

Wexford CYPSC Newsletter

23 May 2025

For information on services and supports for children, young people and families see
<u>Wexford CYPSC</u>

For information on parenting supports and programmes, see <u>Wexford Parents Hub</u> or access on <u>Facebook</u>



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WEBINARS AND TRAINING

► Workshop "Exploring the Impact of Trauma on Parents When Faced with Separation" : June 11



The <u>Separation Network</u> are delighted to bring you information on our June half-day workshop with Margaruete Kirwan.

Margaruete has fifteen years' experience working with children and families. Margaruete holds a master's in human development and a Higher Diploma in Systemic Psychotherapy. This workshop is aimed at front line practitioners (including school staff, therapists, early years, youth workers, family support practitioners, helpline workers, Rainbows Facilitators, social workers, etc..) from across the country working to support children and parents post separation.

Workshop : Exploring the Impact of Trauma on Parents When Faced with Separation

Supporting best practice in our understanding of the impact of trauma when working with separated families, post separation.

Duration: Half Day on zoom

When: June 11th @ 9.30-1pm (1/2 hr break @ 11am)

Cost: €22.50

Book your place here: <u>https://www.eventbrite.ie/e/exploring-the-impact-of-trauma-on-parents-when-faced-with-separation-tickets-1365949364319?aff=oddtdtcreator</u>

► safeTALK Training : 28 May

safeTALK Wednesday May 28th 9.30 am to 1.00pm in Kilcannon Garden Centre, Old Dublin Road, Blackstoops Enniscorthy, Co. Wexford Y21 F5D7. For more information, please visit the links below.

To register your place now: https://bookwhen.com/sro/e/ev-s0yc-20250528093000

To learn about suicide prevention trainings from the HSE: <u>https://www.hse.ie/eng/services/list/4/mental-health-services/connecting-for-life/training/types-of-training/</u>

If you have any queries relating to training, please contact me on the numbers below.

Kind Regards,

Niamh O'Gorman

The HSE Regional Suicide Resource Office, Front Block, Waterford Residential Care Centre, St Patrick's Way, Waterford X91 KX25

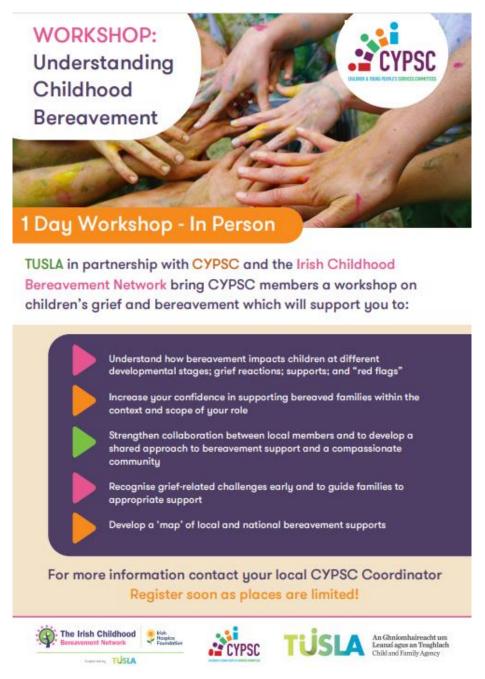
087 1800766 |051 874013 | www.connectingforlifesoutheast.ie

"Understanding Childhood Bereavement" Irish Childhood Bereavement Network Workshop : 16 June 2025

Date : Monday 16 June

Time : 9.30am – 4.30pm

Venue : Kilcannon Garden Centre, Old Dublin Road, Enniscorthy, Wexford, Y21 F5D7



REGISTRATION : This workshop is free to attend, but you must register in advance using this link : <u>Participant Registration Form</u>: <u>Understanding Childhood Bereavement Workshop</u>

Men's Health Week 2025 – Men's Health Webinar



You are invited to attend our upcoming webinar, <u>Men's Health Week 2025 – Men's Health</u> <u>Webinar</u>, which will mark the beginning of Men's Health Week, Monday, June 9th – Sunday June 15th.

Men's Health week is about shining a light on Men's Health and encouraging all men to think and talk about their health in a positive way. This year's theme "Shoulder to Shoulder -Connecting for Health" is all about the importance of connectivity and helping each other. Reminding everyone about the importance of not going it alone, that there are supports available and that it is important to take action. Be it, personal action relating to your own health or reaching out and connecting to a service or group to help in your journey towards maintaining both a heathier physical and mental lifestyle.

Hosted by Lorcan Brennan, Men's Development Network, featuring;

- Bernard Jackman Former Irish International and Leinster Rugby Player, Coach and Sports Commentator,
- Michael Darragh Macauley Former Dublin GAA Senior Football player, GAA/GPA Footballer of the Year and CEO Sanctuary Runners,
- Sean Blake living with anorexia,
- Joe Grogan BowelScreen champion.

Join us to hear some very engaging conversations, insights and advice from our guest. Register Here

► NALA Free Webinar : Top plain English tips for writing leaflets and publications : 20 June 2025



Join the National Adult Literacy Agency (NALA) on **20 June from 10:00am - 11:00am** for a **free** interactive online workshop for people working with members of the public. You will learn top tips on how to use plain English guidelines when writing for leaflets and publications.

Find out more and register This webinar is part of NALA's plain English top tips webinar series 2025.

Registration : To find more information and register, click here

CHILDREN AND YOUNG PEOPLE

Cruinniu na nÓg : A day of free creativity for children and young people

Ireland is the first, and only, country in the world to have a national day of free creativity for children and young people under 18. Cruinniú na nÓg is a flagship initiative of the Creative Ireland Programme's Creative Youth Plan to enable the creative potential of children and young people. The inaugural Cruinniú na nÓg took place on 23rd June 2018 and for the past number of years, including under exceptional circumstances in 2020, young people and families have come together to enjoy, a wide range of creative activities including workshops and tutorials to recitals and readings in every city, town and village across the country.

Delivered in partnership with the 31 Local Authorities and supported by RTÉ, you are invited to participate in a programme of fun, free, creative activities; from graffiti art workshops to stop-motion animation, to coding and architecture workshops.

Enniscorthy Library is celebrating this day of free creativity for young people by inviting you to take part in the following events:

Wet Wool Felting with Millie Case for ages 10-12 In-Person



Workshop exploring Wet Wool Felting

In this workshop, we will explore the basics of Wet Wool Felting, a creative process that uses water, soap, and wool to craft felted art. Together, we'll brainstorm unique project ideas, and by the end, you'll leave with your very own felted masterpiece.

Age group: 10-12

Book Here

Make Your Own Calm Down Bottle with Becky Lawlor for ages 3-5 In-Person



A fun, hands-on workshop to create tools for calm, focus, and big feelings.

Join us for a fun and relaxing session where you'll design your very own calm down bottle to take home! Guided by a play therapist, we'll explore how these magical bottles can help with big feelings and wobbly moments. This workshop is all about creativity, self-regulation, and having a useful tool to bring home.

Age group: 3-5

BOOK HERE

Shh! Let's Act! Inclusive Drama Workshop In-Person



Inclusive drama through music, masks, props and movement.

Join WACT youth theatre in your local library for a fun youth theatre workshop where we will create lots of drama without words. No experience necessary and comfy clothes advisable!

Age group: 5-8

BOOK HERE

Create and Animate - Stop-motion animation workshop for ages 8-10 In-Person



Stop-motion animation workshop with Shannon Jade Wilson

In this creative animation workshop, children will work in small groups to create their own short stop-motion films. Guided by artist Shannon Jade Wilson, participants will learn the basics of storytelling, character design, and animation using paper cut-outs, props, and the Stop Motion Studio app. This collaborative process allows children to express their identities, celebrate their communities, and bring their ideas to life through visual storytelling. The workshop culminates in a final showcase of each group's unique animation.

Age group: 8-10

BOOK HERE



A fun art experience, celebrating what connects us

Join Textile Waste Artist Lynn Haughton for a Giant Puzzle Workshop - a playful & inclusive creative workshop exploring connections through art. Using upcycled textiles, paints and imagination, participants will design their own giant puzzle piece which celebrates who they are. It's all about creative self-expression, community and coming together, discovering connections and celebrating how our differences make the bigger picture even better.

Age group: 10-12

BOOK HERE

SURVEYS

► Department of Children, Disability and Equality survey on speech, language and communication skills supports available to parents and Early Years Educators within non-clinical community-based settings for children aged 0-5 years

The Department of Children, Disability and Equality need your help to collate information on supports in non-clinical community-based settings that are currently available for parents and Early Years Educators of young children (aged 0-5 years old) in developing speech, language and communication skills.

Your input will give us vital information that can be used to assess needs, identify challenges, and provide better targeted interventions to support the language and communication skills of young children throughout the country.

Please click here to fill in our short survey and contribute to this important work.

Please share this survey with any relevant networks.

If you would like more information about the purpose of the survey or if you have any questions, please do not hesitate to send an email to <u>eyresearch@dcde.gov.ie</u>.

Many thanks for your assistance.

Kind regards

The Parenting Support Policy Unit

Healthy Ireland Framework and Action Plan Survey



Healthy Ireland is engaging with key stakeholders to gather insights into the positive outcomes achieved by the implementation of the Framework as well as identifying areas for improvement for consideration in the next policy development.

Published in 2013, the Healthy Ireland (HI): A Framework for Improved Health and Wellbeing 2013 – 2025 has the following vision:

"A Healthy Ireland, where everyone can enjoy physical and mental health and wellbeing to their full potential, where wellbeing is valued and supported at every level of society and is everyone's responsibility".

The Framework and associated Strategic Action Plan (2021-25) are now coming to the end of their intended cycle for implementation. In order to inform future policy development in the area of health promotion and population health, a review of the original Healthy Ireland Framework and associated Strategic Action Plan is now underway.

We would be grateful if you would complete the following survey, which takes less than 15 minutes, by no later than **26th of May 2025.**

https://www.smartsurvey.co.uk/s/Review HI Framework and Action Plan Survey/

We will use all the information we get to help identify the key challenges and the main actions to continue to work towards a Healthy Ireland. Your input would be greatly appreciated.

We would be grateful if you could forward the survey link to relevant colleagues for them to also complete the survey.

Health and Wellbeing Programme Department of Health Block 1 Miesian Plaza,50-58 Lower Baggot St., Dublin D02XWI4 An Roinn Slainte, Bloc 1 Meseach, 50-58 Sráid Bhagáoid iochtarach, Baile Atha Cliath D02XW14

FUNDING

► AIB Community €1 Million Fund



The AIB Community €1 Million Fund enables customers, the public and our employees to support the local charities that matter most to them, within their region. The Fund supports charities across six regions in Ireland, Northern Ireland & Great Britain.

AIB will once again allocate \notin 700,000 to charities chosen by its customers and the community, while \notin 300,000 will be donated to charities chosen by employees.

The 2025 AIB Community €1 Million Fund will open for nominations from 14 May for six weeks, closing on 25 June.

Click here to find out more about the <u>AIB Community €1 Million Fund</u> To <u>nominate a charity</u> for the fund, click here

Human Rights and Equality Grants Scheme – Closing June 4



Coimisiún na hÉireann um Chearta an Duine agus Comhionannas Irish Human Rights and Equality Commission

The Irish Human Rights and Equality Commission's 2025-26 Human Rights and Equality Grants Scheme is now open and accepting applications until **3pm, Wednesday 4 June 2025.**

The purpose of the grants scheme is to support projects by civil society and trade unions that promote human rights and equality. A total of €350,000 is available for projects.

Grants Scheme Strands

The 2025-26 Grants Scheme's themes are informed by the Commission's strategic priorities set out in its <u>Strategy Statement 2025-27</u>.

This year the Grants Scheme will support projects under the following strands:

- Strand A: Applying the Public Sector Equality and Human Rights Duty in combating disinformation, misinformation and hate, and building community solidarity and belonging.
- Strand B: Applying the Public Sector Equality and Human Rights Duty in challenging the structural causes of poverty, its impact on people and communities and the effectiveness of the State's responses.
- Strand C: Applying the Public Sector Equality and Human Rights Duty to ensure a human rights and equality approach to climate and environmental justice and a just transition.

Please see Guidance on Implementing the Public Sector Equality and Human Rights Duty.

Further Information : Click here to find out more about the <u>Human Rights and Equality</u> <u>Grants Scheme</u>