

Wexford CYPSC Newsletter

16 May 2025

For information on services and supports for children, young people and families see
<u>Wexford CYPSC</u>

For information on parenting supports and programmes, see <u>Wexford Parents Hub</u> or access on <u>Facebook</u>



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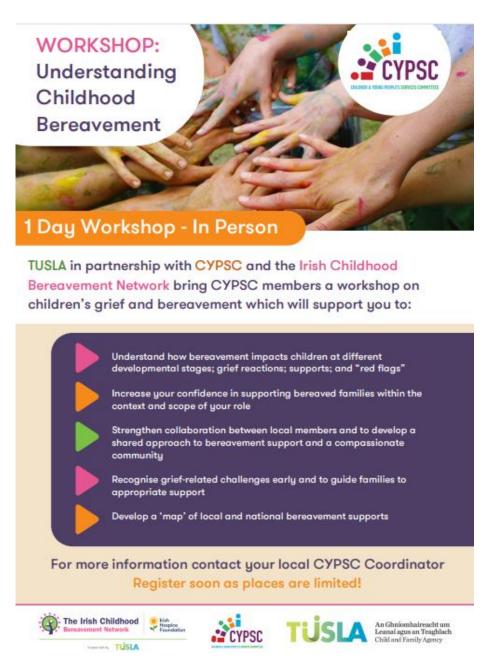
WEBINARS & TRAINING

"Understanding Childhood Bereavement" Irish Childhood Bereavement Network Workshop: 16 June 2025

Date: Monday 16 June

Time: 9.30am – 4.30pm

Venue: Kilcannon Garden Centre, Old Dublin Road, Enniscorthy, Wexford, Y21 F5D7



REGISTRATION : This workshop is free to attend, but you must register in advance using this link : <u>Participant Registration Form</u>: <u>Understanding Childhood Bereavement Workshop</u>

► National Parents Council Free Online Training : Supporting Your Childs Positive Mental Health and Wellbeing in the Early Years : May 2025



Free Online Training for Parents of Young Children – May 2025 Is your child under 6? Want to learn how everyday parenting can support their positive mental health?

Join the National Parents Council for a free online session on Supporting Your Child's Positive Mental Health and Wellbeing in the Early Years.

Dates & Times

Mon 19 May – 10am & 7:30pm Tue 20 May – 10am & 7:30pm Wed 21 May – 10am & 7:30pm Thu 22 May – 10am & 7:30pm Fri 23 May – 10am

Topics include:

- o Everyday moments that build mental health
- Helping your child handle emotions
- Building resilience & strong relationships
- Children's rights and wellbeing
- The Five Ways to Wellbeing

REGISTRATION : Places are limited – register now: https://www.surveymonkey.com/.../Early_years_mental...

Developed in partnership with St Patrick's Mental Health Services #NPC #EarlyYears #ParentTraining #MentalHealthMatters #ParentingSupport See les

CONSULTATION

► Department of Children, Disability and Equality survey on speech, language and communication skills supports available to parents and Early Years Educators within non-clinical community-based settings for children aged 0-5 years

The Department of Children, Disability and Equality need your help to collate information on supports in non-clinical community-based settings that are currently available for parents and Early Years Educators of young children (aged 0-5 years old) in developing speech, language and communication skills.

Your input will give us vital information that can be used to assess needs, identify challenges, and provide better targeted interventions to support the language and communication skills of young children throughout the country.

Please click here to fill in our short survey and contribute to this important work.

Please share this survey with any relevant networks.

If you would like more information about the purpose of the survey or if you have any questions, please do not hesitate to send an email to <u>eyresearch@dcde.gov.ie</u>.

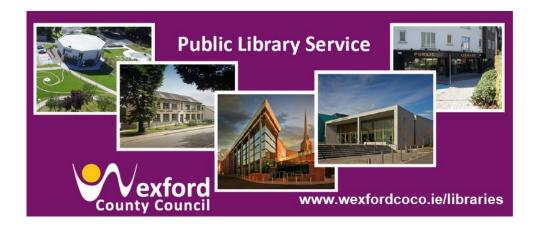
Many thanks for your assistance.

Kind regards

The Parenting Support Policy Unit

EVENTS & CAMPAIGNS

Lego Free Play in Wexford Library. Every Saturday from 11am-3.00pm



LEGO Freeplay tables available in Wexford Library on our Children's floor area from 11am to 3pm. Join us. Free to attend!

LEGO will be made available for children and families to build their very own designs. Get Creative!

This session is suitable for ages 5yrs +.

BOOKING : No Booking Required.

Please note that children must be supervised at all times. Should you require additional supports to attend this event please contact Wexford Library 053 919 6760 or email wexfordlibrary@wexfordcoco.ie

► Wexford Town Friends of Refugees

Wexford Town Friends of Refugees (Formerly known as Wexford Town Friends of Ukraine) was founded in March 2022 to support refugees fleeing from the war in Ukraine.

In May 2025 they have decided to extend their remit to welcome and support refugees and asylum seekers from other countries.

They do this by offering support and integration through befriending and weekly conversation sessions in Wexford Library every Friday morning at 10.30-12.30am.

Come along to the library and join us. No booking required.

Traveller Pride Week Events

FDES Traveller Pride Events The Cultural Tapestry 30th May 2025

A celebration of shared stories and traditions, each voice, each song, each journey is a thread in the cultural tapestry of the people who carry their heritage in their hearts.

Music

- Kids Fun and games
- Workshops
- Storytelling and folklore.
- Traditional arts and crafts
- Guest speakers and singers

Venue: FDYS Enniscorthy/ Presentation Center Enniscorthy

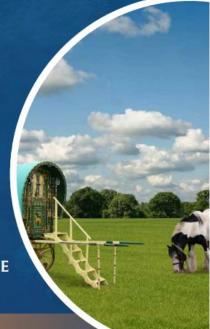
4:00pm - 6:00pm

FDYS Enniscorthy (Children and young people event)

7:00pm - 9:30pm

Presentation Enniscorthy (Music, song, and storytelling)

Admission for both events: FREE Food & Refreshments Provided



Supporting Parents Communications Campaign : Request for details of parenting initiatives taking place in June 2025

Thank you for continuing to support our promotion of parenting initiatives by informing us of upcoming events in your area.

We are now seeking details of any parenting initiatives which will be taking place this June. As with previous months, a selection of these events will be promoted across DCEDIY social media channels to raise awareness among parents of the supports available to them in their locality.

We welcome information on all parenting initiatives happening during the month of June but we would appreciate details of any parenting activities targeting dads in line with Men's Health Week which will be taking place from Monday 12 June through to Sunday 15 June.

Details of any upcoming parenting events can be provided via a short survey by clicking here.

May we request that details of any upcoming events are submitted by Friday 23 May to allow time for the DCEDIY Communications team to develop content for sharing across DCEDIY social channels.

You can check across DCEDIY social channels for your event and please feel free to like and share our social posts. We also encourage you to circulate this email to any service within your network that may have an upcoming parenting event which they wish to promote.

Please ensure that event details are submitted through the survey link above. However, if you experience any issues using the survey or if you have any queries, please do not hesitate to email <u>parentingsupport@dcde.gov.ie</u> for assistance.

Kind regards

The Parenting Support Policy Unit

RESOURCES & SUPPORTS

Wexford Womens Refuge : Outreach Service



The outreach team offers a confidential, safe and supportive space that women can access should they not be able to make it to the Refuge. The outreach team can also offer phone support to those who feel more comfortable engaging this way. We understand how difficult it is to take that first step to access support services when you are impacted by domestic violence. It is important that women can easily access vital services. The support offered will be tailored to the individuals needs and it can be short, medium or long term. The outreach team will work with the individual to draft a plan that best suits their needs and it can be adjusted as the woman's needs change.

We also offer an advocacy and referral service, along with assisting women to understand their legal entitlements and navigate the Court process should they decide to apply for legal remedies through the Court. We can talk you through the various domestic violence orders available, the application process and provide Court Accompaniment.

It is important to remember you are not alone and you do have options.

The outreach service is available to all women who are or who have been affected by domestic violence. There are a number of ways the outreach service can be accessed. Referrals can be made by phoning or contacting the Refuge directly. Staff will take your details and then notify the outreach team who will contact you to offer support and information or to arrange an outreach appointment.

Outreach will be also provided to women who have been a resident in the Refuge. The Outreach service is offered throughout County Wexford. Our staff can arrange to meet you in a safe location to offer support and information around the many aspects of domestic violence.

For free and confidential support call our 24/7 Helpline FREEPHONE 1800 220 444

► HSE and Healthy Ireland launch new SunSmart Toolkit for Primary and Post-Primary Schools



To promote the importance of sun protection in schools, the HSE's National Cancer Control Programme (NCCP) and Healthy Ireland have announced the launch of the new <u>SunSmart</u> <u>School Accreditation toolkit. The resources now available for primary and post-primary schools.</u>

The toolkit has been developed to provide information and tools for students, teachers, parents and guardians on how to become a SunSmart accredited school, as well as providing learning opportunities on sun protection.

Primary and post-primary schools can play a key role in educating students about UV radiation exposure, the importance of sun protection and the dangers of using sunbeds".

To order SunSmart School Toolkit resource for your school, visit <u>www.healthpromotion.ie/products</u> and choose 'cancer' on the drop-down menu.

The HSE's NCCP also developed <u>SunSmart Primary School Lesson plans</u> in 2022 for junior infants to second class and third to sixth class for SPHE (Safety and Protection). SunSmart activities are also included in the <u>HSE's Making Healthy Choices 2 lesson plans</u> to support the teaching of the Junior Cycle SPHE specification. These provide teachers with ideas and materials to support the integration of sun protection education and behaviours into the classroom.

For more information email <u>prevention@cancercontrol.ie</u> or visit <u>www.hse.ie/skincancerprevention</u>