



## Wexford CYPSC Newsletter

October 30th 2024

For information on services and supports for children, young people and families see [Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or access on [Facebook](#)



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## WEBINARS & TRAINING

### ► Online Health Literacy Courses

Health literacy is about finding, understanding and using information to promote and maintain good health.

We need strong literacy skills to

Understand health condition/s, treatment and decisions

Ask questions and get the best from our health and social care services

Navigate your way around the health and social care services

Stay healthy, make informed choices and live longer



**Two new online health literacy courses** are on the ALL website now:

	Name	Audience	Length	Link
<b>Course 1:</b>	Let's talk about health literacy	Everyone who uses health and social care services	25 minutes	<a href="http://www.adultliteracyforlife.ie/aware/lets-talk-about-health-literacy-course">www.adultliteracyforlife.ie/aware/lets-talk-about-health-literacy-course</a>
<b>Course 2:</b>	Let's talk about a literacy friendly approach in healthcare	Health and social care professionals	40 minutes	<a href="http://www.adultliteracyforlife.ie/aware/lets-talk-about-literacy-friendly-approach-course">www.adultliteracyforlife.ie/aware/lets-talk-about-literacy-friendly-approach-course</a>

To find out more about [Adult Literacy for Life](http://www.adultliteracyforlife.ie) see the ALL website.

## ► Engage : Working With Men

**Date:** 19<sup>th</sup> November 2024

**Time:** 09:15 – 16:30

**Venue:** Men's Development Network - Waterford

**Aim of the Workshop :** The aim of this workshop is to assist a broad range of practitioners and service providers to explore the world of males, and to develop practical strategies for effectively engaging with them around health and wellbeing issues. It focuses on the engagement process (i.e. **WHY** and **HOW** to build relationships with men) rather than offering a new or revised health programme (i.e. **WHAT** to offer them).

**Objectives of Workshop :** The key objectives for this workshop are to:

- Reflect upon how to create a 'safe space' for working with men.
- Gain a common understanding of what men's health is and why it is important.
- Explore how gender influences the values and attitudes that men develop in relation to their health, and how this influences their health behaviours.
- Identify some of the determinants that shape health outcomes for men.
- Reflect on participants' own value base, experience, skills, attitudes towards and expectations of men.
- Explore what a 'male friendly' health programme or service looks like in practice.
- Signpost participants to further sources of help, advice, guidance and support.

**Who Should Attend?** This workshop will be of interest to a broad range of service providers and practitioners who wish to connect in more meaningful ways with men.

**Cost :** The 'Connecting with Men' workshop is free for all participants.

**Further Information :** To apply for a place on this workshop or for further information, please contact or use the Hyperlink below:

Access the [information Leaflet](#)

**Book here;**

[Connecting with Men - Engage National Men's Health Network - Waterford - Booking by Bookwhen](#)



## ► Bereaved Children's Awareness Week 18<sup>th</sup>-24<sup>th</sup> November



**Bereaved Children's Awareness Week is 18<sup>th</sup> - 24<sup>th</sup> of November.** We are currently finalising our webinars for November and will circulate them as soon as they are live.

The theme is ' **Children grieve too. So, what can you do?**' we are asking for everyone to get involved in the campaign this can be for example by hosting a stand/display in their job, having a viewing of one of the webinars with your colleagues, getting involved online and sharing resources.

If you are doing something for the campaign, please let us know would be happy to support you in any way we can. If you are hosting a public event we would love to include it on our website, just let us know the details or if you would like material posted, please email [icbn@hospicefoundation.ie](mailto:icbn@hospicefoundation.ie)

If you are hosting a public event, we would love to include it on our website, just let us know the details!

We are still in the process of finalising some exciting plans for the campaign, keep up to date [here](#).

Any questions or queries please do not hesitate to contact us.

Kind Regards,

Dearbhla

**Dearbhla Ní Mhaolagáin**

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Supported by **TUSLA**

## FUNDING

### ► REMINDER: Funding Opportunity for Organisations Fighting Violence Against Children



We are delighted to get in touch with a new funding opportunity for organisations fighting violence against children.

The Daphne-CHILD programme has launched its call for proposals, offering €1.3 million in sub-grants to organisations fighting violence against children in 9 countries across Europe, including Ireland.

The purpose of the funding is to provide financial support to grassroots organisations working with child protection professionals or working directly with children and young people in the target countries to deliver participatory projects or activities on the prevention and protection of children from different forms of violence, as well as raising awareness activities on violence against children.

#### Key Information:

- **Eligible countries:** Bulgaria, Greece, Hungary, Ireland, Portugal, Romania, Serbia, Spain, Ukraine.
- **Focus:** Supporting organisations fighting violence against children.
- **Key:** Applying organisations will need to demonstrate that children are meaningfully engaged throughout their projects.
- **Funding amount:** Between €10,000 to €30,000, for projects between 12-18 months long.
- **Deadline:** Expressions of Interest can be sent [via this form](#), by 14 November 2024, 17:00 Central European Time.

For more details, please visit the programme's central information hub at <https://daphne.childhub.org/en/child-protection-hub/call-applications>, where you can find the call for proposals.

Acting as a national focal point, we in the Alliance are supporting the roll out of the call for applications. If you have any questions on this please contact [members@childrensrights.ie](mailto:members@childrensrights.ie)

Kind Regards, The Alliance team


## PARENTING SUPPORTS

► Free workshops for parents- Early Years Supporting your child's transition from preschool to primary school



Download the [information poster](#) here

Is your child transition from pre-school to primary school? This can be an exciting yet challenging milestone, and we're here to support you every step of the way! The National Parents Council (NPC) is offering free online information sessions to help you support your child's smooth and positive transition into primary school. Join us from the comfort of your home and gain valuable insights, practical advice, and tools to ease this transition for your child.

 November Session Dates and Times: Monday, 4th November at 7.30pm Tuesday, 5th November at 10am Wednesday, 6th November at 7.30pm Why Attend? These interactive sessions will cover essential strategies for supporting your child's social, emotional, and educational journey into primary school. You'll learn about: Building confidence and resilience in your child Coping with challenges and managing emotions Strengthening your relationship

with your child as they start this new adventure Each session also includes a Q&A where you can ask questions and receive guidance from our experienced facilitators. How to Join: Simply register your details by clicking the link below, and we'll send you a Zoom link to join the session.

[REGISTER HERE](#)

Please note, places are limited and will be allocated on a first-come, first-served basis. Don't miss out on this opportunity to prepare for one of the most important steps in your child's early years!

Best regards, National Parents Council

