



Wexford CYPSC Newsletter

September 13th 2024

For information on services and supports for children, young people and families see [Wexford CYPSC](#)

For information on parenting supports and programmes, see [Wexford Parents Hub](#) or access on [Facebook](#)



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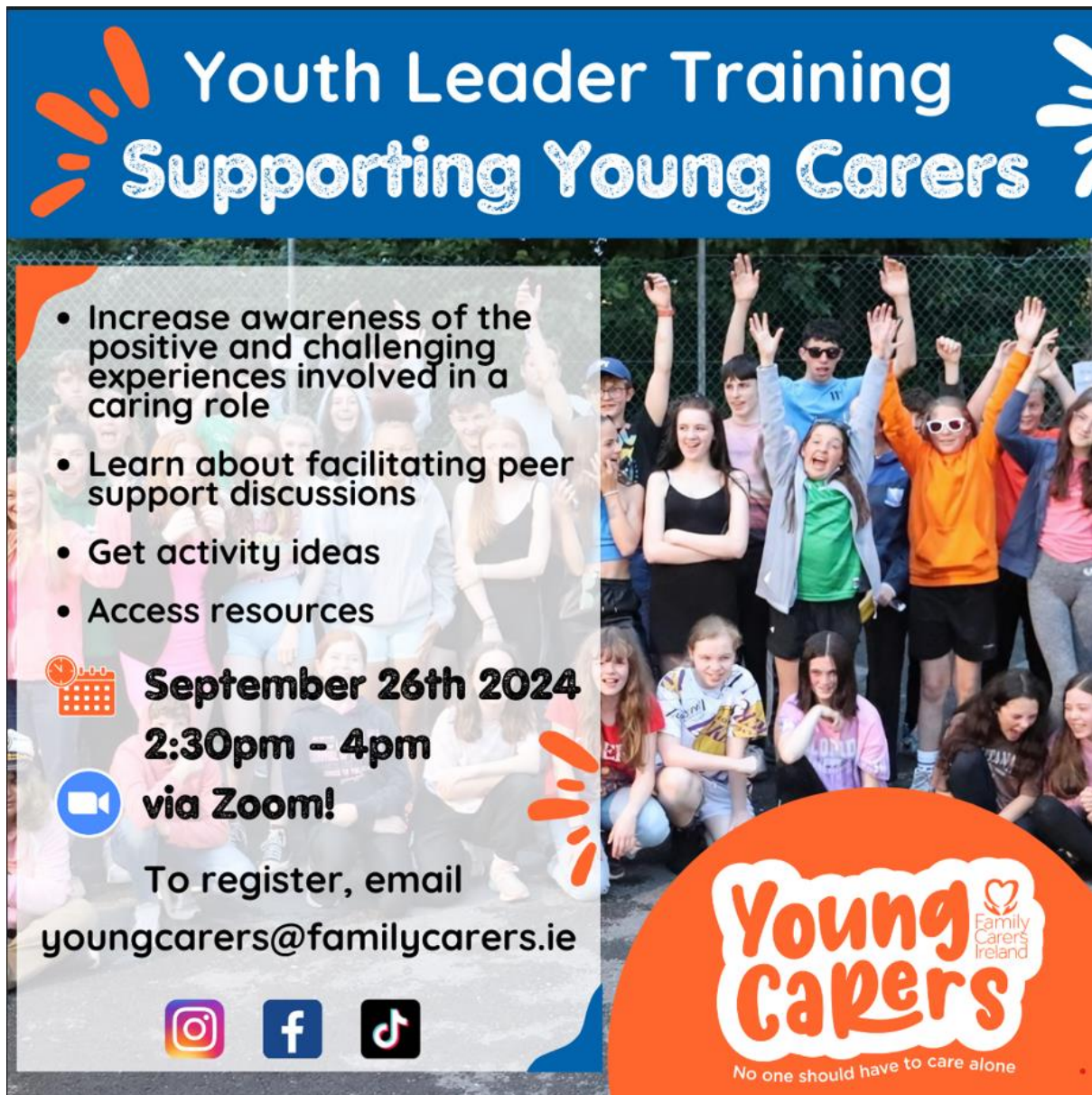
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WEBINARS & TRAINING

► Youth Leader Training : Supporting Young Carers






Youth Leader Training Supporting Young Carers

- Increase awareness of the positive and challenging experiences involved in a caring role
- Learn about facilitating peer support discussions
- Get activity ideas
- Access resources

 **September 26th 2024**
2:30pm - 4pm
 **via Zoom!**

To register, email
youngcarers@familycarers.ie

Young Carers 
No one should have to care alone

► Start the Conversation on Mental Health

Webinar 2 Start the Conversation on Mental Health will take place **Friday the 13th from 1pm to 2pm**, please see details overleaf to register.

This will be a panel discussion moderated by; Gina Delaney, Regional Development Officer with Mental Health Ireland.

We expect this to be a lively discussion, the focus of which will be, minding our mental health and supporting others to mind their mental health. .Exploring how the narrative has changed in terms of reducing stigma, what enables access to supports and services and understanding recovery in mental health.

We have invited experts by lived experience and profession who will speak from various perspectives and backgrounds such as clinical, mental health profession, recovery orientated approach, family / supporter and mental health promotion perspectives.

Speakers who will join the panel;

Athol Henwick: Self-Harm Intervention Programme (SHIP) and clinical consultant with the HSE Bereavement Counselling Service for Traumatic Deaths

Athol trained as a counselling psychologist in South Africa and qualified in 2000. He has worked in private practice, as a student counsellor and more recently in the Self Harm Intervention Programme. He has acted as consultant with addiction services and residential services in Wexford

Millie Ryan: As a community volunteer Millie is actively involved in all things to do with mental health and the family informed by an inter generational history of mental illness within her own family.

Dr Phillip Dodd: MB., MSc., FRCPsych., MA., MD, Consultant Psychiatrist/Clinical Professor, Clinical Advisor of National Office for Suicide Prevention

Shaun McGuinness: Is a Mental Health Support Worker with Shine, where he provides support to individuals experiencing mental illness and their families. With an educational background in psychology, Shaun has experience in various sectors including research, homelessness, stigma reduction and ex-prisoner rehabilitation. After spending the last 5 years working with Shine in Dublin, he has recently returned home to Waterford and is now focused on establishing Shine's support services in the region.

**CHANGE THE
NARRATIVE** 

#StartTheConversation

To mark World Suicide Prevention Day the HSE Regional Suicide Resource Office, South East Community Healthcare, is hosting a series of webinars on suicide prevention, mental health and suicide bereavement.

Webinar 2

Start The Conversation on Mental Health

Friday, September 13, 1pm to 2pm



To register, scan our QR code or visit www.bookwhen.com/sro

Light a candle near a window at 8pm on September 10 to show your support for suicide prevention, to remember a loved one and for those bereaved by suicide



► Childrens Rights Alliance Break the Cycle of Children’s Poverty



We are delighted to invite you to our political panel in advance of Budget 2025, which takes place on Tuesday 17 September 2024.

This event brings political spokespeople together to outline their views on what can be done, according to their party, to break the cycle of poverty in Budget 2025 and beyond.

Political Panel (confirmed to date):

- Fine Gael – Senator Mary Seery Kearney
- Green Party – Patrick Costello TD
- Labour Party – Senator Marie Sherlock
- Sinn Féin – Donnchadh O Laoghaire TD

The panel discussion will take place in person in Buswells Hotel, Dublin 2 on **Tuesday 17 September, from 10.30am to 12.30pm, to be followed by a networking lunch.**

This event aims to provide Children’s Rights Alliance members with the unique opportunity to converse directly with key decision makers in advance of the Budget on why it is essential to make Budget 2025 a Children’s Budget.

Places are limited! Please register your interest today by emailing events@childrensrights.ie.

For any queries related to the event or the event registration, please contact us at events@childrensrights.ie.

We look forward to seeing you!

#ChildrensBudget25

#BreakTheCycle

PARENTING

► Emotionally Based School Avoidance (EBSA) Resources



Short Video for Parents

Many children and young people can feel anxious or uncertain about going to school for many reasons and emotionally based school avoidance is something that is experienced in many families.

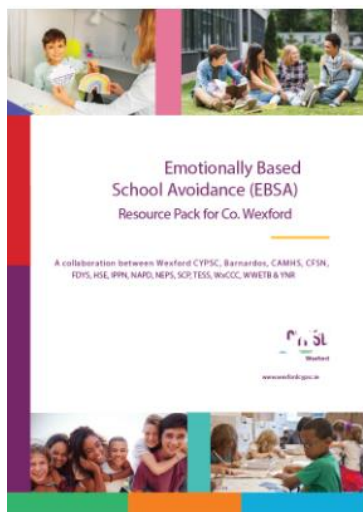
This video offers parents some tips around how to support their child if they struggle with the return to school after holidays or if attending school is difficult for them in general. To access this short video, click [here](#)

Posters

[Information Poster for Schools](#)

Information [Poster to Support Autistic Students with EBSA](#)

Resource Pack



EBSA [Resource Pack](#) for Co. Wexford

► DCEDIY Calendar of Parenting Initiatives : Requesting details of parenting events taking place during late September/October 2024

Summer is over and we hope that everyone has managed to settle into the back to school routine.

We wish to extend our thanks to those services who shared details of so many exciting parental initiatives with us over the summer months and we look forward to continuing promoting upcoming local and national supports to parents throughout Autumn.

With this in mind, we welcome details of any parenting initiatives which will be taking place in late September or at any point during October. As with previous months, a selection of these events will be promoted across DCEDIY social media channels to raise awareness among parents of the supports available to them in their locality. Details of upcoming events can be provided via a short survey by clicking [here](#).

It would be appreciated if details of any upcoming events could be provided by **Wednesday 25 September** to allow time for the DCEDIY Communications team to develop content for sharing across DCEDIY social channels.

You can check across DCEDIY social channels for your event and please feel free to like and share our social posts. We also encourage you to circulate this email to any service within your network that may have an upcoming parenting event which they wish to promote.

May we request that information on upcoming events is submitted through the survey link above. However, if you experience any issues using the survey or if you have any queries, please do not hesitate to email parentingsupport@equality.gov.ie for assistance.

Kind regards

The Parenting Support Policy Unit

► **Belong To: Webinar for Parents of LGBTQ+ Youth**



We are excited to announce a webinar for parents of LGBTQ+ youth in partnership with Pieta and Dr Dunlop. We know that LGBTQ+ young people can face challenges and stresses as they navigate their day to day life. This webinar is a space for their loved ones to learn how to best support and understand their needs.

The free webinar will take place on **Wednesday, 25 September from 7pm to 8.15pm.**

At this event, Belong To's Family Support Worker and members of the clinical team from Pieta will share advice and guidance on how to support young people through challenges faced growing up LGBTQ+.

This event is registration only and will last 1 hour 15 minutes. There will be an opportunity for attendees to put some of their questions to our panel of experts.

To access further information on the webinar, click [here](#)

FUNDING

▶ Youth Services Grant Scheme opens for applications



The Department of Children, Equality, Disability, Integration and Youth is inviting applications from organisations who work with young people to apply for funding under Youth Services Grant Scheme (YSGS).

A total of up to €1.25million is being made available in grants to first-time applicants to the YSGS, with the term of the grant running from October 2024 to December 2025.

The YSGS Pilot is now live on the DCEDIY website <https://www.gov.ie/en/publication/a1274-youth-services-grant-scheme-ysgs-pilot-2024-2025/> and open to applications from organisations not currently funded under the YSGS.

▶ **Dept. of Children, Equality, Disability, Integration & Youth: LGBTI+ Youth Fund 2024**



The Department of Children, Equality, Disability, Integration and Youth is inviting applications from organisations who work with young people to apply for funding under the LGBTI+ Youth Fund 2024.

A total of up to €400,000 is being made available in grants to applicants to the fund, with the term of the grant running from October 2024 to December 2025.

Details can be found here: [LGBTI Youth Fund 2024](#)