

## **Wexford CYPSC Newsletter**

25 April 2025

For information on services and supports for children, young people and families see

Wexford CYPSC

For information on parenting supports and programmes, see <u>Wexford Parents Hub</u> or access on <u>Facebook</u>



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#### **WEBINARS & TRAINING**

## ► Recovery College South East



We are delighted to let you know about our upcoming Spring/Summer 2025 Workshops.

In this regard, we have attached our timetables for April to June 2025, together with an enrolment form and a brief description of the workshops for your information.

Please note that we do not have the online option available at the moment - all our workshops are in-house for this semester.

Click here to access the Wexford Timetable April – June

If you are interested in taking part in any of these sessions, please complete the enrolment form and return it to us by email or contact us by phone to enrol. Our contact details are as follows:-

Email: enrolrecoverycollegesoutheast@gmail.com

Phone: 086 1746330

The courses/workshops in the Recovery College are for everyone, as mental health is everyone's business and are free. We are all directly or indirectly affected by it and particularly in these challenging times.

We look forward to hearing from you.

Kind Regards

The Recovery College Southeast

Mental Health Engagement and Recovery, Mental Health Services, South East Community Health Care,

#### ► Men's Health Week 2025 – How You Can Get Involved



Are you interested in doing something practical to mark Men's Health Week 2025 on the island of Ireland? This free webinar is for partners, stakeholders and supporters of Men's Health Week and those wishing to get involved, it takes place from Noon - 1.00pm, on Wednesday 30 April 2025. Register here.

Speakers include:

- Brian Samson, Head of Health Promotion, ESB
- John Collins, Men's Health Worker, Pavee Point
- Greg Clarke, Health Promotion and Improvement Officer, HSE Community Services Cavan Donegal Leitrim Monaghan Sligo
- Rachel Macauley, Sports Development Officer, Limerick Sports Partnership

Regards,

#### **Fergal Fox**

Ceannasaí Rannpháirtíocht agus Cumarsáid le Geallsealbhóirí | Head of Stakeholder Engagement and Communications ► Voter Education Programme, DALC (Dublin Adult Learning Centre)

# Active Citizenship Voter Education Programme



Train the Tutor Workshops

Would you like to participate in our course about voting and thinking about your election issues before deciding how to use your vote?

This course is informative, enjoyable and participative.

You can learn to deliver it with your own groups.

#### Where?

DALC, 3 Mountjoy Square, Dublin 1, D01 H426

#### When?

Tuesday 6th May 6.30-9pm Tuesday 13th May 6.30-9pm Tuesday 20th May 6.30-9pm Saturday 24th May 10-4pm

YOU MUST ATTEND ALL SESSIONS

Tea/Coffee & will be provided

Email: vote@dalc.ie

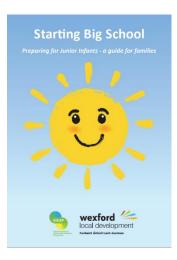




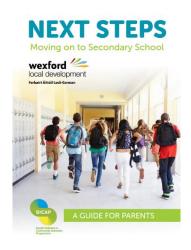
## **SCHOOL SUPPORTS**

## ► Starting Big School and Moving on to Secondary School

Every September thousands of children in county Wexford make the big transition from preschool to Junior Infants, starting 'big school' for the first time. To help parents and families prepare for this big milestone Wexford Local Development has produced 'Starting Big School' a simple booklet with lots of information on what to expect and how to help prepare your child for this exciting time. The booklet is available online at this link <a href="Starting Big School">Starting Big School</a> or paper copies can be ordered free of charge by emailing <a href="documents-docu



Whilst some children are starting Junior Infants another group in 6<sup>th</sup> class is preparing to leave primary school behind and move on to post-primary education. 'Next Steps – Moving on to Secondary School' is a simple guide to help parents and families prepare for this big change. Copies are available in many Primary Schools and can also be viewed online at this link Moving on to Secondary School. If you'd like to receive paper copies, please email ddooolan@wld.ie



#### **SEMINARS & EVENTS**

#### ► NVR Ireland Free Online Seminar





The NVR Ireland committee in partnership with Dun Laoghaire Rathdown (DLR) Children and Young People's Services Committee (CYPSC) are delighted to invite you to a free online webinar. The presenters are as follows:

**Dr Declan Coogan** – Director, Master of Arts in Social Work Programme, University of Galway and Systemic Family Therapist

Eileen Lauster - PhD Candidate, University of Durham

Paula Leonard - CEO, Alcohol Forum Ireland

Hannaleena Ahonen - Fostering Team Leader, Tusla

Andrew Pirie - Social Care Leader, Tusla

Rachel Fitzmaurice – Senior Social Work Practitioner, Springboard Family Support Project, Tusla

**Eoin Connolly Gorman** – Service Manager (Social Work), RISE Mutual CIC, London

This webinar is for parents and professionals. The webinar will include presentations on several themes – the views of NVR Practitioners, NVR with Families affected by Drug and Alcohol Misuse, NVR with Foster Carers and NVR with Family Violence.

PLEASE REGISTER HERE

NVR Ireland – Addressing child to parent violence and abuse in Ireland

Children and Young People's Services Committees (CYPSC) - Interagency Working in Ireland

Registration: Click here to register

#### ► FASD (Foetal Alcohol Syndrome Disorder) in Ireland – National Conference



Limited spaces are still available for FASD in Ireland – our first National Conference from FASD Ireland. The event takes place on Thursday 22 May in Hotel Woodstock, Ennis, County Clare.

FASD Ireland is one of the first organisations of its kind in the country, providing awareness, education and support with Foetal Alcohol Spectrum Disorder. Our organisation exists to support everyone with a connection (whether diagnosed or not) to FASD, and we provide a supportive environment for this to happen.

Foetal Alcohol Spectrum Disorder (FASD) results when prenatal alcohol exposure affects the developing brain and body. FASD is a spectrum. Each person with FASD is affected differently. While any of 428 recognised conditions can co-occur, FASD is at its core a lifelong neuro-developmental condition. All people with FASD have many strengths. Early diagnosis and appropriate support are essential, *especially* for executive functioning.

We are also delighted to announce that CPD Points are available for this event – if you have already registered and would like to add on CPD Accreditation please visit our Eventbrite page via <a href="https://www.fasdireland.ie/conference">www.fasdireland.ie/conference</a> to add on the CPD Package.

We have seen a fantastic uptake in registrations and anticipate a full house on the day of people who are keen to hear more about FASD as a condition and the work being carried out to support people living with (or suspected of living with) FASD in Ireland today.





# INTRODUCTION TO FOETAL ALCOHOL SPECTRUM DISORDER (FASD)

SUITABLE FOR PARENTS, CARERS AND PROFESSIONALS WORKING WITH PEOPLE LIVING WITH OR SUSPECTED TO BE LIVING WITH FASD.



**Registration**: Click here to register for the workshop above

#### **FUNDING**

## ► Fund to Help Bridge the Digital Divide for Older Adults in Ireland



Rethink Ireland and Vodafone Foundation Launch €540,000 Fund to Help Bridge the Digital Divide for Older Adults in Ireland.

A #Community and #Voluntary organisation funding opportunity for #DigitalLiteracy projects particularly aimed at older adults is now open.

Here is the link to the Press Release with more information: Rethink Ireland and Vodafone Foundation Launch €540,000 Fund to Help Bridge the Digital Divide for Older Adults in Ireland - Rethink Ireland

Nearly half (46%) of people aged over 75 years have never used the internet, according to the CSO (2021). Having digital literacy can increase independence, confidence and connections and promote the physical & mental wellbeing of older adults.

This two-year fund will support five innovative organisations that are providing services for older adults aged 65 and above to develop essential digital skills. Applications for the fund are open from today (14 April) and close on 23 May 2025. Applications can be made <u>here</u>.