



## Wexford CYPSC Newsletter

January 10th 2025

For information on services and supports for children, young people and families see

[Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or

access on [Facebook](#)



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## YOUNG PEOPLE

### ► National Youth Council of Ireland: SPARK Youth Arts Festival 2025 – Save the Date!



We are delighted to announce that the SPARK Youth Arts Festival 2025 will take place from February 24th – March 1st next year!

SPARK Youth Arts Festival is a national event to explore, discuss and celebrate the inspiring world of youth arts practice in youth work in Ireland. Take part and spark your interest in developing youth arts activities with young people and embedding youth arts practice in your work!

The thematic focus of the 2025 festival is celebrating and promoting active youth participation in youth arts. Our programme will feature: a webinar with panel discussions & case studies, a youth arts training event; a Youth Arts SPEAKS event to promote creative youth consultation led by young people and [The Ripple Effect Resource](#); an FAQ event for the Artist and Youth Work Residency Grant Scheme 2025; a showcasing event for young people and their youth arts projects and the [SPARK Mini-Grant scheme 2025](#)!

Join us from February 24th – March 1st 2025 for a celebration of youth arts in youth work!

Further information and event registration will be available in January from the [National Youth Arts Programme webpage](#).

For more information, contact Rhona Dunnett at [rhona@nyci.ie](mailto:rhona@nyci.ie)

Click here to access [more information](#)

## WEBINARS & TRAINING

### ► LGBT Training and Supports

LGBT+ Awareness Training available both in-person or online:

**HSE SOUTH EAST COMMUNITY HEALTHCARE**  
**LGBT+ AWARENESS TRAINING**

01. **LGBTQ+ Terminology**  
Exploring some of the different sexual orientations & gender identities and the terms/ words used to describe them

02. **PRONOUNS**  
What are pronouns?  
How do we use them correctly?  
What to do when we make a mistake  
How to respectfully ask someone's pronouns

03. **LGBT+ HISTORY**  
Exploring some of the key developments of LGBT+ rights in Ireland

04. **WHAT IS IT LIKE TO BE LGBT+ TODAY?**  
Exploring key health issues experienced by the LGBT+ Community  
Heteronormativity & Intersectionality  
Homophobia, Transphobia & Biphobia

05. **WORKING WITH LGBT+ PEOPLE**  
Making our workplaces more LGBT+ Inclusive  
Steps to creating LGBT+ welcoming & supportive workplaces as an individual & organisation  
Coming Out

06. **EXTRA RESOURCES**  
HSE Good Practice Guidelines when working with the LGBT+ Community  
LGBT+ Awareness Sticker  
LGBT+ Awareness Card  
Local & Regional LGBT+ supports & contact details

Available in-person or online  
Available to HSE and non-HSE staff  
Free of charge  
Train the Trainer programme available  
Requests from staff teams and organisations welcome  
Emma.whitty@fdys.ie

Access the [LGBT+ Awareness Training Poster](#) here

Free of charge

Three-hour training programme online

Four-hour training programme in-person

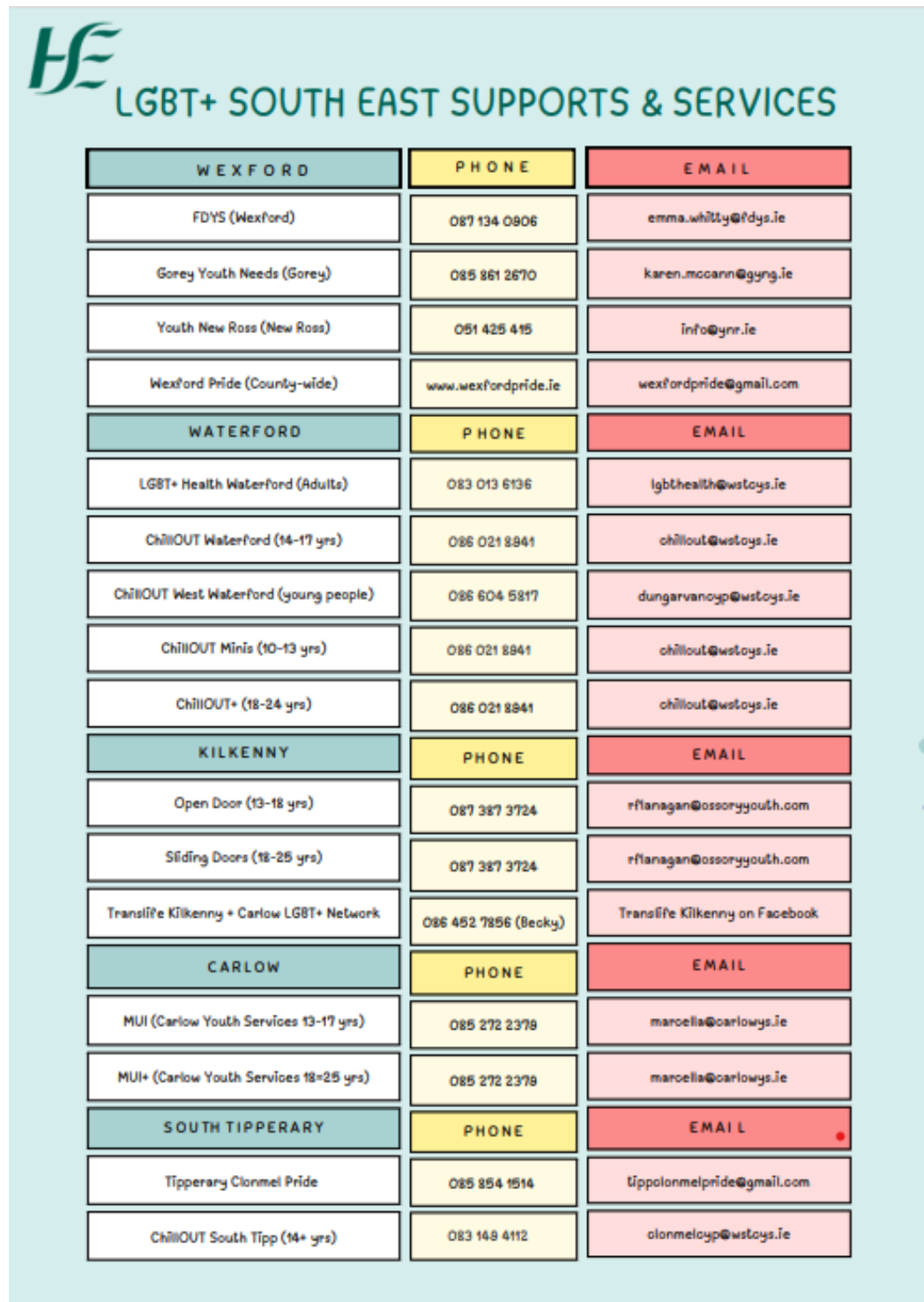
We respond to requests for training also, if there are a minimum number of 10 staff interested.

Resources and certificates provided following completion of training and opportunity to do a follow-up Train the Trainer full-day course following completion.

All training information and content covered is available on the attached poster, with contact details to sign up.

Please see information posters below and overleaf, available to download

[LGBT+ Support and Services in South-East](#), access here



The poster features the HSE logo and the title 'LGBT+ SOUTH EAST SUPPORTS & SERVICES'. It contains a table with contact information for various services across Wexford, Waterford, Kilkenny, Carlow, and South Tipperary. The table is organized into sections by county, with each section having a header row for 'WEXFORD', 'WATERFORD', 'KILKENNY', 'CARLOW', and 'SOUTH TIPPERARY'. Each section lists services with their respective phone numbers and email addresses.

WEXFORD	PHONE	EMAIL
FDYS (Wexford)	087 134 0806	emma.whitty@fdys.ie
Gorey Youth Needs (Gorey)	085 861 2670	karen.mccann@gyng.ie
Youth New Ross (New Ross)	051 425 415	info@ynr.ie
Wexford Pride (County-wide)	www.wexfordpride.ie	wexfordpride@gmail.com
WATERFORD	PHONE	EMAIL
LGBT+ Health Waterford (Adults)	083 013 6136	lgbthealth@wstoys.ie
ChillOUT Waterford (14-17 yrs)	086 021 8841	chillout@wstoys.ie
ChillOUT West Waterford (young people)	086 604 5817	dungarvanoy@wstoys.ie
ChillOUT Minis (10-13 yrs)	086 021 8841	chillout@wstoys.ie
ChillOUT+ (18-24 yrs)	086 021 8841	chillout@wstoys.ie
KILKENNY	PHONE	EMAIL
Open Door (13-18 yrs)	087 387 3724	rflanagan@ossoryyouth.com
Sliding Doors (18-25 yrs)	087 387 3724	rflanagan@ossoryyouth.com
Translife Kilkenny + Carlow LGBT+ Network	086 452 7856 (Becky)	Translife Kilkenny on Facebook
CARLOW	PHONE	EMAIL
MUI (Carlow Youth Services 13-17 yrs)	085 272 2378	marcella@carlowys.ie
MUI+ (Carlow Youth Services 18-25 yrs)	085 272 2378	marcella@carlowys.ie
SOUTH TIPPERARY	PHONE	EMAIL
Tipperary Clonmel Pride	085 854 1614	tippolonmelpride@gmail.com
ChillOUT South Tipp (14+ yrs)	083 148 4112	clonmeloy@wstoys.ie

[LGBT+ Supports and Services available nationally](#), access here

**HSE**

## NATIONAL LGBT+ SUPPORTS & SERVICES

**BELONG TO YOUTH SERVICES (WWW.BELONGTO.ORG/ 01 670 6223)**  
National LGBTQ+ Youth Organisation supporting young people aged 14-23 yrs  
Supports orgs and schools to create safe & inclusive spaces for LGBTQ+ youth.  
Training provided

**TRANS EQUALITY NETWORK IRELAND (WWW.TENLIE/ 01 873 3575)**  
National organisation supporting trans people across Ireland whose mission is to advance equality & inclusion & improve the lives of trans people & their families  
Dedicated to ending discrimination, stigma and transphobia

**LGBT IRELAND (WWW.LGBT.IE/ 1800 929 539)**  
National support service for Lesbian, Gay, Bisexual, and Transgender people and their families. Offers a range of services which provide support and on issues relating to sexuality and gender identity

**NATIONAL LGBT HELPLINE (WWW.LGBT.IE/ 1800 929 539)**  
This service is a free, confidential and non-judgemental phone line for LGBT+ people and their families. Available 7 days a week  
Mon-Thurs 6:30pm-10pm  
Thurs-Sun 4pm-6pm

**TRANSGENDER FAMILY SUPPORT LINE (WWW.LGBT.IE/ 01 907 3707)**  
Provides support and information for trans people and their families.  
Run by non-judgemental volunteers  
Tues-10am-12pm/ Sun-6pm-9pm

**LGBT+ TELEFRIENDING SERVICE (WWW.LGBT.IE/ 01 437 1209/TELEFRIENDING@LGBT.IE)**  
Telefriending is an opportunity for older community members to connect with another person who identifies as LGBT+  
Mutual connection and support by telephone.  
Confidential telephone call once per week with trained volunteers

**24/7 ANONYMOUS TEXT SUPPORT – LGBT+**  
24/7 Anonymous Text Support: Text LGBT+ to 086 1800 280.  
**INSTANT MESSAGING SUPPORT SERVICE**  
Open 7 days per week- 6:30pm-10pm Mon-Thurs/ Fri- 4pm-10pm/ Sat & Sun- 4pm-6pm  
<https://lgbt.ie/instant-messaging-support-service/>

**OTHER SUPPORTS**  
Information, support & training: LGBT+ HSE.ie  
Urgent out of hours support: Pieta House 24 hour helpline 1800 247 247  
Pieta House 24 hour texting service: Text 'HELP' to 51444  
Samaritans 24-hour free helpline: 116 123

Some online training dates have been set but we can schedule in extra training sessions if people are interested.

Emma Whitty

LGBT+ Project Health Worker/ LGBT+ Awareness Trainer

FDYS, Wexford, 087 134 0906

## ► National Learning Network Open Day : 23<sup>rd</sup> January

Do you know someone who is looking to:

- **Gain new skills and qualifications?**
- **Increase their confidence and independence?**
- **Explore career options and achieve their goals?**

National Learning Network (NLN) provides person-centred training and support in an inclusive environment to help individuals achieve their full potential.

**Join us at our Open Day on  
Thursday, January 23rd from 10am to 3pm.**

Learn more about our range of training programs, meet our friendly staff and students, and see our fantastic facilities.

### **Can't make it on the day?**

No problem! Contact me directly at 0874145495 or [Vivienne.brady@nlm.ie](mailto:Vivienne.brady@nlm.ie) to discuss how NLN can support.

**We look forward to seeing you there!**

*Vivienne Brady  
Centre Manager  
National Learning Network*



The poster features a purple and teal wave graphic at the top left. The text is centered and uses a mix of bold and regular fonts. A circular inset photo shows three people looking at a laptop. A yellow box highlights a prize draw. Contact information is listed with icons for location, phone, email, and social media. Logos for partner organizations are at the bottom.

National Learning Network  
Think Possible

**National Learning Network Wexford  
Open Day**

**Thursday 23rd January 2025**  
**10am - 3pm**

*We offer a range of free, supportive, person-centred training courses in an inclusive environment to help you on the path to further or higher education or employment*

Every visitor at our Open Day will be entered into a free draw for €50 County Wexford Chamber Shop-Local Vouchers!

**Contact us:**

- NLN Wexford, The Faythe, Townparks, Wexford Y35 YR53
- 053 914 7279
- wexford@nlm.ie
- @NLNireland

Join us for our open day, tour our centre, and meet our students and staff


wwetb Hf

Download the [Information Poster](#) here

► **Certificate in Family Literacy – final few places remaining!**



**ALL** | **Adult Literacy for Life**



Ollscoil Teicneolaíochta an Oirdheisirt  
South East Technological University

**Waterford and Wexford Regional Adult Literacy Coalition**

**Certificate in Family Literacy**

This **FREE** offering of a NFQ Level 6, 10 Credit, Certificate in Family Literacy introduces participants to the theory and practice of family literacy, in order to support adult learners with literacy difficulties. The programme will enable participants to recognise and understand the literacy needs of adult learners accessing support services through ETB's and other providers. Throughout the programme, participants will reflect on, recognise and learn from their own experience in the light of relevant theory. The personal and professional development of each participant, located in Waterford / Wexford is a priority, in an environment of peer group support. The participant for this programme needs to be a community leader with access to a group to deliver a family learning activity as part of the assignment.

[setu.ie](http://setu.ie)

SETU - WATERFORD  
Level 6  
10 credits



**ALL** | **Adult Literacy for Life**



Ollscoil Teicneolaíochta an Oirdheisirt  
South East Technological University

**Certificate in Family Literacy**

This NFQ Level 6, 10 Credit module aims to provide participants with an understanding of the relationship between social interaction and acquiring literacy and they will be enabled to develop appropriate strategies to promote family literacy and develop effective family literacy programmes.

The programme is delivered over four Thursdays from 16th January - 6th February 2025 where the mode and venue of delivery will be decided upon application

**How do I apply?**  
Online application forms are available at [www.setu.ie/lc](http://www.setu.ie/lc) or [Literacy.WD@setu.ie](mailto:Literacy.WD@setu.ie).

**Programme Leader**  
Catriona Warren  
E: [Literacy.WD@setu.ie](mailto:Literacy.WD@setu.ie)

Follow @setuireland on    



## PARENTS / PARENT SUPPORTS

### ► Jigsaw Survey for Parent/Guardians

Over the next 3 years, Jigsaw is delivering **Neart** – a programme of mental health supports for post-primary schools (in partnership with National Educational Psychological Service (NEPS)/ Department of Education). Please see the Minister’s press release at this link: <https://www.gov.ie/en/press-release/057c4-minister-foley-announces-jigsaw-as-successful-bidder-to-deliver-new-programme-to-support-wellbeing-and-mental-health/>

At Jigsaw, we also provide a range of supports for parents/guardians more widely through our local Jigsaw services, our website and in the community.

We want to provide the most relevant information, advice, support and practical strategies for you as a parent/guardian, to enable you to support your young person’s mental health. To help us do this, we would like to hear from you about the youth mental health issues you are most concerned about/interested in by completing a very short survey at this link <https://jigsawymh.typeform.com/to/GyFrkdtD>

The survey should take no longer than 4 minutes to complete. Within the survey, there is also an opportunity for you to sign up to participate in a follow-up consultation process with us where we are very keen to have further discussions with parents/guardians about the mental health areas you are most concerned about. Please note, the survey will close on **5<sup>th</sup> February 2025**.

We look forward to hearing from you and to partnering with you to ensure that parents/guardians across the country are receiving the best possible range of information and supports in relation to youth mental health.

Kind regards

**Siobhán McGrory**

Director of Mental Health Promotion

Jigsaw | 16 Westland Square | Pearse Street | Dublin 2

T +353 1 4727 010    Mobile 086 1300344

**JIGSAW**  
Young people's  
health in mind



Please support Jigsaw... →

Help us to make sure that every young person's mental health is valued and supported.

The National Centre for Youth Mental Health trading as Jigsaw is a Company Limited by Guarantee and Registered Charity. CRO number 421016. Registered charity number 20064846. Charity revenue number 17439.

► **Online information session for Tusla Fostering**



Our colleagues in the fostering department for the South-east region are hosting an information session on fostering, for CYSPC partners, who may be considering fostering or could help us to spread awareness of the need in the area.

With over 5,000 children in foster care in Ireland, the need for more foster carers to provide loving, safe and stable homes in all our local communities is ever more present.

In this one-hour online presentation, the session will dispel some of the misconceptions about who can foster, explain the process of becoming a foster carer, the supports available, and a foster carer will share their personal journey and experience. There will also be an opportunity for questions and suggestions that may support our campaign efforts.

The online session is scheduled for **Tuesday the 28<sup>th</sup> of January from 12:30pm-1:30pm**. Please complete the form below to register for this session.

<https://forms.office.com/e/3dUXXtuzW2>

*Yvonne Lowry*

*Regional Fostering Campaign Coordinator*

*National Fostering Recruitment Team*

*Tusla, Strawhall, Carlow, R93 X9C2*

*Mobile: 087 1742672*

## ► Anxious Children in an Anxious World : Free Webinar with Dr. Mary O’Kane



**Anxious Children  
in an  
Anxious World**

**Dr. Mary O’Kane**  
Free Zoom Webinar  
Thursday 23 January at 7pm

- Supporting your child during difficult times
- Helping your child to manage their fears
- Helping your child to find the bravery within themselves

**BOOK NOW** >

051 849974 | [library@waterfordcouncil.ie](mailto:library@waterfordcouncil.ie)

Logos for participating organizations: hi, pobal, Waterford City & County Council, Waterford Health Service, hi, Libraries Ireland.

### Thursday 23<sup>rd</sup> January at 7pm

All children worry at times, but for some children it can be a real challenge to manage their anxieties. As parents, when your child is anxious it can be difficult to know how best to support them. In this talk Mary explains how anxiety impacts children's brains and bodies and offers parents practical advice on how to support their children during difficult times, helping them to manage their fears and find the bravery we know they have within them.

Places are free but limited. To reserve a space please click [here](#).

This presentation is part of the Waterford Healthy Ireland at your Library initiative. For more information, please go to our website, [here](#).

#HealthyIrelandatYourLibrary #HealthyWaterford #KeepWell #BeWell

Dr Mary O’Kane is a Lecturer in Psychology and Early Childhood Education teaching with the Open University. Popular for sharing her expertise in a warm and relatable way, Mary is a regular contributor to Ireland AM on both parenting and early childhood education issues. She gives public talks on a range of topics related to child wellbeing, parenting, and education, and is well known for her humorous down to earth approach.

For more information phone 051 849974 or email [library@waterfordcouncil.ie](mailto:library@waterfordcouncil.ie)

## ► DCEDIY : Requesting details of parenting initiatives taking place during January/February 2025



An Roinn Leanáí, Comhionannais,  
Míchumais, Lánpháirtíochta agus Óige  
Department of Children, Equality,  
Disability, Integration and Youth

Dear colleagues,

Wishing you a happy new year from all in the Parenting Support Policy Unit (PSPU). We are very much looking forward to continuing the promotion of the fantastic range of initiatives in operation around the country which work to support parents during the year ahead.

Of course, we cannot do this work without your support and We are now seeking details of any parenting initiatives which will be taking place during January/February 2025. Details of programmes running beyond this period but that require registration in January are also welcome.

A selection of events will be promoted across DCEDIY social media channels to raise awareness among parents of the supports available to them in their locality. Details of upcoming events can be provided via a short survey by clicking [here](#).

It would be appreciated if details of any upcoming events could be provided by Friday 24 January to allow time for the DCEDIY Communications team to develop content for sharing across DCEDIY social channels.

You can check across DCEDIY social channels for your event and please feel free to like and share our social posts. We also encourage you to circulate this email to any service within your network that may have an upcoming parenting event which they wish to promote.

May we request that information on upcoming events is submitted through the survey link above. However, if you experience any issues using the survey or if you have any queries, please do not hesitate to email [parentingsupport@equality.gov.ie](mailto:parentingsupport@equality.gov.ie) for assistance.

Thank you for your continued support of this initiative.

Kind regards

The Parenting Support Policy Unit

## VOLUNTEERS

### ► HUGG Volunteers Sought

HUGG have NEW volunteering opportunities.

We will hold a LIVE Volunteering Information Session over Zoom on **Thursday 16<sup>th</sup> January 2025 at 11am – 11.30am**. Our information sessions provide a brief background on HUGG, and details on everything involved in volunteering with HUGG including what opportunities are available, and what training and supports we offer. Attendees will have an opportunity to ask questions. **This session will NOT be recorded.**

Please find attached an image(s) for social media, a flyer on volunteering with HUGG and below the **registration link for Eventbrite**. We are seeking volunteers nationwide. I would greatly appreciate if you could share the registration link with your networks and on social media channels if possible.

#### Registration link:

<https://bit.ly/HUGGVolunteerInfoSessionJan2025>

If you have any further questions, please do get in touch.

Kind regards,

**Sandra Anderson**

HUGG Groups Administrator

(Please note I work part time hours)

e: [sandra@HUGG.ie](mailto:sandra@HUGG.ie)

m: 0833433698

t: [\(+353 1\) 513 4048](tel:+35315134048) – monitored answering machine

w: [www.hugg.ie](http://www.hugg.ie)

#### HUGG Support Groups:

Cavan, Cork, Donegal, Dublin, Galway, Kerry, Kildare, Limerick, Louth, Monaghan, Waterford, Wexford, Wicklow and Online (General and Parents)

Registered Charity No. 20204480 Company Registration No. 640420

# HUGG

HEALING UNTOLD GRIEF GROUPS

## **Have you been bereaved by suicide?**

You are welcome to join one of our  
HUGG Suicide Bereavement Support Groups  
Every second Tuesday 7:30pm - 9:30pm  
In person or online.

Our groups are free and led by volunteers who have  
been bereaved by suicide.

## **Volunteering with HUGG**

If you're further along in your bereavement journey, you  
may want to consider volunteering with us to become a  
support group facilitator.

**To learn more about our support groups or  
volunteering, please visit our website or give us a call.**

 [www.hugg.ie](http://www.hugg.ie)  **01 513 4048**

**(monitored answering machine)**

   **@HUGGIreland**



CHY No. 22421. Registered Charity No. 20204480. Company Registration No. 640420

# HUGG

HEALING UNTOLD GRIEF GROUPS

## About HUGG

HUGG is a national suicide bereavement charity. We support adults who have been bereaved by suicide by reducing isolation and stigma and promoting resilience and healing. We offer support groups, information and resources on our website and telephone support.

Our support groups are led by trained volunteers with lived experience of suicide bereavement.

We provide a free, non-judgemental, safe and confidential space where people bereaved by suicide can share their experiences and feelings and receive and offer support to each other.

**To learn more about our support groups or volunteering, please visit our website or give us a call.**

 [www.hugg.ie](http://www.hugg.ie)  01 513 4048

(monitored answering machine)

   @HUGGIreland



CHY No. 22421. Registered Charity No. 20204480. Company Registration No. 640420

Access the [HUGG information poster](#) here

## FUNDING

### ► Grants Available for Training Networks : The Wheel “Training Links”



[The Wheel](#) is delighted to share some good news! [Training Links](#), a workforce development funding and support programme, is now open for applications. Since 2005, Training Links has funded the training and upskilling needs of staff, volunteers and board members in the community and voluntary sector. This year we see a record total fund of €575,000.00 available for sector upskilling.

Application Process

Training Networks with a minimum of 10 members are invited to apply for grants ranging from €10,000.00 to €50,000.00. Applications are welcome from new, existing, previously funded networks who have completed their programme or previously unsuccessful networks. The application deadline is **Friday, 7 February 2025 at 5pm.**

Find Out More

If you would like to learn more about the opportunities available through Training Links, [check out our website](#). You can contact us by emailing [traininglinks2025@wheel.ie](mailto:traininglinks2025@wheel.ie).





► **Collaboration and Innovation Fund is Open - Closing date Friday 7 February 2025**



We would be grateful if you would share this email with your networks and any other contacts you think might be interested in collaborating on projects that support adults with unmet literacy, numeracy, digital and financial literacy needs and projects that support organisations to be literacy friendly.

We will be sharing a partner pack shortly that will include information you can use to publicise the fund.

Organisations can apply for up to €25,000 to fund a local project, or up to €50,000 for a national project. All the details are on our [website](#) but here is a summary of what you need to know about the fund:

<b>Aim of the fund</b>	The purpose of the fund is to pay for collaborative and innovative projects that: <ul style="list-style-type: none"><li>• support adults with unmet literacy, numeracy, digital and financial literacy needs, and</li><li>• create a more literacy friendly and equal society.</li></ul>
<b>Funding available</b>	In 2025, the total funding available in the Collaboration and Innovation Fund is €1 million.  The funding will be divided into two strands as follows:  €750,000 for local and national projects that provide innovative and collaborative ways to:

	<ul style="list-style-type: none"> <li>○ support adults with unmet literacy, numeracy and digital literacy needs, and</li> <li>○ create a more literacy friendly and equal society.</li> </ul> <p>€250,000 for local and national projects that support innovative and collaborative ways to:</p> <ul style="list-style-type: none"> <li>○ improve financial literacy skills for adults with unmet literacy, numeracy and digital literacy needs, and</li> <li>○ create a more literacy friendly approach to accessing financial services.</li> </ul>
<b>Why has the fund been divided?</b>	<p>Ireland’s first National Financial Literacy Strategy will be published in 2025. To support this, the Consumer and Competition Protection Commission (CCPC) has given €250,000 for projects on financial literacy. Financial literacy is the financial awareness, knowledge, skills, attitudes and behaviours that people need to help them to make sound financial decisions and ultimately achieve individual financial well-being.<sup>1</sup></p> <p><sup>1</sup> 2020 OECD Recommendation on Financial Literacy</p>
<b>Open and closing dates</b>	<p>The fund is open from 17 December. The <b>closing date is 5 pm on Friday 7 February 2025.</b></p>
<b>Who can apply</b>	<p>There must be at least two organisations in the application. These must be from the public, not-for-profit or community and voluntary sector.</p>
<b>How do I apply</b>	<p>You must speak with your local Regional Literacy Coordinator before you apply.</p> <p>You need to complete and submit an <a href="#">online application form</a>. You will also need to upload a number of documents.</p>

	Please read the <a href="#">Guidelines on how to apply</a> before you start your application.
<b>Project examples</b>	In 2024, €1 million was allocated to over 100 innovative projects and partnerships.  You can read about some of the projects that have been funded previously here: <a href="http://www.adultliteracyforlife.ie/fund/">www.adultliteracyforlife.ie/fund/</a>
<b>Further information and questions</b>	Please contact your Regional Literacy Coordinator in one of the 16 Education and Training Boards (ETBs) – see list at the end of this email and on page 18 of the <a href="#">Guidelines</a> .

You can find more information about the fund here:

<https://www.adultliteracyforlife.ie/fund/>

Kind regards,

From all the team at the

**Adult Literacy for Life National Programme Office**

[www.adultliteracyforlife.ie](http://www.adultliteracyforlife.ie)



**Adult  
Literacy  
for Life**

**SOLAS**  
learning works



## RESOURCES

### ► Electoral Division Health Profiles (Census 2022)



The CSO have profiled health related information for every ED in the country from a health perspective, taking into account the social determinants of health (socio-economic status etc.). A goal of the project was also to profile EDs in such a way as to allow comparison with their Administrative Counties and the State as whole. Click on an ED in the map below to access links to html and pdf reports for every Electoral Division. The html reports are summaries and do not contain data tables or maps, whereas the pdf reports are detailed and contain data tables and maps, while also being print-friendly. The data these profiles are based on is available in the Census Mapping Tool [here](#).

This is an experimental and first-time compilation of statistics - while effort has been made to ensure it is error free, there may be some. Contact [tomas.kelly@cso.ie](mailto:tomas.kelly@cso.ie) for any further information. *Sources for map below: OSI, Ireland; OpenstreetMap; Leaflet.*

Access the [Health Profile Map](#) here.

► **Adult Literacy for Life (ALL) Newsletter**



Issue 3 of the [ALL Newsletter](#) is available to access here.

It can also be accessed through the QR Code below.

**Adult Literacy for Life Newsletter: Issue 3 – December 2024**

Read the Adult Literacy for Life Newsletter to find out more about what is happening around the country:



## CAMPAIGNS

### ► National Grief Awareness Week January 27<sup>th</sup> – February 2nd 2025



#### **#BeGriefAware #NGAW #NGAW2025**

Grief is a natural response to the death of someone close. It is a deeply personal experience that varies widely from person to person. A person's experience of grief is influenced by many things, such as the relationship with the deceased, the circumstances of their death, and a person's support system, among many other factors.

Many people, although painful, will cope with loss with support from their family and friends. For lots of different reasons, some will need additional support to cope from people outside their social network. Understanding grief and learning how to navigate it can be helpful not only for those directly experiencing loss but also for those supporting them.

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#### **What Is National Grief Awareness Week?**

This is the fifth year Irish Hospice Foundation is running a national grief awareness campaign. Originally hosted in November to coincide with the Good Grief Trust (UK) national campaign, this campaign now takes place in January — a time which can be difficult for many people, including those who are grieving.

Through National Grief Awareness Week, we hope to encourage a more open, supportive, and understanding approach to grief—helping both the bereaved and those around them navigate this challenging part of life with greater empathy.

For more information, see the [Irish Hospice Foundation](#) website here.