

## Wexford CYPSC Newsletter

11 April 2025

For information on services and supports for children, young people and families see

[Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or  
access on [Facebook](#)



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## WEBINARS & TRAINING

► **Literacy Awareness Training : Tuesday 29 April 2025 : Places remain but the EOI must be submitted**



The “Learning and Development Sub Group” of Wexford CYPSC in association with the WWETB Adult Literacy for Life (ALL) Coalition, invites expressions of interest to participate in the following workshop.

### Literacy Awareness Workshop

**Location :** Conference Room, WWETB College of Further Education and Training, Whitemill Industrial Estate, Wexford, Y35 XR22

**Date :** Tuesday, 29 April 2025

**Time :** 9.30am-10am      Tea / Coffee

                         10am-12.30pm      Workshop

**Further Details :** Please see attached [information poster](#) for further details.

Expressions of Interest will be reviewed, and your place will be confirmed by email.

**Expression of Interest (EOI) :** Submit your expression of interest by [clicking here](#).

Last date for receipt of EOIs: **5pm Tuesday 22 April**

You can find out more about the [ALL Strategy here](#).

Kind Regards,

Sheila Barrett (CYPSC Co-ordinator) & Edel Finan (Regional Literacy Co-ordinator, WWETB / ALL)

## ► National Learning Network Open Day : April 30 2025

Join us at National Learning Network (NLN) Wexford on **Wednesday, April 30th, from 11 am to 1 pm** for our National Open Day.

To coincide with World Autism Awareness month, NLN training centres nationwide are hosting a **National Open Day**. NLN has a large autistic community, with almost 40% of the student population identifying as autistic. Learn how we're breaking down barriers to employment and providing tailored support for all individuals.

**Location:** The Faythe, Wexford.

Feel free to share this invitation.

If you would like further information, please don't hesitate to contact me directly.

Regards,

*Vivienne Brady*

*Centre Manager, Wexford  
National Learning Network, part of The Rehab Group  
E: [vivienne.brady@nlm.ie](mailto:vivienne.brady@nlm.ie)  
Mob: (087) 4145495*



The leaflet features a blue and purple color scheme. At the top, the NLN logo is displayed with the tagline 'Think Possible'. The main title 'Nationwide Open Day' is in a large, bold, white font on a dark blue background. Below this, the date and time 'Wednesday 30th April 2025 11am - 1pm' are clearly stated. A small text box describes the offer: 'We offer a range of free, supportive, person-centred training courses in an inclusive environment to help you get a job or go on to further or higher education'. A photo shows two young men working on a craft project. To the right, a 'Contact us:' section lists various ways to reach NLN, including phone, email, and social media. At the bottom, logos for partner organizations like etbi and the Department of Education are shown.

National Learning Network  
Think Possible

**Nationwide Open Day**

**Wednesday 30th April 2025**  
**11am - 1pm**

We offer a range of free, supportive, person-centred training courses in an inclusive environment to help you get a job or go on to further or higher education

**Contact us:**

- Over 30 locations across Ireland
- 01 205 7200
- [info@nlm.ie](mailto:info@nlm.ie)
- @NLNIreland
- [www.nlm.ie](http://www.nlm.ie)

Join us for our open day, tour our centre, and meet our students and staff

etbi  
Department of Education

Access the [Open Day Leaflet](#) here

## PARENTING

### ► "Supporting Parents to Support their Children's Health and Well Being"

This online session by NPC in conjunction with St. Patrick's Mental Health Services can be viewed at any time that suits you.



This programme supports parents to encourage and promote positive mental health and wellbeing in their children. The programme also explores how the building of resilience in children helps them to manage and cope with the day to day stresses of life as they occur.

**Click here to access** [Supporting Parents to Support their Children's Health and Well Being](#)

### ► "Internet Safety for Parents"

Parents often admire how easily their children can use the Internet but aren't quite sure of what they are doing or seeing. Parents will be introduced to strategies to help their children be responsible, effective and safer Internet users. This session also looks at cyber bullying.



As parents, it is vital to have good, open communication with your child about their internet lives. Like all other aspects of their lives. We need to talk to our children about the potential dangers that they may come across online as well as the many benefits they will find.

Setting rules and boundaries around children's Internet usage is an important aspect of keeping them safe online.

**Click here to access** ["Internet Safety for Parents"](#)



**Note :** "Webwise" has developed a list of a list of [internet safety resources and guides](#) for parents that can be accessed here.

### ► "Learning at Home for Early Years"

As your child develops and grows most of their learning happens at home. You are the primary educator and the main role model for your child. Your attitudes about education and learning can inspire them to take charge of their own educational journey.



You make a real difference to your child's learning outcomes. Your child receives support with their learning from you and often you provide this support at home without even realising it.

**Click here to access** ["Learning at Home for Early Years"](#)

## ► "Supporting Your Child to Build Healthy Friendships and Relationships"

This session explores what Relationships and Sexuality Education (RSE) means to you as a parent. It looks at the aims of the RSE Programme and outlines the Social, Personal and Health Education (SPHE) curriculum and how your child is taught in school.



Some of the topics covered in the training are:

- Active listening
- Picking good times to talk to your child
- How the school supports your child to build healthy friendships and relationships
- The aims of the Relationships and Sexuality Education in school
- Relationships and Sexuality Education and Special Education needs in school
- Creating a caring and strong relationship with your child

Following this session you may be interested in organising a Parenting: Supporting your child to build **healthy friendships and relationships** training session in your school. For more information [click here](#)

This programme is funded by the Sexual Health Crisis Pregnancy Programme

**Click here to access** ["Supporting Your Child to Build Healthy Friendships and Relationships"](#)



## YOUNG PEOPLE

### ► Women's Aid launches "Too Into You" podcast to help young people recognise healthy love and red flags



Women's Aid has launched the "Too Into You" podcast, aimed at empowering young people to identify healthy relationships, and spot the red flags of abuse.

With 1 in 5 young women in Ireland experiencing abuse from a current or former partner, there is an urgent need for clear, supportive conversations about what constitutes healthy love and what crosses the line into control and abuse.

The Too Into You relationship quiz was taken by almost 20,000 people in 2024, which clearly shows that young people in Ireland are increasingly concerned about the health of their relationships.



Episodes of the Too Into You podcast will explore topics ranging from coercive control and emotional abuse to understanding what genuine, respectful love should feel like.

The series will feature candid discussions with experts, as well as personal narratives from influential voices such as content creator Keelin Moncrieff and survivors like Jody Duggan, who shares her very personal and inspirational story.

The Women's Aid's Too Into You Project is a national initiative dedicated to teaching young people the difference between healthy and unhealthy relationships. This critical work equips young people with the knowledge to identify red flags, set healthy boundaries, and find support when they need it through Women's Aid's dedicated website for young people, [toointoyou.ie](https://toointoyou.ie).

The Too Into You podcast is available now [here](#) and on all major platforms, including Spotify and Apple Podcasts. Women's Aid invites everyone to listen, share, and join the conversation on building relationships that empower rather than control.



## LITERACY

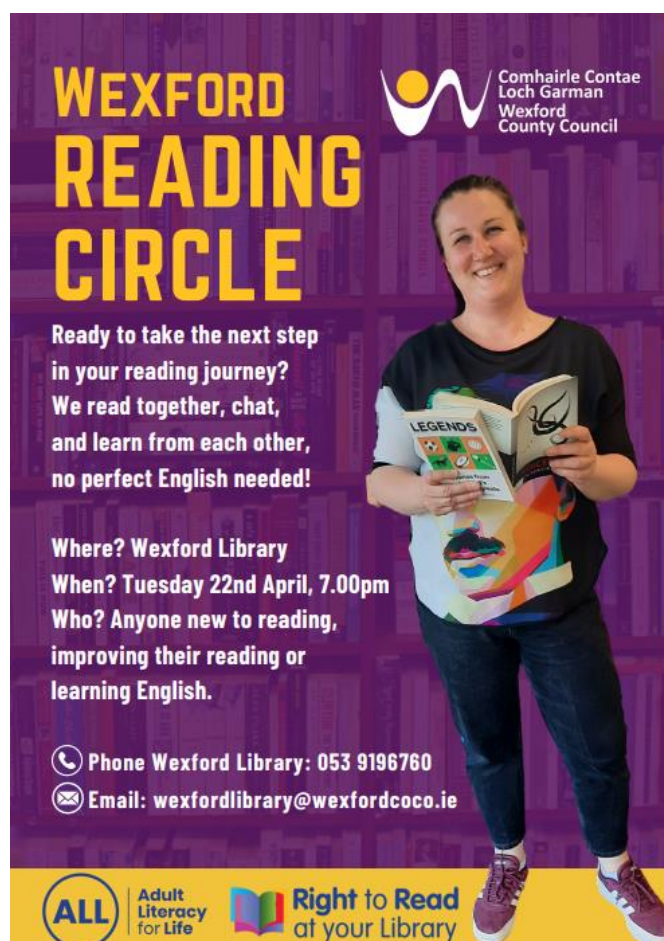
### Wexford Reading Circle : Improve your reading skills with Wexford Town Library's Adult Reading Circle!

Please share, promote and encourage individuals to take up this opportunity available in **Wexford Town library** to develop reading skills in a friendly and supportive environment.

If you have clients / learners / service users / friends that would benefit, why not go with them for the first week to support and empower them to join the group! Sometimes all we need is that helping hand of encouragement.

**When:** Tuesday Evenings at 7 pm

**Where:** Wexford Town Library


A vertical poster for the Wexford Reading Circle. The background is purple with a faint pattern of book spines. On the right, a woman with dark hair, wearing a black t-shirt and dark trousers, is smiling and holding an open book titled 'LEGENDS'. The text on the left is in white and yellow. At the top right is the Wexford County Council logo. At the bottom are logos for 'ALL Adult Literacy for Life' and 'Right to Read at your Library'.

**WEXFORD  
READING  
CIRCLE**

Ready to take the next step  
in your reading journey?  
We read together, chat,  
and learn from each other,  
no perfect English needed!

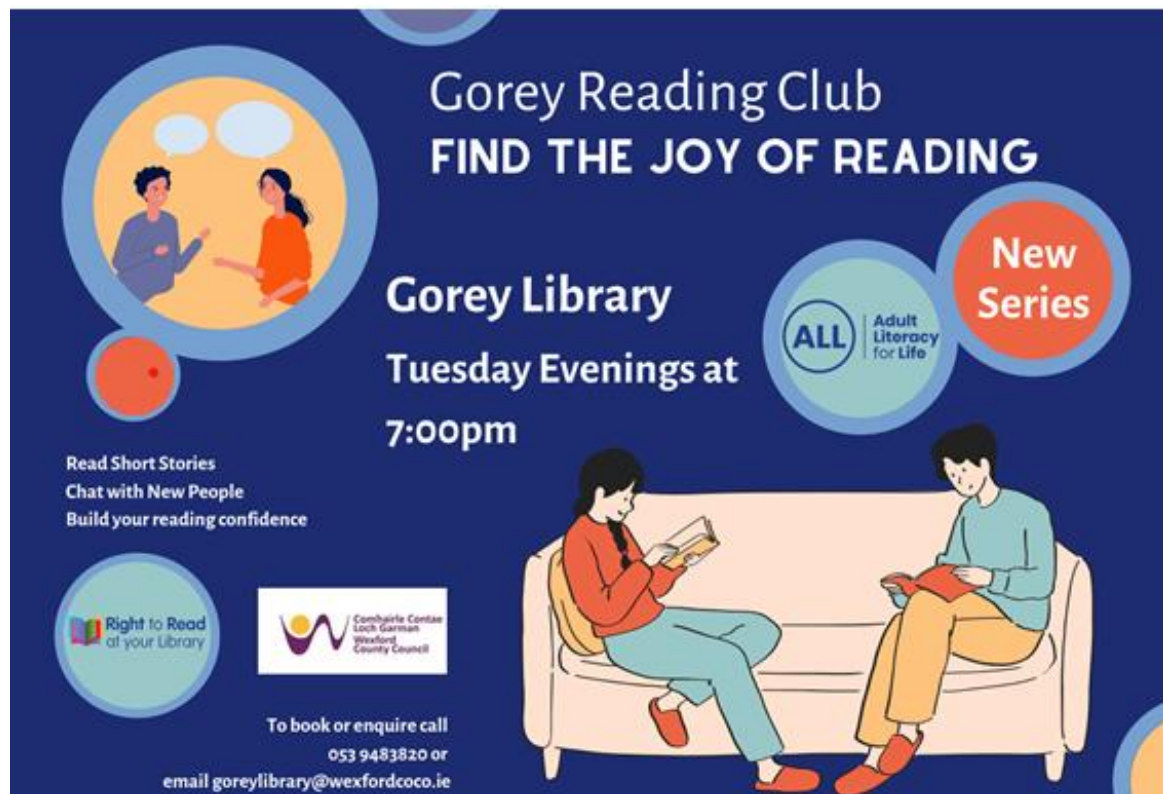
Where? Wexford Library  
When? Tuesday 22nd April, 7.00pm  
Who? Anyone new to reading,  
improving their reading or  
learning English.

☎ Phone Wexford Library: 053 9196760  
✉ Email: [wexfordlibrary@wexfordcoco.ie](mailto:wexfordlibrary@wexfordcoco.ie)

**ALL** Adult Literacy for Life  **Right to Read**  
at your Library

Comhairle Contae  
Loch Garman  
Wexford  
County Council

► **Adult Reading Club - Gorey Library - Tuesdays at 7pm : A great opportunity to build your reading confidence!**



Please share, promote and encourage individuals to take up this opportunity available in Gorey library to develop reading skills in a friendly and supportive environment.

If you have clients / learners / service users that would benefit, why not go with them for the first week to support and empower them to join the group! Sometimes all we need is that help hand of encouragement

When: Tuesday Evenings at 7 pm

Where: Gorey Library

Kind Regards

**Edel Finan | Edel Ní Fhionnáin**

Regional Literacy Coordinator, **WWETB and Adult Literacy for Life** | Comhordaitheoir Réigiúnach Litearthachta

## EXPRESSIONS OF INTEREST & VOLUNTEERING

### ► Expression of Interest for Young Ireland Advisory Council Chair



An Roinn Leanaí, Comhionannais,  
Míchumais, Lánpháirtíochta agus Óige  
Department of Children, Equality,  
Disability, Integration and Youth

The Minister for Children, Equality, Disability, Integration and Youth is seeking to appoint one suitably qualified candidate as Chairperson to the Young Ireland Advisory Council.

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#### Essential criteria for appointment

Expressions of interest are invited from applicants who consider they possess the following experience, at an appropriately senior level;

- Experience in chairing boards, public policy multi-stakeholder advisory groups, governance taskforces, or equivalent at a senior level;
- Awareness of children and young people's policy and programmes currently offered in Ireland and of children's rights more broadly;
- Ability to bring relevant knowledge, skills and experience to the Council and contribute to the provision of independent, high quality and well considered advice to the Minister for Children, Equality, Disability, Integration and Youth, DCEDIY, and the Children and Young People's Policy Forum;
- Leadership experience with a diverse range of stakeholders, including young people;
- Capacity to represent and present on behalf of the Young Ireland Advisory Council in public fora and at public events;
- Familiarity with the Code of Practice for the Governance of State Bodies, which provides a framework for the application of best practice, while noting that the Advisory Council is not a State Board; and
- Ability to work within the time constraints of the Council while keeping sufficient focus on priorities.

**More information about this role and how to submit an Expression of Interest can be found [here](#).**

## ► Volunteer with HUGG (Healing Untold Grief Groups)



Can you help others who have also been bereaved by suicide? After a death by suicide those left behind often carry unanswered questions, stigma, self-isolation and blame, in addition to the trauma of losing their loved one. Connecting and being among others who understand this grief can be lifesaving.

Our volunteers are the reason we can provide the work that we do – and if now feels like the right time for you to join us in our mission to provide hope after suicide, we would love to welcome you into our incredible team of volunteers.

There are opportunities to join our team of volunteers as either a HUGG Champion or a HUGG Support Group Facilitator.



**Have you been bereaved by suicide?**

You are welcome to join one of our  
HUGG Suicide Bereavement Support Groups  
Every second Tuesday 7:30pm - 9:30pm  
In person or online.

Our groups are free and led by volunteers who have  
been bereaved by suicide.

**Volunteering with HUGG**

If you're further along in your bereavement journey, you  
may want to consider volunteering with us to become a  
support group facilitator.

**To learn more about our support groups or  
volunteering, please visit our website or give us a call.**

 [www.hugg.ie](http://www.hugg.ie)  01 513 4048  
(monitored answering machine)

   @HUGGIreland



CHY No. 22421. Registered Charity No. 20204480. Company Registration No. 640420

Click here for more information on [Volunteering With HUGG](#)