

Wexford CYPSC Newsletter

25 July 2025

For information on services and supports for children, young people and families see
[Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or
access on [Facebook](#)



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SURVEY

► Dept. of Justice Survey re: Development of Child Friendly Resources

– Invitation to Participate



The Department of Justice is currently developing child friendly resources to provide children and young people with information about the family justice process. To inform the development of these resources, they are consulting children and young people who have experience of family separation/divorce, access/custody arrangements etc.

As you are aware that it can be difficult to reach children and young people during the summer months. To address this, a brief, anonymous questionnaire aimed at gathering practitioners' insights on the types of questions children and young people might have when navigating the family justice system has been created. There is also the option to share examples of resources (weblinks or pdfs) that provide information on the family justice process (or other aspects of justice or the care system).

The survey should take between 10 and 15 minutes to complete.

We would really appreciate if you could share the survey link to services within the CYPSC network that provide support to children and families when they are going through parts of the family justice system.

<https://www.surveymonkey.com/r/FJsurvey>

(The survey will remain open until 1st August).

Kind regards,

June Anne Mc Kimm

Interim National Co-ordinator for Children and Young People's Services Committees

Commissioning Unit, Tusla Child and Family Agency



An Roinn Dlí agus Cirt
Department of Justice

PARENT SUPPORTS

► New 'Ask me Anything' Page at Belong To



We have launched the Belong To 'Ask me Anything' feature on our website, to answer all questions you might have, totally anonymously and free of charge – at any stage of your child's journey as a member of the LGBTQ+ community. We're here to help.

This is a free service for the parents and carers of LGBTQ+ young people.

We will read every question that is submitted here.

We will answer a selection of questions each week.

If selected, your question and answer will be visible here within two weeks of asking. Please check back in for your answer.

We won't publish any personal information from your message.

These questions are anonymous. We do not receive any information about the person submitting the question.

We will not be able to answer every question. If your question is not responded to, it is likely because a similar question has already been asked and answered. Please take some time to have a look at some of the questions and answers here. We hope they will be helpful to you.

If you would like to speak with a member of our team about a question, or you have a family support enquiry, please get in touch with us via [Family Support Service – Belong To – LGBTQ+ Youth Ireland](#) we are looking forward to hearing from you.



► Healthy Weight for your Child e-Booklets

Two e-Booklets are now available



1. [Healthy Weight for Children E-Booklet for Parents/Guardians](#) This e-booklet is for parents, guardians and families to access information as well as services and supports for healthy living for their children.



2. [Healthy Weight for Children E-booklet for Healthcare Professionals](#) This e-booklet is for healthcare professionals and all staff in the community and voluntary sector who work with children to provide information to support their role.

We all are aware that early intervention is key to making changes and helping families on this journey for healthy living. These will hopefully be a great addition for both healthcare professionals and families.

For any feedback on the e-booklets and suggestions on how parents, guardians and staff working with children would be most easily be able to access these resources, please email siobhan.sinnott@hse.ie

► Supporting Your Child's Positive Mental Health and Wellbeing in their Early Years



The first five years of your child's life are crucial for their long-term positive mental health. To help you create a nurturing environment, the National Parents Council (NPC), in partnership with St. Patrick's Mental Health Services, is offering **free online webinars** designed to empower parents with practical tools and advice.

Session Dates and Times:

- **Monday, 28th July:** 12pm or 7.30pm
- **Thursday, 31st July:** 12pm

What You'll Learn:

This programme provides valuable insights and strategies, including:

- How everyday life impacts your child's mental health.
- Helping your child manage emotions and cope with challenges.
- Building and nurturing a strong parent-child relationship.
- Supporting your child in developing resilience.
- Promoting children's rights for a mentally healthy life.
- Practical steps to implement the Five Ways to Wellbeing.

Session Details:

Each webinar lasts approximately **70 minutes** and includes an interactive Q&A, giving

you the opportunity to ask questions and receive tailored advice from our experienced facilitators.

How to Register:

To secure your spot, simply click the link below and choose your preferred date and time:

https://www.surveymonkey.com/r/Early_years_mental_health_July2025

[Register Here](https://www.surveymonkey.com/r/Early_years_mental_health_July2025)

Please note, spaces are limited and will be allocated on a first-come, first-served basis, so don't delay!

Let's work together to create a positive and supportive foundation for your child's future.

Warm regards,
National Parents Council

► Expanded safety advice on use of baby carriers and slings



Recently advice to parents has been expanded on the safe use of baby carriers and slings on the HSE's mychild.ie, following some high profile tragedies.

This important information is published on a new '[Baby carriers and sling safety](#)' page and is signposted to from other relevant pages.

Key advice for parents includes:

- **Carriers and slings can be helpful, but always follow safety advice**
- **Make sure it is safe for a baby's weight, age and developmental stage**
- **Babies with poor neck control or muscle tone**
- **Do not feed a baby in a carrier or sling**
- **Be aware of body heat**
- **Remove from carrier or sling for sleep**
- **Always follow the TICKS guidelines**

T - Tight enough to hug your baby close to you

Keep your baby high up and in an upright position with their head supported. Loose fabric may cause your baby to slump down. This could restrict their breathing.

I - In view at all times

Make sure your baby's face is not covered with fabric or your body. You should always be able to see your baby's face by glancing down.

C - Close enough to kiss

Your baby's head should be close to your chin. By tipping your head forward, you should be able to kiss your baby on the head or forehead.

K - Keep your baby's chin off their chest

Do this so they can breathe normally. Make sure there is always a space of at least a finger width under your baby's chin.

S - Supported back

In an upright carrier, your baby should be held comfortably close to you. This means their back is supported in its natural position and their tummy and chest are against you.

Other relevant links:

We have created links to the safety information from other relevant pages on the website. These pages include [skin-to-skin contact with newborns](#), [cot death](#) (sudden infant death syndrome or SIDS), [where your baby should sleep](#), [newborn breastfeeding routine](#), [breastfeeding in public](#) and [caring for older children when breastfeeding](#).

There is work ongoing on safe sleep and SIDS awareness and this information is being incorporated into that content.



LIBRARY EVENTS

► Wexford Library Events



Comhairle Contae Loch Garman
Wexford County Council

- **Wexford Library Junior Draughts Club, Wednesday, 23rd July, 3:30pm - 4:30pm.**
Come along to our Junior Draughts Club. Suitable for all player levels. Strictly for ages 8-12 yrs. Booking is essential as places are very limited.
- **Recycled Crafts with Emilie, Thursday, 24th July 11:00am - 11:45am.**
Join us in Wexford Library with your little ones for some recycled crafting with Emilie. This is a creative event for 3 to 5 year-olds and their adults. Children must be accompanied by an adult for the duration of the event. Booking is essential.
- **Solve the Library Mystery with Emilie, Friday, 25th July, 2:30pm - 3:30pm.**
Join us for an exciting and interactive event, "Solve the Library Mystery," where participants will step into the shoes of a detective and unravel a thrilling whodunit set in Wexford Library. Gather clues hidden among the bookshelves and decoding cryptic messages! This event is suitable for 7-12 year olds. Booking is essential.
- **Summer Stars Junior Chess Session, Saturday, 26th July, 3:00pm - 4:00pm.**
Come along to Wexford Library for a junior chess session. Players must be able to play a full game of chess to participate.
Strictly for ages 8-13 yrs. Booking is essential.
- **Local Authority Integration Team Meeting, Monday, 28th July, 2:00pm - 4:00pm.**
Drop-in Information Service for new residents of Wexford. Service provided by the Local Authorities Integration Team. For more information on this service, please contact the Local Authority Integration Team (LAIT) on integration@wexfordcoco.ie.
Drop in information service. No booking required.
- **Sensory Hour, Every Saturday from 4.00pm-5.00pm.**
Sensory Hour supports library users who have sensory, extra, and/or additional needs. It offers a calm and sensory family friendly environment.
- **Rhyme Time, every Wednesday, 11.00am-11:30am. Suitable for children aged 0–3 years.**

These fun, free and interactive Rhyme Time sessions are perfect for babies and toddlers. Children should be supervised at all times when visiting Wexford Library. No booking required.

- **Story Time every Saturday, 11.00am-11:30am, Suitable for children aged 3–7 years.**

Join us for Story Time in Wexford Library every Saturday morning. Children should be supervised at all times when visiting Wexford Library. No booking required.

- **Lego Free Play every Saturday from 11:00am - 3:00pm. Suitable for ages 5yrs+**
LEGO Free Play tables available on our Children's floor area from 11am to 3pm. Free to attend. LEGO will be made available for children and families to build their very own designs. Get Creative. Children should be supervised at all times when visiting Wexford Library. No Booking Required.

- **All events are FREE.** Wexford Public Libraries App. Access your library 24/7. Online resources include eBooks, eAudiobooks, eMagazines, eNewspapers, eComics & Graphic Novels, music, take eLearning or language courses, business, education, and research databases and more. Library membership is Free. If you would like more information or to book a place at any of our events, please contact Wexford Town Library 053 919 6760 or email wexfordlibrary@wexfordcoco.ie.

► Bunclody Library Events



Comhairle Contae Loch Garman
Wexford County Council

Summer Stars Colouring Station – every Monday in July, 2.00 to 5.00pm

Pop into the library for our fun Summer colouring station event. This is a fun activity for all the family to participate in. **No booking required.**

Creative Lego Play – every Tuesday in July, 2.00 to 5.00pm

Join us for Lego Free Play. We have Duplo and Lego to let the children's creativity shine. **No booking required.**

Kids' Board Games Afternoon – every Wednesday in July, 2.00 to 5.00pm

Pop into the library every Wednesday afternoon in July to play some of our favourite children's board games. This is a family event. **No need to book** – all welcome!

Summer Stars: Weekly Junior Book Club, every Friday in July, 3.00 to 4.00pm

Join us each week for a pop-up Junior Book Club for ages 9-12 years as part of our Summer Stars programme. Meet the librarians and talk about your favourite books or get recommendations for your summer of reading.

Summer Stars Crafternoon for ages 4 to 7 years – Thursday 24th July, 3.00 to 4.00pm

Join library staff for a special Summer Stars Crafternoon event. **Booking required**, book online at wexfordcoco.libcal.com or telephone 053 9375466.

Teddy Bears' Picnic Bedtime Storytime for ages 3 to 5 years – Thur 24th July, 7.00 to 8.00pm

Join us for a special Teddy Bears' Picnic Bedtime Stories event. Make sure and wear your favourite PJ's and bring along your favourite cuddly toy!

Children of all ages love bedtime stories. It's never too early to start reading to your child so why not pick up a book from your local library and start tonight!

No need to book - all welcome!

Summer Stars Storytime for ages 4-7 years – Sat 26th July, 11.00am to 12.00pm

No booking required.

Summer Stars Kids' Movie Afternoon for ages 7+ – Sat 26th July, 2.00 to 3.30pm

Join us for a fun children's movie, **no booking required.**

RESOURCES

► Resource to support people to understand the role of the President of Ireland

This is an excellent resource as presidential candidates are being declared, and for the presidential election campaign.

[The President of Ireland](#) is a clear and read-along book for anyone with literacy needs, language difficulties or anyone who wants some simple information and key facts on the role of the President of Ireland.



[The President of Ireland](#)

Read this free ebook by DALC. Find thousands of free educational ebooks for classroom use at read.bookcreator.com

read.bookcreator.com

This resource was created by DALC (Dublin Adult Learning Centre)

REPORTS

► Barnardos Cost of Living Report 2025



Barnardos children's charity has launched their Cost of Living – Impact on Children 2025 report. For the past four years Barnardos has been monitoring the impact of cost of living increases on families and children detailing the number of families who are cutting back and going without essentials, the impact it is having on their day to day lives and general quality of life and the worries they have for the future.

Barnardos commissioned Amárach Research to carry out a nationally representative survey with 1,000 parents/guardians with children aged under 18 in their care in May this year

Key findings by Amárach Research

- One in five families cut back on or went without heating (18%) and electricity (17%) over the past six months.
- More than two in five families going without or cutting down on basic essentials such as heating, electricity, food and medical appointments.
- One third of parents (32%) went into arrears on energy bills due to insufficient income.
- 19% of families had to cut back or go without food over the past six months.
- 40% of parents said they skipped meals or reduced portion size so their children would have enough to eat; 28% felt at some point they didn't have enough food to feed their children; 12% used a foodbank.

TENDERS

► Tender to Develop a Disability Pathways Resource for Children and Young People in Co. Wexford – closing 5 August



The [Wexford CYPSC](#) Disability Pathways Task Group would like to create a resource that documents the pathways to services and supports for disabled children & young people across health, social services and education. The target group is 0-17 years. This resource will be primarily targeted at parents and caregivers.

Wexford CYPSC is seeking a suitable consultant to develop the resource. The tender has been advertised on Activelink. The [link for the tender](#) is available here.

Time Frame : Wexford CYPSC requests that the resource developer be available to start as soon as possible and requests that tenderers specify their start and projected completion dates. The project must be completed by the end of November 2025.

Closing Date : Tenders must be submitted by 5pm on **Tuesday 5th August** to sheila.barrett@tusla.ie.

Full details are available on [Activelink here](#).

Please share this link with your contacts as appropriate.