

Wexford CYPSC Newsletter

28 February 2025

For information on services and supports for children, young people and families see <u>Wexford CYPSC</u>

For information on parenting supports and programmes, see <u>Wexford Parents Hub</u> or access on <u>Facebook</u>



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RESOURCES & PUBLICATIONS

Children & Young Persons Hub – launched by CSO

New CSO Children and Young Persons Hub provides an innovative, one-stop-shop for data exploring the lives of children and young people in Ireland.



The Central Statistics Office (CSO) has today (17 February 2025) launched a new platform for information on children and young people in Ireland. The Children and Young Persons Hub has been developed by the CSO to serve as a single source for key information on children and young people using the latest data from the CSO and other public service bodies. This is part of a series of hubs the CSO is developing to improve access to timely and important statistics across key policy areas.

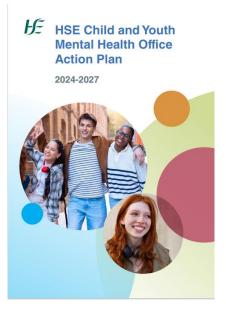
The new Children and Young Persons Hub provides a wide range of information, broken down into eight main themes: Population; Education; General Health; Mental Health; Activities; Relationships; Society, and Deprivation and Poverty.

This innovative one-stop-shop for data on children and young people in Ireland means users will be able to easily locate the most up-to-date information on subjects such as population projections; household compositions; health; education; activities; relationships; deprivation, and well-being indicators.

Watch a short introductory video about the Hub here

Access the Children & Young Persons Hub here

► HSE Child and Youth Mental Health Action Plan Published



The HSE Child and Youth Mental Health Office has published the Child and Youth Mental Health Action Plan 2024-2027 and this is now available <u>online</u>. Two reports from the Sharing the Vision Youth Mental Health Transitions Specialist Group are also available. These reports were among a number that informed the document.

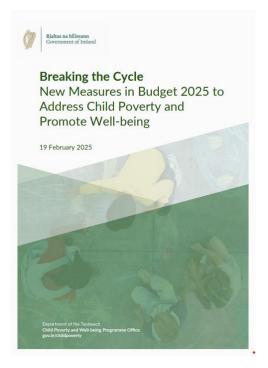
The Action Plan sets out our ambitious plan for comprehensive reform to achieve our vision for Child and Youth Mental Health Services in Ireland. We want to ensure that all children and young people in Ireland have the greatest chance to enjoy a healthy life and reach their full potential.

In addition to drawing together existing improvement initiatives, the Child and Youth Mental Health Office engaged extensively with key stakeholders in relation to this Action Plan. It is informed by consultations with children and young people who have accessed mental health services, and with parents. We also held consultations and engagements with representatives from mental health services, primary care and disabilities, the voluntary and community sector, as well as public bodies and regulators. We received extensive feedback which helped facilitate the development of this Action Plan and appreciate the input of all involved.

This Action Plan encapsulates our goal to redesign and deliver services which are safe, easy to access and offer appropriate support at all levels of need. The plan outlines actions over a three year period up to the end of 2027 and we acknowledge that in some cases full implementation of all included actions will take longer.

We thank you sincerely for your engagement to date and please do let us know if you have feedback or questions. You can email us at <u>youth.mentalhealth@hse.ie</u>. We look forward to providing further updates as the work progresses.

Breaking the Cycle of Poverty : New Measures in Budget 2025 to Address Child Poverty and Promote Well-Being



"Breaking the Cycle of Poverty" was published by the Dept of the Taoiseach on 19 February 2025. It describes the steps that will be taken through Budget 2025 to realise Government's goal of reducing child poverty.

This is the second cross-government report analysing increases in expenditure on child poverty measures in the Budget. Budget 2025 progress includes the largest ever single increase to the Child Support Payment, a payment which reaches families on the lowest incomes. Budget 2025 also extended the Free Schoolbooks Scheme to all post-primary students in the free education scheme, extended the School Meals Programme to all remaining primary schools, and provided additional funding for the Equal Start Programme (targeted supports in early learning and care settings for disadvantaged children).

The document is accessible <u>here</u>.

It also includes a child friendly summary on P. 4



WEBINARS & TRAINING

► Free Webinars in March - Supporting families receiving protection in Ireland - Barnardos

Unfortunately the likelihood of bereavement in a conflict and war context is very high.

We are really grateful to be part of a big community working to support people who are seeking refuge in Ireland, during this very difficult time in their lives and our world.

We are re-running some free live webinars – in case of any support to you or your colleagues:

Wed 5th March @ 1-2pm – A Mini Webinar focused on Ukraine

Culture & Context: Supporting bereaved Ukrainian families in Ireland - Barnardos

Tues 25th March @ 10am-1pm – A Training Webinar exploring the intersections of trauma and grief in the context of war and displacement

Chaos & Kaleidoscopes: Supporting bereaved families in the context of war and displacement - Barnardos

All are welcome as we explore what we are learning. We would love to learn from you, too!

Grateful to be working together in support of children and families,

Iryna Matuzova (Ukrainian Project Worker) and Colleen Brown (Project Coordinator)

bereavement@barnardos.ie

01 813 4100 (Dublin Centre)





PARENT SUPPORTS

Same Rules Apply : Safer Internet Campaign



We're delighted to share our <u>Same Rules Apply</u> campaign to support and help you guide your children to have safer experiences online. Supported by the HSE and Accenture, this campaign highlights the need to approach parenting our children online in the same way we approach parenting them offline.



Filled with practical tips and useful resources, it will help steer you in the right direction and give you confidence to support your children's online lives more effectively. The most important thing you can do as a parent to guide your child safely is to develop a strong relationship with them, make sure you listen, and have regular conversations about what is happening in their digital lives.

Remember, Online or Offline, SAME RULES APPLY.

FUNDING

Coco Cola Thank You Fund



Coca-Cola are partnering with the Irish Youth Foundation again this year to manage the 2025 **Coca-Cola Thank You Fund.** A fund of €200,000/£171,000 is available to community-based projects and programmes across Ireland and Northern Ireland that are focused on empowering young people aged 16-25 year under the following two focus areas:

- 1. Inclusion: Empowering young people through education and employability
- 2. Inspiration: Supporting young people to take positive action to create a better society.

The fund will offer grants of between €8,000 - €15,000. Click <u>here</u> for a copy of the fund criteria.

- More information about this fund can be found on the IYF website <u>https://iyf.ie/coca-cola-thank-you-fund-2025/</u>
- Applications for the fund must be made via our online grants portal <u>https://ivf.smartsimple.ie/s_Login.jsp</u>

I would be incredibly grateful if you would share this information with your network to ensure those who have a relevant programme have the opportunity to learn about the fund and submit an application. Feel free to share my contact information if anyone wants to get in touch to discuss the fund in more detail.

The closing date for this fund is Wednesday 26th March at midnight

If you have any questions at all, please don't hesitate to contact me directly.

Thank you so much in advance for your support!

Kindest Regards,

Aoibheann Murphy

Grants & Office Administrator Pronouns: she/they

Irish Youth Foundation, 16 Fitzwilliam Place, Dublin 2

Email: aoibheann@iyf.ie Phone: +353 85 727 5755

▶ RTÉ Toy Show Appeal Fund Opens for Applications until Friday 14 March



Denise Charlton, Chief Executive of Community Foundation Ireland; Kevin Bakhurst, Director General of RTÉ, and partners.

Community Foundation Ireland, as partner of the appeal is now inviting charities nationwide working with children to apply between now and Friday 14th March.

Applications are being invited under three strands reflecting some of the most important areas of need for children today.

- 1. Addressing Essential Needs ensures that children and young people have access to the essential items they need as well as high quality social and educational supports to help them thrive.
- 2. **Improving Wellbeing** is targeted at improving mental health by building resilience skills and coping mechanisms for the future.
- 3. **Creativity and Play** promotes fun, builds friendships and allows children to reach their creative potential.

To ensure that as many children as possible can benefit applications are being invited under two rounds covering organisations of different sizes and scope. A community grants round will provide grants of €10,000 - €20,000. An impact grants round will provide grants of €20,000 - €50,000.

Full application details : <u>click here</u>



Children's Promise Grant Scheme is now open for applications



All children are born with the potential to thrive and the 'Children's Promise' Grants Programme aims to support community-based organisations working to protect that potential and to support the wellbeing of their families.

The 'Children's Promise' Grants Programme is a funding programme within Katharine Howard Foundation (KHF). KHF focuses on prevention and early intervention initiatives, to support the best life outcomes for young children. This grants programme is a collaboration with Community Foundation Ireland and we are grateful for their support. In 2025, we are delighted to welcome the support of the Sunflower Charitable Foundation for the grants programme.

The 'Children's Promise' Grants Programme is a promise from KHF to provide financial and other supports to selected organisations, to support and develop the potential of the children engaged with the organisations.

The Programme aims to build on the powerful work taking place at community-level to address child poverty with a grants programme of €1,000,000 in financial and non-financial supports over the duration of the programme 2023-27.

The 2025 Grants Programme is now open, and organisations are invited to apply. The closing date for all applications is 20 March 2025 at 1pm.

For further information and to apply please visit our <u>website</u> here. All queries should be made by **email only** to info@khf.ie

Safefood: Community Food Initiatives Funding



Safefood is inviting applications for funding for its Community Food Initiatives programme 2025-28. The programme is funded by Safefood and administered by SECAD Partnership CLG.

Criteria To Apply

Organisations must:

- Be a community-led organisation with a legal status and appropriate governance structure
- Be experienced in the management of public funds which support social inclusion initiatives
- Currently employ and manage full time professionals with community development experience
- Have experience of working with target groups
- Be supporting other broader community initiatives through their work
- Provide supports across communities irrespective of age, race or creed

SECAD will hold an online information session on 19 March 2025 from 2.30 pm to 3.30 pm. Please email <u>sconroy@secad.ie</u> for details.

How to Apply

Please contact Sinéad Conroy at <u>sconroy@secad.ie</u> to receive the link to register and to make an online application.

You will also receive the Supporting Information document which contains:

- Full details of the funding available
- Booklets containing case studies, including community event and small projects, from Safefood Community Food Initiatives during 2016-2021.

The closing date for funding applications is **21 March 2025**.

If you have any queries about the funding or completing the application form, please contact Sinéad Conroy at:

E: <u>sconroy@secad.ie</u> M: +353 (0)87 354 3606

COMMUNITY SUPPORTS & EVENTS

► Wexford Women's Refuge : International Women's Day Breakfast Event 7th March 2025

> You are invited to Join us to celebrate International Women's Day Friday 7th March

Wexford Women's Refuge

🌸 Join us for our Breakfast Event to celebrate International Women's Day

Be part of this engaging morning of connection, inspiration, and delicious food.

Suest speakers to be announced stay tuned

Tine: 9:00 am - 12:00 pm Tickets €25pp

> #accelerateaction #iwd2025events



To secure your spot and join us scan the QR code to purchase tickets

#accelerateaction #iwd2025events

Register on Event Brite here

► Warmer Homes Scheme Community Information Evening 4th March, Templeshannon Community Centre

Interested in a fully funded home energy upgrade?



Sustainable Enniscorthy invites you to an information evening to find out more!!

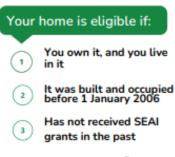


Templeshannon Community Centre Tuesday 4th March at 7pm

* You may qualify if you receive any of the following Social Welfare Payments:

- Fuel Allowance as part of the National Fuel Scheme;
- Job Seekers Allowance for over six months and have a child under seven years of age;
- Working Family Payment;
- One-Parent Family Payment;
- Domiciliary Care Allowance;
- Carer's Allowance and live with the person you are caring for;
- Disability Allowance for over 6 months and you have a child under seven years of age





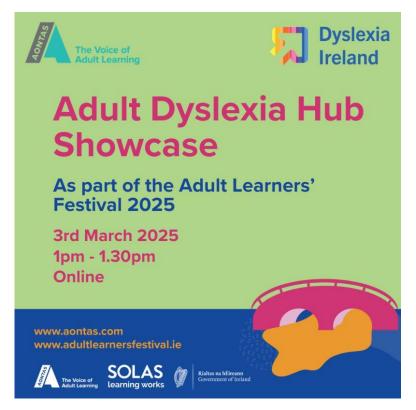


► Help Hub Ferndale - Wednesdays 10am - 1pm

The Help Hub, which will be located at FAB Child and Family Project, will be open <u>Wednesdays</u> <u>10am - 1pm</u>, starting from 26th February.



Adult Dyslexia Hub : Online Event 3 March



As part of the <u>AONTAS</u>, the National Adult Learning Organisation Adult Learners' Festival 2025 **Dyslexia Ireland** will be showcasing its Adult Dyslexia Hub online on the 3rd March 2025.

As part of the Aontas Adult Learners' Festival 2025 we will be showcasing our Adult Dyslexia Hub, which is a platform that has been developed by Dyslexia Ireland to provide information and learning support for dyslexic adults. We will exhibit some of the content available in the different sections of the hub, which are: Understanding, Education, Workplace, Literacy and Voices of Dyslexia.

Attendees could include dyslexic adult learners as well as those who work with dyslexic learners in adult, further and/or higher education.

Register now to attend.

"Adolescence & Beyond" Conference 2025



Speakers

- Dr. Richard Hogan Family Therapist & Author of Home: Where the Start Is
- **Dr. Joanna Fortune** Psychotherapist, Author (*15-Minute Parenting* series & *Why We Play*), Parenting Consultant (Newstalk FM, Irish Examiner)
- Dr. Malie Coyne Clinical Psychologist, Best-Selling Author of Love In, Love Out
- Dr. Mary O'Kane Psychology & Early Childhood Studies Lecturer, Author Perfectly Imperfect Parenting & Anxious Children in an Anxious World
- Stella O'Malley Psychotherapist, Author of What Your Teen is Trying to Tell You
- Adam Harris CEO of AsIAm, Ireland's National Autism Charity

Don't miss this opportunity to gain fresh perspectives and practical tools for working with adolescents, young adults, and their families.

Tickets & Details: For further details and advice on how to book click here.