable health information websites and podcasts/webinars.

I hope you learn lots from it and find it useful.

Do share it with colleagues, family and friends.

Kind Regards

Edel Finan