

Wexford CYPSC Newsletter

2 May 2025

For information on services and supports for children, young people and families see

[Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or
access on [Facebook](#)



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► **Shout Out : Free Information Session 21 May 2025**

**Inclusive Homes Workshop
for Parents & Guardians**

Wednesday, May 21st - 8 to 9 PM
**Riverside Park Hotel, The Promenade,
Enniscorthy, Y21 T2F4**

A practical session for parents, guardians,
and allies on creating an inclusive home,
understanding identity, and supporting
young people.

Topics include:

- ✓ Safe spaces & coming out
- ✓ They/them pronouns
- ✓ Inclusive books & films
- ✓ Open Q&A



SCAN TO REGISTER

**Join us & learn how small steps make
a big difference!**



REGISTRATION : Scan QR code above or use this link : [Register HERE](#)

“ShoutOut” promotes inclusion through education by delivering LGBTQ+ Educational Programmes in schools, workplaces and service providers. To find out more about [“Shout Out”](#), see their website.

► “Understanding Childhood Bereavement” Irish Childhood Bereavement Network Workshop

Date : Monday 16 June

Time : 9.30am – 4.30pm

Venue : Kilcannon Garden Centre, Old Dublin Road, Enniscorthy, Wexford, Y21 F5D7



WORKSHOP:
Understanding
Childhood
Bereavement

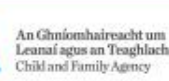
CYPSC
CHILDREN & YOUNG PEOPLE'S SERVICES COMMITTEES

1 Day Workshop - In Person

TUSLA in partnership with CYPSC and the Irish Childhood Bereavement Network bring CYPSC members a workshop on children's grief and bereavement which will support you to:

- ▶ Understand how bereavement impacts children at different developmental stages; grief reactions; supports; and "red flags"
- ▶ Increase your confidence in supporting bereaved families within the context and scope of your role
- ▶ Strengthen collaboration between local members and to develop a shared approach to bereavement support and a compassionate community
- ▶ Recognise grief-related challenges early and to guide families to appropriate support
- ▶ Develop a 'map' of local and national bereavement supports

For more information contact your local CYPSC Coordinator
Register soon as places are limited!



REGISTRATION : This workshop is free to attend, but you must register in advance using this link : [Participant Registration Form: Understanding Childhood Bereavement Workshop](#)

FUNDING

► Family Resource Centre Programme Expansion



Tusla welcomes Minister Foleys announcement for the expansion of the Family Resource Centre Programme. Tusla secured funding to allow the development of **5 new FRC's** which will see more communities supported through a range of services including family support work, counselling, education, training courses and youth groups.

Family Resource Centres are rooted in and part of local communities, as a result they can identify need in families and communities early and offer appropriate interventions and supports. The increase in funding for Tusla's Family Resource Centre Programme is an important part of our work to prioritise early intervention across services.

Application Forms including the criteria can be found on the Tusla web site www.tusla.ie

or

Access the [Application Form](#) here (under Additional Information for 2 May)

Access the [Criteria](#) here

Any groups/organisation that meet the criteria can apply by sending the completed application form to frc@tusla.ie.

Closing Date for enquiries will be **23rd May C.O.B.** Closing date for applications will be **Friday 30th May C.O.B.**

PARENTING

“Perfectly Imperfect Parenting” Podcast with Dr. Mary O’Kane



“Perfectly Imperfect Parenting” is available on Spotify as a Podcast every Sunday evening, you can listen back to past episodes here: [Perfectly Imperfect Parenting](#). Each week, Dr. Mary O’Kane will be joined by a special guest to share their stories of overcoming adversity and stories of resilience.

Here are a few of the podcasts which seem to have really impacted parents in terms of the support they have provided, all are about different aspects of anxiety:

Anxiety Podcast with Therapist Kate Brennan

Therapist Kate Brennan spoke about School Anxiety, a topic that so many professionals don't seem to understand, and offers some of the most helpful advice I have ever heard in this area. You can listen back here:

<https://open.spotify.com/episode/0GF8pMZ33KoHwplJfBprum>

How Anxiety Impacts the Brain and Body

I did a show myself explaining how Anxiety impacts the brains and bodies of our children and teens, which parents have said they found very helpful. You can find it here:

<https://open.spotify.com/episode/3wnzlWIHo7NQGw6ZPQ3xNL>

“Selective Mutism” with Therapist Lucy Nathanson

Therapist Lucy Nathanson spoke about the often-misunderstood topic of Selective Mutism and shared her expertise with us, see link here :

<https://open.spotify.com/episode/0ENzAMKrq8Bi5CgewPyxbX>

“Post Natal Anxiety” with Psychologist Rebecca Quin

Psychologist Rebecca Quin spoke about her personal experience of Post Natal Anxiety and the feedback from others who have experienced similar was overwhelmingly positive. You can listen back here: <https://open.spotify.com/episode/3YfwHdqDCAqXDFUIBPqNOP>

► Children's Health Ireland Survey on Infant Crying

We wish to draw your attention to a Children's Health Ireland (CHI) survey on infant crying. It would be appreciated if you could circulate the details to any parents in your network who have children under 6 months of age.

The more parents that participate in the survey, the more can be learned about how to best support parents and their children's wellbeing.

Sláinte Leanaí Éireann
CHI
Children's Health Ireland

'Are you caring for a baby under 6 months old?'

Please take this survey to help us understand how you feel about infant crying.

Scan the QR code or go to the following link for more information and to take the survey <https://tinyurl.com/29pkhzw>

Survey closes 20th June 2025

CRA Registered Charity Number (RCN): 20202295
Revenue Charitable Status CHY: 22235

www.childrenshealthireland.ie

Twitter LinkedIn Facebook Instagram

Please click [here](#) to access the survey.

See poster above for additional information on the survey. Download the [CHI poster](#) here.

Thank you for your assistance on this matter.

The Parenting Support Policy Unit

LITERACY

► Literacy Awareness Workshop

WWETB facilitated a Literacy Awareness workshop with nine staff members from the CYPSC (Children and Young People's Services Committee) network on 29 April. The workshop took place in the Wexford College of Further Education and Training.

The Literacy Awareness workshop covered the following topics:

- What is literacy
- The literacy landscape in Ireland
- Impacts and causes
- How to be literacy friendly
- Creating a literacy friendly environment
- Tips and Tools

Thank you to all the organisations who participated. Special thanks to Edel Finan (ALL Co-ordinator) and Maurice Sammon (Literacy Ambassador) for facilitating the workshop.



Literacy Tools and Resources

- A range of literacy awareness tools and resources are available on the [NALA website](#)
- For more information on Adult Literacy for Life, see the [ALL website](#)

VACANCIES

NOTE : Circulated on request of YNR. Contact YNR directly with any queries.

► Youth Project Co-ordinator : Youth New Ross



Youth New Ross CLG. The Bullawn, New Ross, Co. Wexford, Y34 YH 26 ph: 051 425 415 www.ynr.ie

Youth New Ross CLG has been working with young people, children and parents/guardians since 1994, is an independent limited company and a registered charity and is governed by a Voluntary Board of Trustees. Over the 30 years, YNR has grown to provide a range of youth and family supports & services with a team of over 20 full-time and part time staff and volunteers.

Exciting Opportunity at Youth New Ross

Permanent role: Youth Project Coordinator



We are looking for someone who is passionate about

Youth Work and the empowerment of young people

Details: part time, 4 full days per week (28 hours) includes evenings and occasional weekend work

Essential requirements to be considered for interview:

- a minimum Level 7 recognised qualification in Youth Work
- experience in funding application & budgetary management
- a minimum of 2 years' recent experience planning and leading a project
- experience in recording data, measuring outcomes and evaluating impact
- experience in responsibility for child safeguarding practices and related risk management
- experience in organising and delivering youth activities and outings

****For your application to be considered you must include a Cover Letter****

For a full job description or to **apply** please email, your CV and a cover letter to, Elaine at info@ynr.ie

Closing date for applications is **5pm on Monday, the 12th of May 2025**

Late applications will not be accepted. Canvassing will disqualify.



ParentChild+
Equal Opportunities From The Start



RCN: 20066468. Registered Co.No: 212737. CHY: 17708