

Wexford CYPSC Newsletter

21 March 2025

For information on services and supports for children, young people and families see
[Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or
access on [Facebook](#)



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PARENTING

► Supporting Your Child's Positive Mental Health and Wellbeing in their Early Years : National Parents Council



The first five years of your child's life are crucial for their long-term positive mental health. To help you create a nurturing environment, the National Parents Council (NPC), in partnership with St. Patrick's Mental Health Services, is offering **free online webinars** designed to empower parents with practical tools and advice.

Session Dates and Times:

- **Monday, 24th March:** 10am or 7.30pm
- **Tuesday, 25th March:** 10am or 7.30pm
- **Wednesday, 26th March:** 10am or 7.30pm
- **Thursday, 27th March:** 10am or 7.30pm
- **Friday, 28th March:** 10am

What You'll Learn:

This programme provides valuable insights and strategies, including:

- How everyday life impacts your child's mental health.
- Helping your child manage emotions and cope with challenges.
- Building and nurturing a strong parent-child relationship.
- Supporting your child in developing resilience.
- Promoting children's rights for a mentally healthy life.
- Practical steps to implement the Five Ways to Wellbeing.

For further details and information on how to register, click [here](#)

WEBINARS & TRAINING

► STEAM Engagement Programme – NYCI



NYCI supports youth workers and educators to deliver STEAM education and engagement projects to young people in Youthreach Centres, and through non-formal education in youth work settings

NYCI's STEAM Engagement Programme works to transform the capacity of the youth work and other non-formal education sectors to:

- use STEAM to improve the lives of young people, and
- deliver hands-on STEAM engagement opportunities that inspire young people's curiosity.

Through continuous professional development, consultancy support, events, seminars, resource and curriculum development, and equipment dissemination, NYCI will enable youth workers and Youthreach staff to:

- Lead the delivery of in-depth STEAM engagement projects that have been co-created with young people to respond to local need.
- Engage young people in debate around STEAM themes emerging as important during and post Covid-19 (e.g. viruses, circular economies, gaming addiction).
- Use innovative blended youth work and education methodologies.

That way, the programme will support participating youth workers and educators to deliver STEAM education and engagement projects to young people.

Click here to find out more about the [NYCI STEAM engagement programme](#).

► EPIC Programme: FREE Employment and Integration Training for Asylum Seekers, Refugees & Vulnerable Migrants

EPIC is a free online programme focused on career development and integration. Over 6-weeks you will:

- Improve your job applications with direct advice from recruitment professionals.
- Identify your transferable skills and strengths.
- Explain gaps in your CV.
- Improve your interview skills and get feedback from business volunteers (face to face, phone, and online).
- Network with our business partners, mentors, and recruiters.
- Integrate and understand Irish work culture.
- Develop your IT and LinkedIn skills.
- Develop a career plan and get guidance from a Career Counsellor.
- Access different services (health, education, employment rights, social welfare, and much more).
- Explore your further education and employment options.
- Improve your confidence to achieve your goals.

Who is eligible for this programme? EPIC is open to unemployed and job-ready adults living in Ireland with an intermediate (as per the Common European Framework of Reference for Languages standards) level of spoken and written English who are:

- Asylum seekers with work permits.
- Refugees, people with Subsidiary Protection or Leave to Remain and with Stamp 4.
- People with Temporary Protection Certificates.
- Vulnerable migrants with Stamp 4, dependent Stamp 1G or EU/Irish citizenship who have been living in Ireland for a minimum of 6 months and who are living in difficult circumstances.

How to apply for this programme? Complete the online application form you will find in our website: <https://bitc.ie/programmes/jobseekers/epic-programme/>

Upcoming Training dates

- Tuesday 1st April (morning course)
- Tuesday 29th April (afternoon course)

CAMPAIGNS & CONSULTATION

► "Not Around Us"



Wexford's 'Not Around Us' initiative is an invitation from young people to consider your activity in spaces where there are children and young people, in order to provide smoke/vape free environments for our young people and to help de-normalise smoking and vaping for the next generation.

Not Around Us is another step **Towards a Tobacco Free Wexford**. You can find out more about the Wexford NAU initiative [here](#).

The purpose of 'Not Around Us' in Wexford is fourfold:

- Helping to **protect** children and young people from second-hand smoke exposure
- Contributing to the **de-normalisation** of smoking for children and young people
- **Raising awareness and support** amongst all stakeholders in the county on tobacco/vape free Ireland and everyone playing a part in supporting it
- **Signposting** to HSE Quit services

Primarily we are asking all **not for profit and public organisations** who have children and young people engaged with their facility/space to get involved and become "Not Around Us" supporters. [See more here](#).

In addition, we are asking those **running events and activities where children and young people are likely to attend** to support the campaign. Find out how to make your event a **Not Around Us Supporting Event** [here](#).

► Electoral Commission - Public Consultation - Closes Monday 24 March



An Coimisiún Toghcháin, Ireland's Independent Electoral Commission is a statutory, independent body, established in 2023 with responsibility for a broad range of electoral functions set out in the Electoral Reform Act 2022. An Coimisiún is central to Ireland's electoral system, carrying out a range of pre-existing electoral functions as well as several new and exciting roles.

We are preparing an Education and Public Engagement Strategy to encourage democratic participation in its ultimate expression, voting in a polling booth.

Our goals are simple:

- all those eligible to vote should be on the electoral register;
- people should understand how to vote and how their vote works; and
- everyone on the register should vote at all electoral events.

To help inform the strategy, we are undertaking a comprehensive public consultation process. We see the public consultation process as a vital component of the education and public engagement strategy. An Coimisiún Toghcháin is casting the net wide to ensure that we can take on board truly representative views of the public.

We ask you to share information about this public consultation with your colleagues and networks, to encourage your organisation to submit a response and participate in shaping the approach to the future of voter education.

The consultation will finish on **March 24**. If you would like to read more about the public consultation, you can find it [here](#) or by scanning the QR code below.

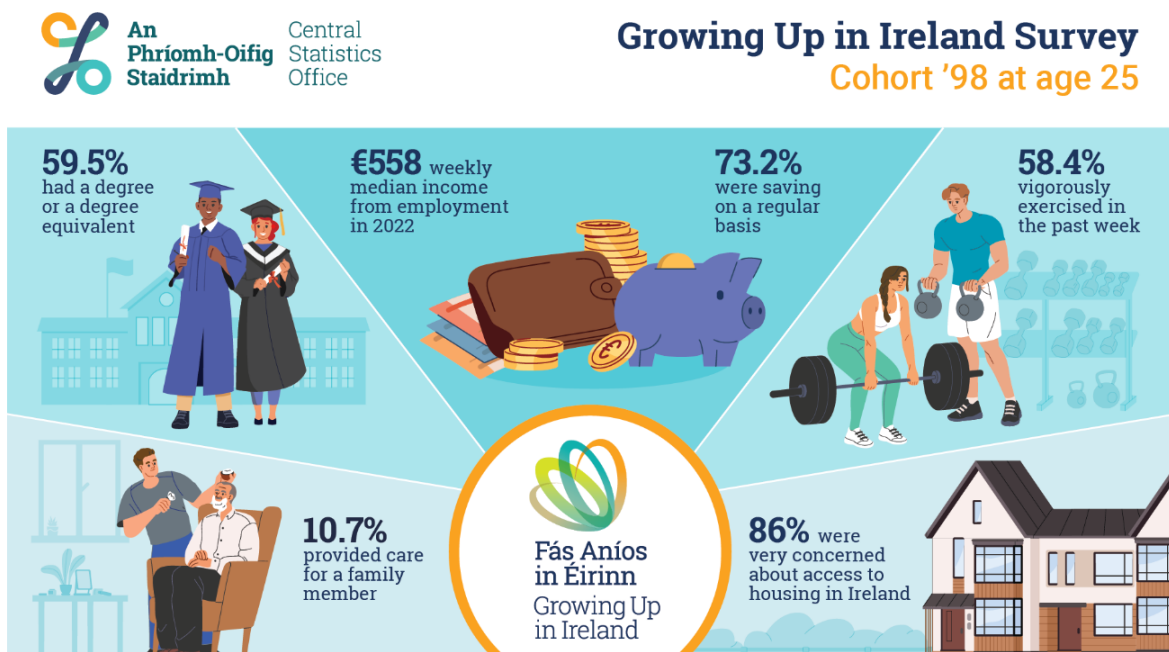


► "Growing Up In Ireland" Study

Growing Up in Ireland is the national longitudinal study of children and young people, a joint project of the Department of Children, Equality, Disability, Integration and Youth (DCEDIY) and the Central Statistics Office (CSO). Since 2006, the study has provided Government with an evidence base to make informed policy decisions on a wide range of issues based on data from children and young people living in Ireland.

For over 17 years, the study has followed the progress of two groups of children: starting with over 8,000 9-year-olds (Cohort '98) and 10,000 9-month-olds (Cohort '08). The members of Cohort '98 were aged 25 at their last wave of data collection (currently 26 years old), and those of Cohort '08 will be aged 17/18 in their next wave of data collection (currently 16 years old). Recruitment of a new group of 9-month-olds, Cohort '24, started in September 2024.

Initial findings from Cohort 98 at age 25 were published by the CSO on January 27 2025. See infographic below accessible on CSO website [here](#)



CSO statistical release, 27 January 2025, 11am

LITERACY SUPPORTS

► Ferndale Help Hub

WWETB is thrilled to launch our new Pop Up “Help Hub”, a new initiative designed to empower people with essential literacy skills.

We are bringing this free and confidential service to your community.



Where? Fab Child and Family Project, Coolcotts, Wexford



When? Every Wednesday for the next 12 weeks, from 10am – 1pm

You can drop in or book an appointment:

Text or call: 085 856 7164

Email: literacyhelp@wwetb.ie



Improve Your Skills for Life, Family, and Work



Wednesdays, 10 am to 1 pm



FAB Child and Family Project,
Coolcotts, Wexford



Reading



Writing



Listening



Speaking



Using Technology



Maths



 Drop in
 085 856 7164
 Literacyhelp@wwetb.ie



ONLINE CONTENT

► Coimisiún na Meán : Guidance on Reporting Harmful Online Content



Coimisiún na Meán is the media regulator in Ireland. We are responsible for developing and regulating a thriving, diverse, creative, safe and trusted media landscape. This means we make sure there is a mix of different voices, opinions and sources of news in Irish media, including radio, television and online.

It is also our job to check that broadcasters, video-on-demand providers and online platforms are following the rules and codes that are set for them. If they aren't, you can report this to Coimisiún na Meán. Find out more about the role of [Coimisiún na Meán](#) on their website here.

The links below have been developed by Coimisiún na Meán:

- Guides and Resources: <https://www.cnam.ie/general-public/guides-resources/>
- **Children and Young People:** <https://www.cnam.ie/general-public/children-young-people/>
- Reporting Online Content: <https://www.cnam.ie/general-public/report-complain/something-i-saw-or-experienced-online/>
- A summary of the legislative framework: <https://www.cnam.ie/general-public/online-safety/online-safety-framework/legislation-explained/>
- A copy of the Online Safety Code may be found here: <https://www.cnam.ie/industry-and-professionals/online-safety-framework/online-safety-code/>

Coimisiún na Meán is seeking to raise awareness amongst young people and parents/carers and to encourage them to submit direct and timely reports to CnM re possible harmful video content online. Guidance on how to report harmful content can be accessed [here](#).

FUNDING & AWARDS

► Lidl Green Fund



The Lidl Green Fund is a new community sustainability initiative from Lidl Ireland. The Green Fund aims to support, promote and empower environmentally conscious and healthy local community projects across the Republic of Ireland. At Lidl, we have created the €100,000 fund to support communities take an active role in championing sustainable living.

How it works

Community groups, schools and charities across the country can apply for funding through the application portal. Shortlisted groups are selected per county by Lidl employees and independent judges and the winners are selected by publicly nominated voting in Lidl stores through the Lidl Plus App.

For further information [download the guidance document](#) which will provide an overview of the details of the Lidl Green Fund, including how to apply and what types of projects are eligible.

Further Information : For further details on the fund and how to apply, go to the website [here](#).

► Coca-Cola Thank You Fund 2025 Applications Closes 26 March



Fund Objective

A fund of €200,000 / £171,000 (sterling figure based on conversion rates at the time) will be available to support community-based projects and programmes across Ireland and Northern Ireland that are focused on cultivating inclusive communities by empowering young people aged 16-25 to become skilled and engaged citizens under the pillars of inclusion and inspiration.

The two categories are explained in detail below:

- 1. Inclusion:** Empowering young people through education and employability
- 2. Inspiration:** Supporting young people to take positive action to create a better society.

What funding opportunities are available?

Awards of between €8,000 - €15,000 / £7,000 - £13,000 (sterling figure based on conversion rates at the time) will be available.

Organisations applying for funding will be asked to submit a **detailed budget breakdown** of expenditure for the total funds being requested. The final allocation of awards will be determined after all applications have been reviewed.

Further Information : Please visit the Irish Youth Foundation website <https://iyf.ie/coca-cola-thank-you-fund-2025/> or contact Aoibheann Murphy on aobheann@iyf.ie.

► National Lottery Good Causes Awards



The National Lottery are seeking entries to this year's Good Causes Awards. The competition will culminate with a National Final awards ceremony which will take place in October 2025.

Who can enter this year's awards?

You can enter the National Lottery Good Causes Awards if you, your organisation, project or club has received funding through the following National Lottery part-funded schemes between 2020-2024.

Sport: Any funding received through the Sports Capital Programme or through Sport Ireland

Arts & Culture: Any funding received through the Arts Council of Ireland

Heritage: Any funding received through the Heritage Council of Ireland

Youth: Any funding received from the Department of Children, Equality, Disability, Integration and Youth, specifically the UBU Your Place, Your Space grants, Targeted Youth Funding Schemes or funding for Youth Information Centres.

Health: Any funding received through the HSE National Lottery Grant Scheme

Community: Any funding received from the National Lottery part-funded schemes administered by Department of Rural & Community Development, namely the Senior Alert Schemes or the Scheme to Support National Organisations (SSNO)

Irish Language: Any funding received to support the Irish Language, provided by the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media

Every year, the Good Causes Awards celebrate the inspirational work carried out by many volunteers, coaches, care givers and extraordinary people across Ireland, along with the organisations they represent. Beneficiaries will be judged on how the funds were used to make an ever-lasting impact on their local community, project, club, or service users. A total prize fund of €135,000 is available and a full breakdown of the prizes and categories is available in our Terms & Conditions below.

All entrants to the National Lottery Good Causes Awards 2025 must agree and adhere to the [Terms & Conditions](#).

[More information.](#)