

Wexford CYPSC Newsletter

12 September 2025

For information on services and supports for children, young people and families see
[Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or
access on [Facebook](#)



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WEBINARS & TRAINING

► Healthy Living for Everyday Life

Please see below and attached details of **Healthy Living for Everyday Life** – a series of FREE health information seminars at your local library, delivered by trusted professionals, to help you live well every day. Sessions take place in each library and topics include:

Healthy living for everyday life

Trusted information for better health

At your local library

Every Tuesday morning from September to December
10:30 am – 12 pm

Join us for a series of health and wellbeing talks at your local library, delivered by trusted professionals.

You will learn how to make healthy lifestyle choices, that will benefit you and those around you in everyday life.

To book and for more information

 (053) 919 6760

 www.wexfordcoco.ie/libraries/whats-on-in-my-library



We will explore the cycle of change together.





Download the [Healthy Living for Everyday Life Poster](#) here

- Alcohol Awareness
- Movement Matters
- Understanding Smoking & Vaping
- Healthy Eating
- Cancer Risk Reduction
- 5 Ways to Wellbeing

People can book for just one or all six sessions. See below for details and individual posters for each library.

[Healthy Living for Everyday Life Bunclody](#)

[Healthy Living for Everyday Life New Ross](#)

[Healthy Living for Everyday Life Enniscorthy](#)

[Healthy Living for Everyday Life Gorey](#)

[Healthy Living for Everyday Life Wexford](#)

Booking for all sessions are with the libraries - online, over the telephone, or by calling into the library.

Annette Dupuy | Healthy County Coordinator | Community Development

Wexford County Council, County Hall, Carricklawn, Wexford Y35 WY93

Comhairle Contae Loch Garman, An Charrig Leathan, Loch Garman Y35 WY93

053 9196525 | 087 6095565 | annette.dupuy@wexfordcoco.ie | [www.HYPERLINK "http://www.wexfordcoco.ie/"wexfordcoco.ie](http://www.wexfordcoco.ie)



Healthy
Wexford



@HealthyWexford



@HealthyWexford



@healthywexford

► Digital Skills for Everyday Life



Here's a booking link to **Free Digital Skills for Everyday Life** sessions which are currently running in **Wexford Library** from **September – November**.

Sessions are provided by tutor Laura Cullen, WWETB. Join us every Friday in Wexford Town Library in our training suite for relaxed, learner-centred sessions designed to help you build confidence with everyday digital tasks. 10.30am-12.30pm.

Sessions must be booked on a weekly basis. **Booking is essential. Your booking contact details will be shared with the WWETB tutor.**

Book here: <https://wexfordcoco.libcal.com/event/4409171>

Why not come along and enjoy *free, friendly, confidential digital learning sessions at Wexford library*. You will learn a range of digital skills, from navigating the internet safely to setting up emails etc.

Approach: Informal, supportive, and based on your needs. Bring your own device (phone, iPad, laptop) if you have one — if not, **no problem!!**

Many thanks all,

Yvonne Smith | Senior Executive Librarian | Wexford Town Library

Mallin Street, Wexford. Y35 AY20

Shráid Uí Mhealláin. Loch Garman.

053 919 6752 | yvonne.smith@wexfordcoco.ie | www.wexfordcoco.ie



► "Every Move Counts – let's play our part" Webinar

Webinar Invitation



Every Move Counts

Let's play our part

Time: 2:00pm - 3:15pm

Date: Wednesday 24 September 2025

Join us to hear about:

- The forthcoming National Physical Activity Framework and Action Plan 2024-2028;
- How everyone working in healthcare can help promote physical activity and make Every Move Count.



The physical and mental health benefits of regular physical activity are immense. Yet across Ireland most people are not active enough to experience these benefits. Only 1 in 4 primary school children and 1 in 8 teenagers are active enough to meet Every Move Counts: national physical activity and sedentary behaviour guidelines. For adults it's 4 in 10.

[Register](#) to join us on Wednesday 24 September, 2:00pm – 3:15pm to hear about:

- The forthcoming National Physical Activity Framework and Action Plan 2024-2028;
- How everyone working in healthcare can help promote physical activity and make Every Move Count.

► "What Works" Prevention and Early Intervention Webinars 2025



In 2025, *What Works* is partnering with [Foundations UK](#) to deliver a series of four 90-minute webinars designed for commissioners, practitioners and anyone interested in applying evidence-based research. These webinars will be available to view [on the *What Works* website](#).

This is a quick reminder that the second webinar, **"10 Steps for Evaluation Success: Turning science-based theories into effective interventions"**, will take place on the **19 September 2025**.

In this webinar, we'll discuss how evaluation can help improve the quality of interventions at each stage of their development and explain how the 10 steps map onto the Evidence Hub evidence standards. These steps include developing a theory of change, early stage and pilot evaluation, trials to find out what works, and scaling up.

[You can register for the webinar here.](#)

Kind Regards,

The What Works Team

► You're Invited: End Child Poverty Week: Day on Child Protection & Welfare

Date and Venue : Monday 15 September, 10.30am - 1.30pm

The Ashling Hotel, D08 P38N

We are delighted to invite you to the closing event of this year's End Child Poverty Week. This week-long initiative spotlights the drivers of child poverty, the best practice solutions at national and local level that address the impact of child poverty, and the key investments Government can make in Budget 2026 to break the cycle of child poverty.

Our day on Child Protection, Welfare and Alternative Care looks at the need for significant investment in core child protection and family support services that help some of the most vulnerable children in the state. We will hear from leading children's champions and the key stakeholders at the centre of the care system on some of the challenges in the child protection and welfare system and the need for investment to ensure every child has access to timely care that meets their needs.

Keynote addresses

Dr Niall Muldoon, Ombudsman for Children

Kate Duggan, Chief Executive, Tusla, the Child and Family Agency

Lara Hynes, Assistant Secretary General, Child Policy and Tusla Governance Division, Department of Children, Disability and Equality

Speakers will include:

- **Suzanne Connolly**, Chief Executive Officer, Barnardos
- **Dr Maria Corbett**, Child Protection and Alternative Care Coordinator, the Children's Rights Alliance

The event will take place in person on **Monday, 15 September, from 11.00am to 1.30pm.**

Registration of attendees will take place between 10.30am and 11.00am.

Book your place today via the Eventbrite page [here](#)

For any queries related to the event or event registration, please contact us at events@childrensrights.ie

#EndChildPovertyWeek #BreakTheCycle

► National Learning Network : QQI Level 4 Major Award in Retail Skills

QQI Level 4 Major Award in

RETAIL SKILLS

Duration: 78 Weeks

This programme provides students with the skills and support necessary for a rewarding retail career. Students will develop essential retail skills, alongside personal growth opportunities including confidence-building, social skills, and job-seeking strategies.

Valuable real-world experience is provided through work placements. A dedicated team will assist students in exploring career options and creating personalised plans to achieve their goals, encompassing employment, further training, or higher education.

Contact Us Now
086 1644593
wexford@nln.ie
nln.ie
The Swan Training Centre,
The Faythe, Wexford

National Learning Network
Wexford Think *Possible*

Modules:

- Communications
- Retail Sales Techniques
- Information Technology
- Work Experience
- Stock Control
- Customer Service
- Retail Payments Procedures
- Digital Media
- Word Processing
- Personal & Interpersonal Development
- Workplace Safety
- ICD



FREE life changing courses
& supported **training**

► HUGG : Healing Untold Grief Groups



HUGG'S Annual Suicide Bereavement Remembrance Event

Join us for this special gathering to remember our loved ones. This is a space for reflection, connection and shared hope. Registration not required.

Sunday, 9th November, 2pm
Dublin Unitarian Church & streamed live
St. Stephens Green, D02 YP23

► HSE Health and Wellbeing Podcast



In this episode of the HSE Talking Health and Wellbeing Podcast, host Eamon Keogh talks with Fiona Tuomey, CEO, HUGG, and HSE Suicide Bereavement Co-ordinator Ollie Skehan about suicide bereavement. They discuss how suicide bereavement profoundly affects individuals and communities in Ireland, with each death impacting an estimated 135 people and creating layered grief that includes emotional, practical, legal, and social challenges. The discussion emphasises the need for timely, accurate information and a flexible range of supports, from peer-led and non-clinical options (like support groups community spaces) to clinical care when needed. Reducing stigma and using trauma-informed, non-judgmental language are essential, as is active listening. [Access the podcast here.](#)

If you have been affected by this topic or would like more information please see supports available below:

www.hse.ie/grief

www.hugg.ie

www.pieta.ie

www.childhoodbereavement.ie

HEALTH

► RSV (Respiratory Syncytial Virus) and Immunisation

The RSV programme is currently running in the maternity hospitals **and** in the Community. As well as promoting uptake of the RSV immunisation, I want to highlight that the clinics in the Community will **end on 10th October** so time is of the essence in promoting this immunisation for babies born between 1st March and 31st August 2025. The maternity units will continue the programme for newborn babies until 28th February 2025.



Protect your baby against Respiratory Syncytial Virus (RSV)

Protect your baby against RSV

You can now protect your baby against Respiratory Syncytial Virus (RSV).

What is RSV and why should I protect my baby against it?

RSV is a common virus that causes respiratory infections in young babies. Babies under three months old get sicker with RSV than older children.

Each winter in Ireland one in two babies will get RSV and many will need medical care from their GP or the emergency department of a children's hospital. Four out of a hundred babies are hospitalised due to RSV, with some babies needing special treatment in intensive care units.

Nirsevimab is the best way to protect your baby from RSV.

A photograph of a woman with brown hair, smiling and holding a newborn baby wrapped in a blue blanket. The baby is sleeping peacefully.

Useful documents / links

- The [Parent/Guardian RSV leaflet](#)
- A list of clinics for IHA CKTS & IHA WW which are subject to change depending on demand and you can book an appointment by logging on to the booking portal and if some parents cannot book, please advise them they can walk in and we will look after them. <https://www2.hse.ie/conditions/rsv/immunisation/>
- A [document about RSV for HCP](#) that highlights the success of the programme that ran in maternity units last year from 1st September 2024 to 28th February 2025.

Many thanks for your support in promoting this programme with your colleagues and with parents of a newborn whether it is the first child or a subsequent child.

Please come back to me if you have any questions.

HSE Press Release - <https://about.hse.ie/news/hse-extends-successful-immunisation-programme-to-protect-babies-from-rsv-this-winter>

Kind regards,

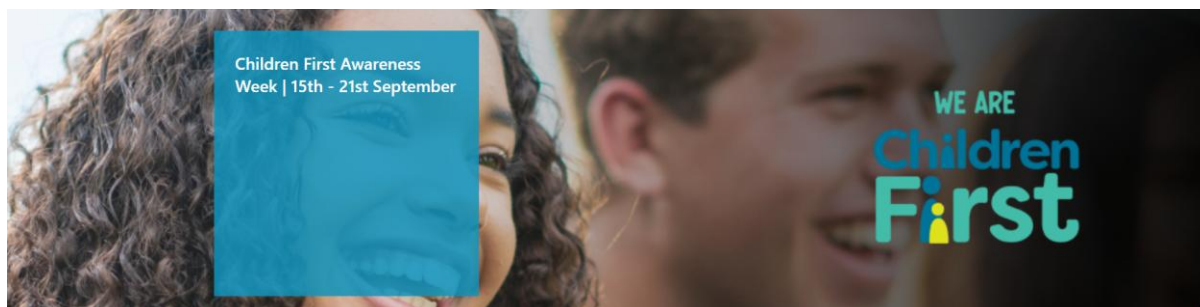
Patricia McQuillan,

Stiúrthóir Altranais | Clár Vacsaíne Réigiúnach | Sláinte agus Folláine

Director of Nursing | Regional Vaccination Programme | Health & Wellbeing,

EVENTS / CAMPAIGNS

► Children First Awareness Week : 15-22 September 2025



The third National Children First Awareness Week takes place from 15 to 22 September 2025.

This year's campaign actively encourages parents, guardians, and other responsible adults to engage with the organisations their children are involved in. While the statutory obligations under the Children First Act 2015 remain central, particularly the requirement for a Child Safeguarding Statement supported by robust policies and procedures, the 2025 campaign places additional emphasis on fostering a culture of openness, transparency and proactive communication of safeguarding measures within organisations.

The campaign reminds parents and guardians that organisations who work with children and young people need to have measures in place to ensure their children are safeguarded from abuse when in the service and that any concerns about children are addressed and reported appropriately.

Useful Links

[What is Children First](#)

[Information for Parents](#)

[Information for Children and Young People](#)

[Information for Organisations and Individuals Working with Children and Young People](#)

[What to do if you have a concern about a child or young person](#)

[Further Information and Resources](#)

► **"Strengthening Food Sharing in Wexford" : Food Cloud Event : 23 September, Wexford Arts Centre**



FoodCloud

**A world where
no good food
goes to waste**



Strengthening Food Sharing In Wexford

**23RD SEPTEMBER
10:00 - 14:00**

**WEXFORD ARTS CENTRE
CORNMARKET, TOWNPARKS,
WEXFORD, Y35 XSHF**

Join us for a collaborative event exploring how surplus food redistribution can build a stronger, fairer, and more sustainable food system in Wexford.

EVENT HIGHLIGHTS

- Discover how FoodCloud and surplus food redistribution are making an impact across Ireland
- Hear from local voices tackling food sharing challenges, food waste, and climate/social issues in Wexford
- Join a hands-on workshop and co-design a training programme that builds skills for using surplus food in your community.
- Enjoy lunch and connect with others driving local change

Free to attend – registration required:
<https://food-sharing-wexford.eventbrite.ie>

Hosted by FoodCloud as part of the Community Climate Action Programme



**SUSTAINABLE
DEVELOPMENT**



GOALS



**Rialtas
na hÉireann
Government
of Ireland**



**Tionscadal Éireann
Project Ireland
2040**

Download the [Food Cloud Event Poster](#) here

Registration : This is a free event but registration is required. [Register HERE](#)

► **Wexford Town Library : Services for Primary Schools**



Access the newsletter outlining the full range of library services, events and resources for Primary Schools here : [Wexford Town Library Services for Primary Schools](#)

► Wexford Town Library Events – September

The Chatterbooks Book Club. We meet on the 3rd Tuesday of the month at 4pm in Wexford Library. 9-12 years.

Our next meeting is on Tuesday 16th September. Bring your favourite book of the summer! Feel free to mention the book club to any child that you chat with during the day, or feel free to send them our way, as it'd be really great to have more members. Why not bring a friend along! It's a very relaxed and easy going environment, we discuss the book at the start of the meeting, we talk about other books we've read, or a great movie we've seen, and then we do an activity: like origami, watercolour painting, etc.... somewhat based on the book we've read that month. It's great Fun so come along and join us. Previous reads so far in 2025 were: January: Freya's Gold by Fiona February: The Wild Robot by Peter Brown March: Cobweb by Michael Morpurgo April: Tom's midnight garden by Edith (graphic novel adaptation of Philippa Pearce's novel) May: The Great Adventures of Sherlock Holmes by Sir Arthur Conan Doyle June: Bird Boy by Catherine Bruton. Come and join us and meet other people and share the joy of reading.

Wexford Library Junior Chess Club. Beginners & Improvers / Intermediate & Advanced. Strictly 8-13 years.

Our Afterschool Junior Chess Club has moved to Saturday mornings for the new school term! Junior Chess Club will run from Saturday, 13th September to Saturday, 18th October at 11:30am – 12:30pm. Suitable for all player levels. Strictly for ages 8-13 yrs. One booking required. This will reserve all six weekly sessions. Booking is essential as places are very limited. If you have booked a session for your child and are unable to attend on that day, please contact us and we can offer that place to another child on our waiting list. Important Notice: Parents & guardians must stay in the library building for the duration of this event.

Seal Rescue Ireland Roadshow, Saturday, 20th September, 2:30pm - 3:30pm.

We're thrilled to welcome Seal Rescue Ireland for an interactive and insightful talk about seals and marine conservation at Wexford Library. Join us for an inspiring talk about seals, the threats that they face and what we can do to protect seals and the marine environment. Learn as they share an exciting presentation showcasing Ireland's Native Seal Species and the journey seal pups take at SRI to recover back into the wild! You'll discover fascinating facts about Ireland's seal population, the challenges they face, and gain practical sustainability tips to help protect marine life and their ecosystems. Seal Rescue Ireland is a charity dedicated to the rescue, rehabilitation and release of sick, injured, or orphaned seals. As the only Seal Rescue in the Republic of Ireland they have a big responsibility

covering a whopping 3100 km of coastline. This event is free and suitable for all ages. Booking essential.

Wexford Library Teen Club, Wednesday, 24th September, 4:00pm - 5:00pm.

Join Wexford Library's Teen club on the last Wednesday of each month for some crafts and chats! Suitable for 13 - 15 years. Booking is essential.

WWETB Apprenticeship Options Information Stand, Thursday, 25th September, 3:00pm - 5:00pm.

Join the WWETB in Wexford Library to learn more about all the apprenticeship options to the public, local schools and Youth centres in the Wexford area. Explore apprenticeships as an educational option. No booking required. Drop into Wexford Library between 3pm and 5pm.

Sensory Hour, Every Saturday from 4.00pm-5.00pm.

Sensory Hour supports library users who have sensory, extra, and/or additional needs. It offers a calm and sensory family friendly environment.

Rhyme Time, every Wednesday, 11.00am-11:30am. Suitable for children aged 0–3 years.

These fun, free and interactive Rhyme Time sessions are perfect for babies and toddlers. Children should be supervised at all times when visiting Wexford Library. No booking required.

Story Time every Saturday, 11.00am-11:30am, Suitable for children aged 3–7 years.

Join us for Story Time in Wexford Library every Saturday morning. Children should be supervised at all times when visiting Wexford Library. No booking required.

Lego Free Play every Saturday from 11:00am - 3:00pm. Suitable for ages 5yrs+

LEGO Free Play tables available on our Children's floor area from 11am to 3pm. Free to attend. LEGO will be made available for children and families to build their very own designs. Get Creative. Children should be supervised at all times when visiting Wexford Library. No Booking Required.

All events are FREE. Wexford Public Libraries App. Access your library 24/7. Online resources include eBooks, eAudiobooks, eMagazines, eNewspapers, eComics & Graphic Novels, music, take eLearning or language courses, business, education, and research databases and more. Library membership is Free. If you would like more information or to book a place at any of our events, please contact Wexford Town Library 053 919 6760 or email wexfordlibrary@wexfordcoco.ie.

► **Read Easy Document on Media Safety : Down Syndrome Ireland**

Media Safety



Down Syndrome Ireland has produced this [Easy Read Document on Media Safety](#).

FUNDING

► Children's Active Play Fund

RETHINK IRELAND.

What is the Children's Active Play Fund?

We invite applications from charitable organisations delivering innovative projects that encourage movement, activity and social connections, making it easier and more enjoyable for young people to lead active lives.

The fund offers a package of cash grants and non-financial supports for up to eight projects to help them expand and increase their social impact.

This includes:

- A multi-year cash grant worth up to between €130,000 - €210,000 (per successful project)
- The non-financial supports include:
 - A place on Rethink Ireland's Accelerator Programme.
 - Business and capacity-building supports designed in consultation with successful projects on topics such as strategic planning, impact management, communications, and fundraising.
- Access to Rethink Ireland's networks.

Applicants can join one of our application clinics on Wednesday 24 September 2025 and Wednesday 1 October 2025. These one-hour webinars will provide information on fund eligibility and the application process and offer an opportunity to answer any questions you have. Register for an application clinic here:

- Wednesday 24 September at 11am - [Register here](#)
- Wednesday 1 October at 11am - [Register here](#)
-

Applicants can apply to the Children's Active Play Fund via this [online application](#). Applications are open from Monday, 1 September 2025 to Friday, 10 October 2025 at 1PM. The full list of eligibility criteria can be found [here on our website](#) as well as details on how to submit your online application.

► NDA Research Promotion Scheme 2025-26 funding call – closing 6 October



The National Disability Authority (NDA) is inviting proposals for our [Research Promotion Scheme \(RPS\)](#) 2025-26 from researchers, academic institutions, advocacy organisations, Disabled Persons Organisations, service providers or other relevant bodies. The RPS 2025-26 theme is Disability in Marginalised Groups and Communities with particular interest in proposals focused on disability issues in Traveller and/or Roma communities.

We anticipate awarding up to three grants and are open to individual grant applications for varying amounts between €15,000 and €40,000 with the total funding available not exceeding €80,000.

Applications are required to demonstrate meaningful involvement of disabled people in the research process as appropriate to the design of the study.

Proposals and Application Forms : Those interested in applying should review the full Call for Proposals and Application Forms, available for download [on the NDA Website](#).

Deadline for receipt of completed applications is **12 noon on Monday 6th October 2025**. Please address any queries you have to: research@nda.ie

The NDA is the independent statutory body, providing evidence-informed advice and research to Government on disability policy and practice and promoting Universal Design.