



Wexford CYPSC Newsletter

February 14th 2025

For information on services and supports for children, young people and families see

[Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or

access on [Facebook](#)



CONTENTS

Webinars, Training and Conferences

P.3 : ENGAGE Training March 4

P.4 : FASD (Foetal Alcohol Syndrome Disorder) Conference May 22

P.6 : Dyslexia Ireland showcasing its Adult Dyslexia Hub

Parenting Supports

P.7 : “Same Rules Apply” Digital Parenting Campaign

P.8 : Free Online Webinars – Supporting Your Child’s Mental Health & Wellbeing - NPC

Campaigns

P. 10 : “Not Around Us” – Healthy Wexford

Funding

P.11 : Children’s Promise Grants Programme

Children and Young People

P. 12 : Children’s Rights Alliance : Invitation: Online Launch - Report Card 2025

WEBINARS & TRAINING

► ENGAGE Training March 4th

You are invited to apply for a place on ...



Connecting with Men

Date: Tuesday 4th March 2025

Time: 9.15am – 4.30pm

Venue: Kilcannon Garden Centre, Old Dublin Road, Enniscorthy, Co. Wexford - Y21 F5D7

A one day training course for health professionals and community workers who work with men

Aim of the Workshop

The aim of this workshop is to assist a broad range of practitioners and service providers to explore the world of males, and to develop practical strategies for effectively engaging with them around health and wellbeing issues. It focuses on the engagement process (i.e. **WHY** and **HOW** to build relationships with men) rather than offering a new or revised health programme (i.e. **WHAT** to offer them).

Objectives of Workshop

The key objectives for this workshop are to:

- Reflect upon how to create a 'safe space' for working with men.
- Gain a common understanding of what men's health is and why it is important.
- Explore how gender influences the values and attitudes that men develop in relation to their health, and how this influences their health behaviours.
- Identify some of the determinants that shape health outcomes for men.
- Reflect on participants' own value base, experience, skills, attitudes towards and expectations of men.
- Explore what a 'male friendly' health programme or service looks like in practice.
- Signpost participants to further sources of help, advice, guidance and support.

Who Should Attend?

This workshop will be of interest to a broad range of service providers and practitioners who wish to connect in more meaningful ways with men.

Cost

The 'Connecting with Men' workshop is free for all participants.

To Apply

To apply for a place on this workshop, please follow the link below:

<https://bookwhen.com/southeasttraining/e/ev-sInp-20250304211500>

Further Information

For further information contact Colm O'Connor (colm.oconnor@hse.ie) / Sean Davitt (sean.davitt@hse.ie)



Access the [ENGAGE poster](#) here.

► FASD (Foetal Alcohol Syndrome Disorder) Conference



FASD in Ireland

Thursday 22 May, Hotel Woodstock, Shanaway Road, Ennis, County Clare.

9:45am – 4:00pm

Our first ever FASD Conference in Ireland - "FASD in Ireland" will bring together parents, carers and professionals under one roof to hear from respected speakers who are working hard to develop services and supports for people who are living with FASD in Ireland.

The day will run from 9:45am until 4:00pm (registration opens at 09:00) with plenty of time for networking with likeminded delegates, you will also be able to talk with other agencies who will be present in our exhibitor space.

Our speakers are confirmed and include:

- **Dr Jolanta Burke**, Chartered Psychologist specialising in Positive Psychology and Health from Royal College for Surgeons Ireland.
- **Professor Raja Mukherjee**, Adult Learning Disability Consultant Psychiatrist for Surrey and Border's Partnership NHS Foundation Trust in the UK
- **Professor Farhana Sharif**, Consultant Paediatrician with a special interest in Developmental Paediatrics at Mullingar Regional Hospital, Ireland.

The day will also include opportunities to attend relevant breakout sessions, engage with panel discussions.

Research in Ireland – Panel discussion

We are delighted to be hosting a number of researchers from Universities and Institutions across Ireland who have been working on research into Foetal Alcohol Spectrum Disorder.

We will discuss some of the research that has been published, research currently in the works and of course research for the future.

Ireland is one of the few countries in the western world with minimal research around FASD, so this is an opportunity to hear from an expert panel who have specific interest in research, FASD and neurodevelopmental disabilities.

We will also be facilitating a panel discussion - 'Expert by Experience Panel' (people living with FASD).

Refreshments, Lunch and complimentary parking are included.

Bookings : To book your place please visit our website - www.fasdireland.ie/conference

Early Bird tickets are available until 7 March.

Agencies who would prefer to purchase a number of places and pay via invoice, please contact us directly either by phone or email: 065 670 3096 / scott@fasdireland.ie

To find out more about Foetal Alcohol Disorder access the [FASD Ireland website](http://www.fasdireland.ie)



► **Dyslexia Ireland showcasing its Adult Dyslexia Hub**



As part of the [AONTAS, the National Adult Learning Organisation](#) Adult Learners' Festival 2025 **Dyslexia Ireland** will be showcasing its Adult Dyslexia Hub online on the 3rd March 2025.

If you want to learn more about this useful free resource, [register here](#)

The poster is divided into two main color sections: a light green top half and a dark blue bottom half. In the top left corner is the AONTAS logo (a stylized 'A' with 'AONTAS' written vertically) and the text "The Voice of Adult Learning". In the top right corner is the Dyslexia Ireland logo. The central text, in a large, bold, pink font, reads "Adult Dyslexia Hub Showcase". Below this, in a smaller blue font, it says "As part of the Adult Learners' Festival 2025". Further down, in pink font, are the details: "3rd March 2025", "1pm - 1.30pm", and "Online". At the bottom left, two website URLs are listed: "www.aontas.com" and "www.adultlearnersfestival.ie". The bottom right corner features logos for AONTAS, SOLAS (learning works), and the Government of Ireland (Riadas na hÉireann). A stylized graphic of a bridge or arch in pink and orange is positioned in the bottom right corner of the poster.

PARENT SUPPORTS

► "Same Rules Apply" Digital Parenting Campaign



Online or Offline, SAME RULES APPLY

Supported this year by the HSE and Accenture, this parental awareness campaign highlights the need to approach parenting children online in the same way we approach parenting them offline. Would you encourage them to talk to a stranger on the street? If the answer is "no", then why let your child go online unsupervised?

To help you navigate the often choppy digital waters, and to ensure your child's experiences online are as positive as they can be, with the support of the **HSE** and **Accenture**, CyberSafeKids bring you this updated [digital parenting guide](#). Filled with practical tips and useful resources, it will help steer you in the right direction and give you confidence to support your children's online lives more effectively. The most important thing you can do as a parent to guide your child safely is to develop a strong relationship with them, make sure you listen, and have regular conversations about what is happening in their digital lives.

Better Digital Parenting Event 2025

Proudly supported by the HSE | HSE | accenture

SAME RULES APPLY

JOIN
ALEX COONEY
CEO, CYBERSAFEKIDS

IN CONVERSATION WITH
DR. DAVID COLEMAN
CLINICAL PSYCHOLOGIST

Wed, 26 Feb. 2025
19:30 - 20:30

"We parents need to be more involved in our children's online lives."

CYBERSAFEKIDS

Our Better Digital Parenting webinar will take place on Wednesday February 26th 2025.

Alex Cooney, CEO of CyberSafeKids, will join Dr. David Coleman, clinical psychologist, to discuss how parents can be more involved in their children's online lives and the challenges, opportunities, and risks facing parenting in the digital age.

Register for [webinar here](#)

► Free Online Webinars – Supporting Your Child’s Mental Health & Wellbeing



The first five years of your child’s life play a crucial role in shaping their long-term mental health and well-being. To help you create a nurturing and supportive environment, the **National Parents Council (NPC)**, in partnership with **St. Patrick’s Mental Health Services**, is offering **free online webinars** designed to equip parents with practical tools and insights.

What You’ll Learn:

This programme provides valuable strategies to help you:

- ✓ Meet your child’s needs and understand how everyday life impacts their mental health.
- ✓ Support your child in managing emotions and dealing with challenges.
- ✓ Develop and nurture a strong parent-child relationship.
- ✓ Build resilience in your child to help them cope with life’s ups and downs.
- ✓ Promote children’s rights and create opportunities for positive mental health.
- ✓ Apply the **Five Ways to Wellbeing** in daily interactions with your child





Upcoming Session Dates and Times:

- **Monday, 24th February:** 10am or 7.30pm
- **Tuesday, 25th February:** 10am or 7.30pm
- **Wednesday, 26th February:** 10am or 7.30pm
- **Thursday, 27th February:** 10am or 7.30pm
- **Friday, 28th February:** 10am

Session Details:

🕒 **Duration:** Each webinar lasts approximately **70 minutes** and includes an interactive Q&A, where you can ask questions and receive personalised guidance from our facilitators.

How to Register:

To secure your place, click the link below and select your preferred session date and time: [BOOK HERE](#)

Spaces are limited and will be allocated on a **first-come, first-served basis**, so don't miss out!

Let's work together to give every child the best start in life. We look forward to seeing you at one of our sessions!

Warm regards,
National Parents Council

CAMPAIGNS

► "Not Around Us" Healthy Wexford Campaign



Wexford's 'Not Around Us' initiative is an invitation from young people to consider your activity in spaces where there are children and young people, in order to provide smoke/vape free environments for our young people and to help de-normalise smoking and vaping for the next generation. **Not Around Us** is another step **Towards a Tobacco Free Wexford**.

The purpose of 'Not Around Us' in Wexford is fourfold:

- Helping to **protect** children and young people from second-hand smoke exposure
- Contributing to the **de-normalisation** of smoking for children and young people
- **Raising awareness and support** amongst all stakeholders in the county on tobacco/vape free Ireland and everyone playing a part in supporting it
- **Signposting** to HSE Quit services

Who should get involved?

Primarily we are asking all **not for profit and public organisations** who have children and young people engaged with their facility/space to get involved and become Not Around Us supporters. [See more here](#).

- In addition, we are asking those **running events and activities where children and young people are likely to attend** to support the campaign. Find out how to make your event a **Not Around Us Supporting Event** [here](#).
- We also welcome the wider **Business** community to join us on the campaign. If you are a business who would like to get involved, please see more [here](#).

For More Information visit the [NAU website page](#) here or contact:

Annette Dupuy, Healthy County Coordinator, Wexford County Council

Email: annette.dupuy@wexfordcoco.ie

Phone: 053 9196525

FUNDING

► Children's Promise Grants Programme



Katharine Howard Foundation 'Children's Promise' Grants Programme, in collaboration with Community Foundation Ireland and the Sunflower Charitable Foundation, aims to build on the powerful work taking place at community-level to address child poverty and nurture children's potential with a grants programme of €1,000,000 in financial and non-financial supports.

KEY DATES

- The 2025 Grant Round opens 18 February and closes on 20 March 2025.
- Grant Programme application information Zoom session 25 February at 1pm. Eventbrite registration link made available on 17 February.
- Closing date for all applications 20 March.
- Notification of results week commencing 03 June.

Please submit all queries via email only to info@khf.ie

Information and Applications : For more information, please check out our website [here](#) or follow us on social media at: [FB](#) & bluesky: @kfoundation.bsky.social

CHILDREN & YOUNG PEOPLE

► Children's Rights Alliance : Invitation: Online Launch - Report Card 2025



How has the Government progressed on its commitments to children in 2024? Did it keep its promises in important areas like health, housing, education, poverty, equality and early years? Will they get an 'A' or an 'F' grade? A 'C' or a 'C+'?

Find out at the launch of **Report Card 2025** – the fifth and final analysis of the *Programme for Government: Our Shared Future* and our collective opportunity to build on progress in the area of children's rights and address remaining key issues for children and young people.

We will be joined on the day by a fantastic line up of speakers including **Wayne Stanley** (Chief Executive at EPIC, Empowering People in Care) and **Louise Bayliss** (Head of Policy and Social Justice, The Society of St. Vincent de Paul Ireland). More speakers are to be announced in the coming weeks.

Report Card 2025 will launch online via Zoom Webinar on the morning of **Tuesday 25th February 2025 from 10.00 am – 12.00 pm.**

Registration : Please register your online attendance at this event via **Eventbrite** [here](#).

We look forward to seeing you at the launch!

#ReportCard2025



