

Wexford CYPSC Newsletter

20 June 2025

For information on services and supports for children, young people and families see <u>Wexford CYPSC</u>

For information on parenting supports and programmes, see <u>Wexford Parents Hub</u> or access on <u>Facebook</u>



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WEBINARS & TRAINING

Irish Childhood Bereavement Network Workshop



Participants on ICBN Workshop June 16

A workshop on "Understanding and Supporting Bereaved Children" took place on Monday 16 June in Kilcannon Garden Centre, Enniscorthy. The workshop was delivered by the Irish Childhood Bereavement Network (ICBN) in association with Wexford CYPSC

The workshop covered the following topics;

- Understand how bereavement impacts children at different developmental stages: grief reactions, supports and red flags
- Increase your confidence in supporting bereaved families within the context and scope of your role
- Strengthen collaboration between local members and to develop a shared approach to bereavement support and compassionate community
- Recognise grief-related challenges early and to guide families to appropriate support
- Develop a map if local and national bereavement supports

We appreciate the participation and engagement of the following organisations : SETU, HSE, Southend and ARC FRCs, Tusla, Barnardos, Youth New Ross, Gorey SCP.

Special thanks to Mags and Sonia from ICBN for delivering the workshop.

To find out more about the work of ICBN and the resources that are available, visit the <u>ICBN</u> website here.



Solihull Approach to Infant Mental Health : Facilitator Training – Closing Date 27 June 2025



Solihull Approach Training is all about supporting emotional health and wellbeing with a focus on relationships and nurturing connected, sensitive and responsive interactions. The Solihull Approach was founded in practice and is also evidence-based, developed by psychologists, child psychotherapists, Health Visitors and practitioners. It is a way of thinking and working with families, groups or one-to-one that transcends professions and communities. The Solihull Approach is also about understanding brain development to understand behaviour, communication and emotional health.

The Solihull approach uses a cascade model of training whereby practitioners having completed a two-day foundation training can train in specialist training, for example fostering, adoption and social training, ante natal training and trauma informed training. Practitioners can also train in a large variety of parenting groups using the Solihull approach, for example understanding your child groups, antenatal programmes and programmes specifically for foster carers. Solihull also provides a suite of online training parents can be guided through with a practitioner or complete on their own in their own time.

In 2024 the National Infant Mental Health Network working group published 'Frameworks for Foundation Level Infant & Early Childhood Mental Health Professional Development'. This framework outlines the importance of facilitating training to advance and embed the theory into practice following up on the National Healthy Childhood Programme IMH eLearning modules available on HSELand.

From a theoretical and practice perspective the Solihull Approach was identified as a suitable model, compatible with the Infant Mental Health masterclass training, to provide a foundation level training in IECMH and reflective practice.

There are three elements to this implementation across Ireland over the next 12 months:

- The roll out of the 2-day Solihull Approach Foundation course to staff across the early childhood workforce in Ireland through the training of foundation course trainers across the country. We are currently looking for facilitators for the two-day foundation course. If you work with infants, young children and families, have facilitation experience and have the capacity to deliver this training as part of your work role, please contact Debbie at the email address below to learn more.
- The second element involves the implementation of the Solihull Approach in supporting all families in Ireland, through access to a multiuser licence offering various

resources and online courses for families. This evidence-based, self-paced learning is available online anytime, anywhere, helping parents and caregivers understand brain development, emotional health, and fostering wellbeing.

 The third element involves training practitioners in Solihull Approach parenting courses. Solihull Approach Parenting Group Facilitators' Training prepares practitioners to effectively deliver the 10-week 'Understanding your child: from toddler to teenager' group for parents, the antenatal 'Understanding pregnancy, labour, birth and your baby', postnatal 'Understanding your baby', and Postnatal Plus groups.

Further Information on Facilitator Training : contact Debbie Scales at scalesdebbie@hotmail.com

- The <u>Expression of Interest Form</u> can be accessed here.
- The closing date for submitted EOIs is **27 June 2025**
- To read more about the Solihull Approach to infant mental health, access the <u>Solihull</u> <u>website</u> here.



Participants at the 2 Day "Solihull Approach to Infant Mental Health" Foundation training on 8 and 15 May 2025

PARENT SUPPORTS

"Pre-School to Primary School" Parents Sessions – National Parents Council



To access the <u>NPC website</u>, click here.

► National Parents Council (NPC) Resources

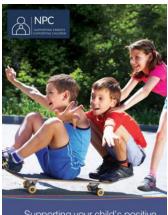
The NPC has published a wide range of resources and information leaflets. Some examples are outlined below. To access the full list of <u>NPC resources</u>, click here



Download <u>"Supporting Your Child's Positive Mental Health"</u>



Download <u>"Supporting Your Cild's Transition from Preschool to Primary School"</u>



Supporting your child's positive mental health & wellbeing

Download <u>"Supporting Your Childs Positive Mental Health and Wellbeing"</u>

▶ Requesting details of parenting initiatives taking place during July/August



An Roinn Leanaí, Míchumais agus Comhionannais Department of Children, Disability and Equality



Dear colleagues,

School's out for summer!

Yes, believe it or not, it's that time of year again and parents will no doubt be searching for information on parental supports along with events to keep their children active and entertained during the summer months. With this in mind, we welcome details of any parenting initiatives which will be taking place during July or August.

As with previous months, a selection of events will be promoted across DCEDIY social media channels to raise awareness among parents of the supports available to them in their locality. Details of upcoming events can be provided via a short survey by clicking <u>here</u>.

It would be appreciated if details of upcoming parenting initiatives could be provided by Friday 27 June to allow time for the DCEDIY Communications team to develop content for sharing across DCEDIY social channels.

You can check across DCEDIY social channels for your event and please feel free to like and share our social posts. We also encourage you to circulate this email to any service within your network that may have an upcoming parenting initiative which they wish to promote.

May we request that information on upcoming events is submitted through the survey link above. However, if you experience any issues using the survey or if you have any particular queries, please do not hesitate to email <u>parentingsupport@equality.gov.ie</u> for assistance.

We wish to sincerely thank you for your continued support of the Supporting Parents communications campaign.

Kind regards

The Parenting Support Policy Unit

FUNDING

"One World Week" Seed Fund



The NYCI 2025 <u>One World Week Seed Fund</u> applications in association with Irish Aid have launched! Applications are open from Tuesday 3rd June - Tuesday July 8th 5pm. The fund is an exciting opportunity for youth organisations to explore an aspect of the Sustainable Development Goals, and to connect young people's personal experiences with their local community and the wider world. Project implementation should take place between 12th August - 30th September 2025.

Successful applicants will receive a grant of **up to €400** and free **training** with the Youth 2030 expert team to support youth workers to deliver a **young person-centred project on issues relating to our global world**. <u>Video of some previous projects</u>. This funding is to support projects in the non-formal youth work education sector.

Deadline to apply: Tuesday July 8th 5pm All projects are to be **completed by 30th September 2025** You will hear the outcome within three weeks of application closing deadline.

All queries can be submitted to **<u>niamh@nyci.ie</u>**

Applications : Find out more and Apply Here



EVENTS

Wexford Disabled Persons Organisation Event

Wexford DPO is hosting an event on 25th June, from 11 a.m. to 2 p.m. at the Riverside Park Hotel in Enniscorthy — and you're invited!

The event is open to everyone — disabled and non-disabled — and it's a great chance to learn more about the work we're doing at Wexford DPO. Membership is open to disabled people aged 18+ who live in Wexford, and we'd love to welcome new faces.

Please come along if you can, and feel free to spread the word by sharing this on your social media or with anyone who might be interested. The more the merrier!

It'll be a relaxed afternoon where you can meet the team, hear about what we're working on, and find out how you can get involved. You'll also hear from:

- Peter Kearns ILMI's DPO Development Officer, about his work with local DPOs
- Paula Soraghan on her role as ILMI's Community Development Worker for the VOICE project
- Ruth Fitzmaurice Wexford DPO Chairperson, on what we've achieved so far and what's coming next

And of course - there'll be tea and coffee!

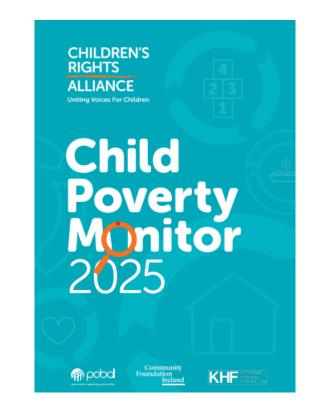
We would appreciate if you could reply to this email, <u>wexforddpo@gmail.com</u>, to let us know who is attending so that we can cater for everyone.

If you have any access or dietary needs, just let me know as soon as you can. And if you've any questions or need anything else, don't hesitate to reach out.

Hope to see you there!

PUBLICATIONS

Childrens Rights Alliance : Child Poverty Monitor



The 2025 Child Poverty Monitor is the fourth edition of this unique series of reports tracking Government progress on reducing the number of children experiencing poverty. The Child Poverty Monitor analyses the key drivers of child poverty, puts forward short and long-term recommendations to Government and showcases best practice solutions across a number of different thematic areas including early years, education, food poverty, income inadequacy, and child protection and welfare.

To access the 2025 Child Poverty Monitor, click here.